

Classic divisions

2016 NAPF Bench Press Championships

Holiday Inn - Escazu: San Jose, Costa Rica
October 28, 2016

Division	Name	Team	Bwt - kg	lot#	YOB	BP-1	BP-2	BP-3	Best BP	PI/Div/Cls/Event	Wilks Pts	Age-Wilks
Women												
<u>47 kg</u>												
Open	Ariana Rodriguez	CRC	46.50	2	1987	45.0	50.0	55.0	55.0	1/FR-O/47/BP	74.54	74.54
<u>52 kg</u>												
Open	Silvia Guerrero Rodriguez	CRC	51.60	12	1997	47.5	50.0	-55.0	50.0	1/FR-O/52/BP	62.70	65.21
Junior	Silvia Guerrero Rodriguez	CRC	51.60	12	1997	47.5	50.0	-55.0	50.0	1/FR-J/52/BP	62.70	65.21
<u>57 kg</u>												
Open	Jessica Reyes	MEX	52.40	14	1983	65.0	70.0	-72.5	70.0	1/FR-O/57/BP	86.75	86.75
Open	Maura Shuttleworth	USA	53.40	10	1976	62.5	67.5	-75.0	67.5	2/FR-O/57/BP	82.43	82.43
Open	Adriana Moreno Mena	CRC	53.50	100	1976	60.0	62.5	-65.0	62.5	3/FR-O/57/BP	76.21	76.21
Open	Blanca Giron Galindo	CRC	56.00	5	1959	45.0	-50.0	-50.0	45.0	4/FR-O/57/BP	52.95	66.61
Master 1	Maura Shuttleworth	USA	53.40	10	1976	62.5	67.5	-75.0	67.5	1/FR-M1/57/BP	82.43	82.43
<u>63 kg</u>												
Open	Maria del Socorro Perez	MEX	60.80	16	1959	75.0	82.5	-87.5	82.5	1/FR-O/63/BP	91.04	114.53
Open	Karina Campos Murillo	CRC	62.00	11	1978	80.0	-82.5	-85.0	80.0	2/FR-O/63/BP	86.97	86.97
Master 2	Maria del Socorro Perez	MEX	60.80	16	1959	75.0	82.5	-87.5	82.5	1/FR-M2/63/BP	91.04	114.53
<u>72 kg</u>												
Open	Allison Hind	USA	70.80	13	1981	107.5	112.5	-118.5	112.5	1/FR-O/72/BP	111.05	111.05
Open	Ericka Cespedes Marozzi	CRC	70.70	8	1984	75.0	-82.5	82.5	82.5	2/FR-O/72/BP	81.52	81.52
<u>84 kg</u>												
Open	Tammy Walker	USA	83.60	3	1968	112.5	117.5	-125.5	117.5	1/FR-O/84/BP	105.03	115.22
Open	Jill Arnow	USA	83.80	1	1959	75.0	80.0	85.0	85.0	2/FR-O/84/BP	75.89	95.47
Master 1	Tammy Walker	USA	83.60	3	1968	112.5	117.5	-125.5	117.5	1/FR-M1/84/BP	105.03	115.22
Master 2	Jill Arnow	USA	83.80	1	1959	75.0	80.0	85.0	85.0	1/FR-M2/84/BP	75.89	95.47
<u>84+ kg</u>												
Open	Paulette Calhoun	USA	101.70	17	1958	82.5	87.5	93.0	93.0	1/FR-O/84+/BP	77.06	99.56
Open	Dana Sandler	CAN	88.00	18	1979	82.5	87.5	92.5	92.5	2/FR-O/84+/BP	80.70	80.70
Open	Holly Oxford	USA	95.90	9	1958	82.5	87.5	88.0	88.0	3/FR-O/84+/BP	74.25	95.93
Master 2	Paulette Calhoun	USA	101.70	17	1958	82.5	87.5	93.0	93.0	1/FR-M2/84+/BP	77.06	99.56
Master 2	Holly Oxford	USA	95.90	9	1958	82.5	87.5	88.0	88.0	2/FR-M2/84+/BP	74.25	95.93
Men												
<u>59 kg</u>												
Master 2	Blanca Giron Galindo	CRC	56.00	5	1959	45.0	-50.0	-50.0	45.0	1/MR-M2/59/BP	40.96	51.53
Master 3	Sam Felts	USA	58.50	34	1952	95.0	102.5	105.5	105.5	1/MR-M3/59/BP	92.11	133.56
Master 3	Mel Tatsumi	USA	55.80	33	1948	62.5	67.5	-72.5	67.5	2/MR-M3/59/BP	61.66	97.30
