

13th Annual NAPF North American Regional Bench Press Championships

October 26, 2018 - San Jose, Costa Rica

Raw/Classic Results

Division	Name	Team	Body Weight	Bench 1	Bench 2	Bench 3	Best Bench	Wilks Points	Wilks + Age Points	Place
Women Classic										
47 kg										
Junior	Maria Jose Barquero	COSTA RICA	46.22	42.5	45	47.5	47.5	64.652	64.652	1
Master IV	Susan Elwyn	USA	46.8	35	-40.5	-40.5	35	47.216	47.216	1
52 kg										
Open	Maura Shuttleworth	USA	51.39	72.5	-77.5	77.5	77.5	97.497	97.497	1
Open	Jessica Reyes	MEXICO	51.89	-72.5	75	-77.5	75	93.651	93.651	2
Junior	Aurora Arias Blanco	COSTA RICA	50.28	50	55	60	60	76.752	76.752	1
Master I	Maura Shuttleworth	USA	51.39	72.5	-77.5	77.5	77.5	97.497	97.497	1
Master IV	Bebe Burns	USA	50.85	32.5	-42.5	-43	32.5	41.218	41.218	1
57 kg										
Open	Adriana Moreno	COSTA RICA	54.68	60	65	67.5	67.5	80.919	80.919	1
Open	Kris Leatherberry	USA	56.03	55	60	-65	60	70.567	70.567	2
Master I	Jodi Funk	USA	56	60	65	68	68	80.009	80.009	1
Master I	Kris Leatherberry	USA	56.03	55	60	-65	60	70.567	70.567	2
63 kg										
Open	Karina Campos Murillo	COSTA RICA	61.46	87.5	92.5	-93.5	92.5	101.233	101.233	1
Open	Jaqueline Barone	USA	62.13	-50	50	-55	50	54.268	54.268	2
Master II	Jaqueline Barone	USA	62.13	-50	50	-55	50	54.268	54.268	1
72 kg										
Open	Mary Catherine Innace	USA	70.53	82.5	85	90	90	89.074	89.074	1
Open	Maria Christina Tacccone	CANADA	71.63	80	87.5	-92.5	87.5	85.698	85.698	2
Junior	Kimberly Lara Campos	COSTA RICA	71.34	80	90	95	95	93.297	93.297	1
Master I	Sue Burns	USA	65.23	30	32.5	-42.5	32.5	34.007	34.007	1
Master II	Elizabeth Richardson	USA	70.83	67.5	70	72.5	72.5	71.547	71.547	1
Master II	Deborah Guerra	USA	68.57	52.5	55	60	60	60.556	60.556	2
84 kg										
Open	Tammy Walker	USA	82.99	107.5	112.5	-117.5	112.5	100.937	100.937	1
Open	Dana Sandler	CANADA	82.36	85	90	92.5	92.5	83.321	83.321	2
Junior	Natalie Richardson	USA	78.01	100	105	-110	105	97.467	97.467	1
Master II	Tammy Walker	USA	82.99	107.5	112.5	-117.5	112.5	100.937	100.937	1
Master II	Cindy Amatuzzo	USA	80.54	65	72.5	75	75	68.371	68.371	2
84+ kg										
Open	Jodey Reisz	USA	124.97	120	130	-135	130	103.211	103.211	1
Open	Nicole Botello	USA	103.89	82.5	85	90	90	74.154	74.154	2
Master I	Jodey Reisz	USA	124.97	120	130	-135	130	103.211	103.211	1
Master I	Jade Dickens	USA	119.39	120	127.5	-135	127.5	102.049	102.049	2
Master II	Susan Hines	USA	90.3	70	75	80	80	69.030	69.030	1
Master III	Marsha Morrison	USA	93.8	55	60	65	65	55.266	55.266	1
Men Classic										
59 kg										
Master IV	Mel Tatsumi	USA	56.35	62.5	-72.5	-72.5	62.5	56.552	56.552	1
66 kg										
Open	Chris Aviado	CANADA	64.8	155	165	170.5	170.5	135.932	135.932	1
Open	Henry Brandon Salguero Ramirez	GUATEMALA	65.38	90	100	105	105	83.091	83.091	2
Junior	Henry Brandon Salguero Ramirez	GUATEMALA	65.38	90	100	105	105	83.091	83.091	1
Master I	Chris Aviado	CANADA	64.8	155	165	170.5	170.5	135.932	135.932	1
Master IV	Alex Galant	USA	64.13	40	47.5	55	55	44.236	44.236	1
74 kg										
Open	Loc Nguyen	CANADA	73.81	147.5	155	160.5	160.5	115.661	115.661	1
Open	Edward Carrillo	COSTA RICA	70.93	125	135	140	140	103.870	103.870	2
Open	Jack Rubio	USA	73.82	125	130	-137.5	130	93.673	93.673	3
Open	Luis Angel Brenes Guevara	COSTA RICA	73.18	112.5	120	-122.5	120	87.008	87.008	4
Junior	Josue Camacho	COSTA RICA	72.69	95	100	105	105	76.503	76.503	1
Sub-Junior	Philippe Saravia	COSTA RICA	72.51	120	125	130	130	94.890	94.890	1
Master II	Jack Rubio	USA	73.82	125	130	-137.5	130	93.673	93.673	1
83 kg										
Open	Danilo Ward	COSTA RICA	82.77	165	170	-175	170	113.662	113.662	1
Open	Howard Sturman	USA	82.31	145	152.5	155	155	103.979	103.979	2
Open	Rob Dyke	CANADA	78.68	140	147.5	150	150	103.499	103.499	3
Junior	Nelson Dang	CANADA	81.33	142.5	150	155	155	104.739	104.739	1
Junior	Brandon Cespedes Morales	COSTA RICA	81.24	130	140	-142.5	140	94.667	94.667	2
Sub-Junior	Carlos Daniel Rojas Montero	COSTA RICA	81.65	110	117.5	122.5	122.5	82.579	82.579	1
Master I	Rob Dyke	CANADA	78.68	140	147.5	150	150	103.499	103.499	1
Master I	Robert King	CANADA	82.76	115	125	130	130	86.924	86.924	2
Master II	Howard Sturman	USA	82.31	145	152.5	155	155	103.979	103.979	1
Master IV	Mike Settles	USA	81.37	120	125	127.5	127.5	86.130	86.130	1
Master IV	Sam Penner	USA	76.16	57.5	62.5	-65	62.5	44.067	44.067	2