Junior	Matthew Devine	USA	54.30	26	1997	-82.5	82.5	92.5	92.5	1/MR-J/59/BP	86.82	90.29
<u>66 kg</u>												
Open	Dennis Burbano	GUA	66.00	27	1990	135.0	145.0	155.0	155.0	1/MR-O/66/BP	121.71	121.71
Junior	Ryan Devine	USA	65.40	36	1994	105.0	112.5	117.5	117.5	1/MR-J/66/BP	92.95	93.88
Junior	Sergio Mora Moreno	CRC	63.50	28	1996	80.0	85.0	-90.0	85.0	2/MR-J/66/BP	68.94	71.01
Sub Junior	Ben Friel	USA	64.20	25	2000	-80.0	-80.0	80.0	80.0	1/MR-SJ/66/BP	64.28	72.64
Sub Junior	Aramis Alvarado	CRC	63.30	30	2000	-60.0	60.0	-70.0	60.0	2/MR-SJ/66/BP	48.80	55.14
<u>74 kg</u>												
Open	Loc Nguyen	CAN	71.50	35	1989	140.0	147.5	150.5	150.5	1/MR-O/74/BP	110.99	110.99
Open	Jack Rubio	USA	73.40	32	1964	140.0	145.0	-150.0	145.0	2/MR-O/74/BP	104.91	122.22
Open	Esteban Castro Arias	CRC	72.80	20	1987	115.0	-120.0	-120.0	115.0	3/MR-O/74/BP	83.70	83.70
Master 1	Bill You	CAN	72.90	19	1969	130.0	140.0	145.0	145.0	1/MR-M1/74/BP	105.43	114.07
Master 2	Jack Rubio	USA	73.40	32	1964	140.0	145.0	-150.0	145.0	1/MR-M2/74/BP	104.91	122.22
Junior	Hunt Vargas Jean Carlo	CRC	73.00	21	1994	115.0	120.0	130.0	130.0	1/MR-J/74/BP	94.43	95.38
Junior	Alejandro Cabrera	CRC	70.10	22	1997	90.0	95.0	100.0	100.0	2/MR-J/74/BP	74.86	79.35
Sub Junior	Pablo Espinoza Obregon	CRC	73.60	29	1998	110.0	115.0	-117.5	115.0	1/MR-SJ/74/BP	83.04	88.02
Sub Junior	Jeison Daniel Sibaja	CRC	70.90	31	1998	70.0	75.0	-80.0	75.0	2/MR-SJ/74/BP	55.67	60.12
<u>83 kg</u>												
Open	David Boutsomys	USA	81.60	45	1981	170.0	180.0	-185.0	180.0	1/MR-O/83/BP	121.39	121.39
Open	Danilo Ward Granados	CRC	78.70	48	1986	160.0	-165.0	-170.0	160.0	2/MR-O/83/BP	110.38	110.38
Junior	Jose David Villalobos	CRC	78.80	41	1994	115.0	122.5	130.0	130.0	1/MR-J/83/BP	89.61	90.51
Junior	Alexander Vargas	CRC	81.70	46	1995	90.0	95.0	-102.5	95.0	2/MR-J/83/BP	64.02	65.30
Sub Junior	Austin Chavez Daniels	CRC	74.10	49	1998	90.0	95.0	102.5	102.5	1/MR-SJ/83/BP	73.66	78.08
<u>93 kg</u>												
Open	LS McClain	USA	92.50	47	1978	210.0	220.0	-233.0	220.0	1/MR-O/93/BP	138.56	138.56
Open	Kevin Ramirez	CRC	91.30	40	1990	170.0	-175.0	-175.0	170.0	2/MR-O/93/BP	107.75	107.75
Open	Alfonso Alvarez	CRC	88.30	38	1978	150.0	-155.0	-155.0	150.0	2/MR-O/93/BP	96.70	96.70
Open	Rob Truchon	CAN	86.60	37	1968	75.0	90.0	-105.0	90.0	4/MR-O/93/BP	58.63	64.32
Master 1	Rob Truchon	CAN	86.60	37	1968	75.0	90.0	-105.0	90.0	1/MR-M1/93/BP	58.63	64.32
Master 3	Claude Welcome	USA	90.50	42	1951	137.5	142.5	145.0	145.0	1/MR-M3/93/BP	92.31	136.61
Sub Junior	Daniel Velasquez Zuniga	CRC	87.10	43	2002	60.0	-70.0	72.5	72.5	1/MR-SJ/93/BP	47.09	57.92
Guest lifter	Manuel Campos Coto	CRC	89.10	66	1956	-100.0	100.0	-105.0	100.0	1/MR-GL/93/BP	64.17	85.99