93 kg										
Open	Dennis Cieri	USA	92.8	220	234.5	-237.5	234.5	147.461	147.461	1
Open	Steven Crane	PUERTO RICO	91.89	147.5	155	-160	155	97.933	97.933	2
Open	Matthew Solano Alfaro	COSTA RICA	85.09	-130	140	150	150	98.692	98.692	3
Junior	Matthew Solano Alfaro	COSTA RICA	85.09	-130	140	150	150	98.692	98.692	1
Sub-Junior	Daniel Velasquez Zuñiga	COSTA RICA	91.12	70	75	85	85	53.928	53.928	1
Master I	Thomas Moviel	USA	91.77	130	162.5	172.5	172.5	109.059	109.059	1
Master II	Dennis Cieri	USA	92.8	220	234.5	-237.5	234.5	147.461	147.461	1
Master II	Steven Crane	PUERTO RICO	91.89	147.5	155	-160	155	97.933	97.933	2
105 kg										
Open	Tony Succarotti	USA	102.7	195	200	-207.5	200	120.472	120.472	1
Open	Clint Poore	USA	104.45	180	182.5	-192.5	182.5	109.256	109.256	2
Open	Joel Gonzalez	PUERTO RICO	94.34	155	165	-175	165	102.961	102.961	3
Master I	Chris Walter	USA	99.92	197.5	205	210	210	127.845	127.845	1
Master I	Clint Poore	USA	104.45	180	182.5	-192.5	182.5	109.256	109.256	2
Master II	Tony Succarotti	USA	102.7	195	200	-207.5	200	120.472	120.472	1
120 kg										
Open	Robert Greer	USA	118.5	192.5	202.5	-205	202.5	116.769	116.769	1
Open	Ryan Gill	USA	118.62	180	195	-207.5	195	112.417	112.417	2
Master I	Ryan Gill	USA	118.62	180	195	-207.5	195	112.417	112.417	1
120+ kg										
Open	Marco Quiros	COSTA RICA	123.18	180	-200	-200	180	102.885	102.885	1
Open	Hugo Bermudez	COSTA RICA	200	100	105	-112.5	105	55.817	55.817	2
Sub-Junior	Hugo Bermudez	COSTA RICA	200	100	105	-112.5	105	55.817	55.817	1
Master II	Hugo Velasquez	COSTA RICA	120.1	130	137.5	142.5	142.5	81.910	81.910	1

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October 27, 2018 - San Jose, Costa Rica