<u>105 kg</u>												
Open	Shaun Patrick McCourt	CRC	103.20	51	1979	-170.0	180.0	190.0	190.0	1/MR-O/105/BP	114.25	114.25
Open	Timothy Clavelli	USA	102.20	63	2009	165.0	177.5	-185.0	177.5	2/MR-O/105/BP	107.12	0.00
Open	Roger Gehrt	USA	103.60	56	1964	170.0	175.0	-190.0	175.0	3/MR-O/105/BP	105.07	122.41
Master 2	Roger Gehrt	USA	103.60	56	1964	170.0	175.0	-190.0	175.0	1/MR-M2/105/BP	105.07	122.41
Master 4	John Moore	USA	97.30	58	1937	110.0	115.0	120.0	120.0	1/MR-M4/105/BP	73.86	148.09
<u>120 kg</u>												
Open	Clint Poore	USA	109.40	64	1973	190.0	200.0	202.5	202.5	1/MR-O/120/BP	119.37	123.07
Open	Ryan Gill	USA	118.10	52	1976	180.0	192.5	202.5	202.5	2/MR-O/120/BP	116.86	116.86
Open	Marco Antonio Quiros	CRC	118.20	54	1979	170.0	185.0	-200.0	185.0	3/MR-O/120/BP	106.75	106.75
Open	Javier Perez	PUR	117.70	50	1977	190.0	197.5	-202.5	DD		0.00	0.00
Master 1	Clint Poore	USA	109.40	64	1973	190.0	200.0	202.5	202.5	1/MR-M1/120/BP	119.37	123.07
Master 1	Ryan Gill	USA	118.10	52	1976	180.0	192.5	202.5	202.5	2/MR-M1/120/BP	116.86	116.86
Master 3	Kevin Hutchinson	USA	111.10	65	1954	150.0	162.5	-180.5	162.5	1/MR-M3/120/BP	95.34	132.81
<u>120+ kg</u>												
Open	Mike Armstrong	CAN	148.80	57	1955	182.5	197.5	-202.5	197.5	1/MR-O/120+/BP	109.40	149.43
Open	Mike Zawilinski	USA	180.00	62	1980	185.0	-200.0	-200.0	185.0	2/MR-O/120+/BP	99.57	99.57
Open	Hugo Velasquez	CRC	120.30	59	1959	140.0	150.0	-155.0	150.0	3/MR-O/120+/BP	86.19	108.43
Master 2	Hugo Velasquez	CRC	120.30	59	1959	140.0	150.0	-155.0	150.0	1/MR-M2/120+/BP	86.19	108.43
Master 3	Mike Armstrong	CAN	148.80	57	1955	182.5	197.5	-202.5	197.5	1/MR-M3/120+/BP	109.40	149.43

Equipped divisions

2016 NAPF Bench Press Championships

Holiday Inn - Escazu: San Jose, Costa Rica
October 29, 2016

Division	Name	Team	Bwt - kg	lot#	DOB	BP-1	BP-2	BP-3	Best BP	PI/Div/Cls/Event	Wilks Pts	Age-Wilks
Women												
<u>52 kg</u>												
Open	Maura Shuttleworth	USA	52.00	11	1976	97.5	-105.0	-105.0	97.5	1/F-O/52/BP	121.54	121.54
Open	Adriana Moreno Mena	CRC	50.90	8	1976	70.0	-75.0	-75.0	70.0	2/F-O/52/BP	88.71	88.71
Master 1	Maura Shuttleworth	USA	52.00	11	1976	97.5	-105.0	-105.0	97.5	1/F-M1/52/BP	121.54	121.54
Master 1	Adriana Moreno Mena	CRC	50.90	8	1976	70.0	-75.0	-75.0	70.0	2/F-M1/52/BP	88.71	88.71
<u>57 kg</u>												
Open	Jessica Reyes	MEX	52.50	15	1983	90.0	-95.0	-95.0	90.0	1/F-O/57/BP	111.37	111.37
Open	Lizz Smullen	USA	56.50	1	1962	72.5	-77.5	-77.5	72.5	2/F-O/57/BP	84.71	101.99
Master 2	Lizz Smullen	USA	56.50	1	1962	72.5	-77.5	-77.5	72.5	1/F-M2/57/BP	84.71	101.99
<u>63 kg</u>												
Open	Maria del Socorro Perez	MEX	60.40	9	1959	95.0	100.0	-110.0	100.0	1/F-O/63/BP	110.92	139.54
Open	Nora Montilla	CRC	62.70	5	1977	45.0	55.0	60.0	60.0	2/F-O/63/BP	64.67	64.67
Master 2	Maria del Socorro Perez	MEX	60.40	9	1959	95.0	100.0	-110.0	100.0	1/F-M2/63/BP	110.92	139.54
<u>72 kg</u>												
Open	Allison Hind	USA	71.00	6	1981	130.0	137.5	145.0	145.0	1/F-O/72/BP	142.85	142.85
Open	Ericka Cespedes Marozzi	CRC	71.60	10	1984	95.0	-105.0	105.0	105.0	2/F-O/72/BP	102.87	102.87
Open	Amy Welcome	USA	69.00	13	1986	80.0	-82.5	-85.0	80.0	3/F-O/72/BP	80.38	80.38
<u>84 kg</u>												
Open	Tammy Walker	USA	83.40	7	1968	102.5	155.0	160.0	160.0	1/F-O/84/BP	143.20	157.09
Open	Jill Arnow	USA	83.80	14	1959	110.0	115.0	120.0	120.0	2/F-O/84/BP	107.14	134.78
Master 1	Tammy Walker	USA	83.40	7	1968	102.5	155.0	160.0	160.0	1/F-M1/84/BP	143.20	157.09
Master 2	Jill Arnow	USA	83.80	14	1959	110.0	115.0	120.0	120.0	1/F-M2/84/BP	107.14	134.78
<u>84+ kg</u>												
Open	Paulette Calhoun	USA	101.10	4	1958	105.0	110.0	-115.0	110.0	1/F-O/84+/BP	91.30	117.96
Master 2	Paulette Calhoun	USA	101.10	4	1958	105.0	110.0	-115.0	110.0	1/F-M2/84+/BP	91.30	117.96
Men												
<u>59 kg</u>												
Open	Sam Felts	USA	58.60	2	1952	120.0	125.0	132.5	132.5	1/M-O/59/BP	115.50	167.48
Master 3	Sam Felts	USA	58.60	2	1952	120.0	125.0	132.5	132.5	1/M-M3/59/BP	115.50	167.48
<u>66 kg</u>												
Open	Dennis Burbano	GUA	65.70	12	1990	167.5	175.0	182.5	182.5	1/M-O/66/BP	143.83	143.83
Open	Xaviar Clark	USA	59.40	3	1989	125.0	127.5	135.0	135.0	2/M-O/66/BP	116.21	116.21
<u>74 kg</u>												
Open	Eduardo Canizalez	MEX	71.80	21	1984	175.0	185.0	190.0	190.0	1/M-O/74/BP	139.69	139.69
Open	Jon Mouzon	USA	71.70	23	1972	177.5	187.5	-190.0	187.5	2/M-O/74/BP	138.00	143.93
Open	Ruddy Arias	CRC	72.90	27	1994	140.0	-145.0	-145.0	140.0	3/M-O/74/BP	101.79	102.81
Master 1	Jon Mouzon	USA	71.70	23	1972	177.5	187.5	-190.0	187.5	1/M-M1/74/BP	138.00	143.93
Junior	Ruddy Arias	CRC	72.90	27	1994	140.0	-145.0	-145.0	140.0	1/M-J/74/BP	101.79	102.81
Junior	Marcos Martinez	MEX	71.90	26	1994	105.0	112.5	115.0	115.0	2/M-J/74/BP	84.47	85.31
<u>83 kg</u>												
Open	Wesley Kipp	USA	82.10	22	1962	-205.0	205.0	-233.0	205.0	1/M-O/83/BP	137.74	165.84
Open	Luis Rojas Pardo	CRC	77.90	17	1991	140.0	150.0	-155.0	150.0	2/M-O/83/BP	104.18	104.18
Master 2	Wesley Kipp	USA	82.10	22	1962	-205.0	205.0	-233.0	205.0	1/M-M2/83/BP	137.74	165.84
Master 2	Luis Rojas Pardo	CRC	77.90	17	1991	140.0	150.0	-155.0	150.0	2/M-M2/83/BP	104.18	104.18
<u>93 kg</u>												
Open	Cristopher Osorio	GUA	89.60	29	1993	190.0	200.0	215.0	215.0	1/M-O/93/BP	137.56	137.56
Open	Tom Cencich	USA	87.40	19	1960	195.0	205.0	212.5	212.5	2/M-O/93/BP	137.76	171.65
Open	Adir Manzano	MEX	89.90	24	1978	175.0	180.0	185.0	185.0	3/M-O/93/BP	118.18	118.18
Open	Leonel Villavicencio	CRC	87.00	20	1969	-155.0	-165.0	175.0	175.0	4/M-O/93/BP	113.73	123.06
Open	Cristian Matarrita Montenegro	CRC	91.90	18	1984	-170.0	-170.0	-170.0	DSQ		0.00	0.00
Master 1	Leonel Villavicencio	CRC	87.00	20	1969	-155.0	-165.0	175.0	175.0	1/M-M1/93/BP	113.73	123.06
Master 2	Tom Cencich	USA	87.40	19	1960	195.0	205.0	212.5	212.5	1/M-M2/93/BP	137.76	171.65
Junior	Cristopher Osorio	GUA	89.60	29	1993	190.0	200.0	215.0	215.0	1/M-J/93/BP	137.56	137.56
Sub Junior	Sergio Vindas	CRC	92.50	28	1999	140.0	-150.0	-150.0	140.0	1/M-SJ/93/BP	88.17	95.23
<u>105 kg</u>												
Open	Shaun Patrick McCourt	CRC	102.70	36	1979	160.0	210.0	240.0	240.0	1/M-O/105/BP	144.58	144.58
Open	Michael Fernandez Barrantes	CRC	104.30	34	1982	210.0	217.5	-227.5	217.5	2/M-O/105/BP	130.28	130.28
Open	Don Wilson	USA	102.00	30	1968	-207.5	207.5	215.0	215.0	3/M-O/105/BP	129.84	142.43
Master 1	Don Wilson	USA	102.00	30	1968	-207.5	207.5	215.0	215.0	1/M-M1/105/BP	129.84	142.43
Master 4	John Moore	USA	96.60	39	1937	100.0	105.0	110.0	110.0	1/M-M4/105/BP	67.91	136.17

<u>120 kg</u>												
Open	Ryan Gill	USA	118.20	33	1976	265.0	275.0	-285.0	275.0	1/M-O/120/BP	158.68	158.68
Open	Alex Alvarado	PUR	109.10	41	1974	187.5	200.0	205.0	205.0	2/M-O/120/BP	120.95	123.37
Open	Luis Ramirez	MEX	112.50	32	1965	205.0	-210.0	-210.0	205.0	3/M-O/120/BP	119.84	137.46
Open	Johnatan Ramirez	MEX	114.90	35	1979	150.0	170.0	-190.0	170.0	4/M-O/120/BP	98.80	98.80
Open	Manuel Campos Murillo	CRC	118.20	42	1979	-265.0	-267.5	-267.5	DSQ		0.00	0.00
Open	Javier Perez	PUR	117.40	40	1977	190.0	197.5	202.5	DD		0.00	0.00
Master 1	Alex Alvarado	PUR	109.10	41	1974	187.5	200.0	205.0	205.0	1/M-M1/120/BP	120.95	123.37
Master 2	Luis Ramirez	MEX	112.50	32	1965	205.0	-210.0	-210.0	205.0	1/M-M2/120/BP	119.84	137.46
Master 2	Robert Keller	USA	107.80	31	1962	115.0	165.0	-205.0	165.0	2/M-M2/120/BP	97.73	117.67
<u>120+ kg</u>												
Open	Mike Zawilinski	USA	180.80	38	1980	285.0	295.0	302.5	302.5	1/M-O/120+/BP	162.68	162.68
Open	Marco Antonio Quiros	CRC	121.30	37	1979	160.0	-230.0	-250.0	160.0	2/M-O/120+/BP	91.76	91.76

Abbreviations:

DSQ = disqualification, DD = Doping disqualification

CAN = Canada, CRC = Costa Rica, GUA = Guatemala, MEX = Mexico, PUR = Puerto Rico, USA = United States of America