Equipped Results

Division	Name	Team	Body Weight	Bench 1	Bench 2	Bench 3	Best Bench	Wilks Points	Wilks + Age Points	Place
Women Equipped										
47 kg										
Master IV	Susan Elwyn	USA	46.75	40	45.5	-47.5	45.5	61.428	61.428	1
52 kg										
Open	Maura Shuttleworth	USA	51.42	97.5	102.5	105	105	132.034	132.034	1
Open	Jessica Reyes	MEXICO	51.55	95	100	-103	100	125.502	125.502	2
Master I	Maura Shuttleworth	USA	51.42	97.5	102.5	105	105	132.034	132.034	1
Master IV	Bebe Burns	USA	50.72	42.5	-51.5	-51.5	42.5	54.007	54.007	1
57 kg										
Open	Jodi Funk	USA	55.9	82.5	-87.5	-90.5	82.5	97.206	97.206	1
Master I	Jodi Funk	USA	55.9	82.5	-87.5	-90.5	82.5	97.206	97.206	1
63 kg										
Open	Isabelle Iliiev	USA	61.41	112.5	120	-130	120	131.411	131.411	1
Master II	Isabelle Iliiev	USA	61.41	112.5	120	-130	120	131.411	131.411	1
72 kg										
Open	Genesse Caldero	PUERTO RICO	70.82	110	117.5	125	125	123.368	123.368	1
Open	Laura Rivera	USA	64.76	105	-110	110	110	115.718	115.718	2
Open	Ericka Liliana Davila Carcamo	GUATEMALA	68.85	87.5	95	100	100	100.638	100.638	3
Junior	Ericka Liliana Davila Carcamo	GUATEMALA	68.85	87.5	95	100	100	100.638	100.638	1
Master II	Cynthia Line	USA	70.39	70	75	-77.5	75	74.329	74.329	1
84 kg										
Open	Dana Sandler	CANADA	82.93	-110	110	-117.5	110	98.731	98.731	1
Open	Adriana Vargas	COSTA RICA	83.27	-100	100	-112.5	100	89.567	89.567	2
84+ kg										
Open	Stephenie Dzurmak	USA	129.06	182.5	190	197.5	197.5	155.901	155.901	1
Open	Jade Dickens	USA	119.17	182.5	190	195	195	156.127	156.127	2
Open	Joan Baez	PUERTO RICO	103.84	120	130	140	140	115.364	115.364	3
Master I	Jade Dickens	USA	119.17	182.5	190	195	195	156.127	156.127	1
Master I	Rebekah Lair	USA	116.4	177.5	-185	-190	177.5	142.724	142.724	2
Men Equipped										
59 kg										
Open	Arnold Delgadillo	USA	58.87	160	167.5	172.5	172.5	149.722	149.722	1
Junior	Arnold Delgadillo	USA	58.87	160	167.5	172.5	172.5	149.722	149.722	1
74 kg										
Open	Damario Holloway	USA	73.73	-195	-197.5	197.5	197.5	142.434	142.434	1
83 kg										
Open	Tom Cencich	USA	82.44	175	185	-197.5	185	123.987	123.987	1
Open	Robert King	CANADA	82.81	75	160	-165	160	106.945	106.945	2
Open	Esteban Castro	COSTA RICA	78.96	130	140	150	150	103.262	103.262	3
Master I	Robert King	CANADA	82.81	75	160	-165	160	106.945	106.945	1
Master II	Tom Cencich	USA	82.44	175	185	-197.5	185	123.987	123.987	1
Master IV	Mike Settles	USA	81.06	145	150	-161	150	101.567	101.567	1
93 kg										
Open	Nelson I. Viera	PUERTO RICO	90.3	190	200	-210	200	127.464	127.464	1
Open	Thomas Moviel	USA	92.14	175	190	-202.5	190	119.889	119.889	2
Open	Andres Soto	COSTA RICA	89.8	130	135	-140	135	86.281	86.281	3
Junior	Caleb Lamberth	USA	91.47	195	205	-227.5	205	129.815	129.815	1
Junior	Andres Soto	COSTA RICA	89.8	130	135	-140	135	86.281	86.281	2
Master I	Thomas Moviel	USA	92.14	175	190	-202.5	190	119.889	119.889	1
Master II	Mike Burns	USA	89.75	155	167.5	-180	167.5	107.083	107.083	1
105 kg										
Open	Michael Fernandez	COSTA RICA	104.77	190	-225	-225	190	113.623	113.623	1
Open	Sergio Vindas	COSTA RICA	104.76	160	170	-175	170	101.666	101.666	2
Junior	Sergio Vindas	COSTA RICA	104.76	160	170	-175	170	101.666	101.666	1
120 kg										
Open	Ryan Gill	USA	118.25	272.5	280	-300	280	161.542	161.542	1
Open	Carlos Manuel Campos	COSTA RICA	119.45	255	-275	-282.5	255	146.763	146.763	2
Open	Alex Alvarado	PUERTO RICO	115.79	-207.5	207.5	217.5	217.5	126.150	126.150	3
Open	Luis Ramirez	MEXICO	114.79	205	215	-225	215	124.987	124.987	4
Open	Sergey Shadyun	USA	118.51	170	180	-207.5	180	103.793	103.793	5
Master I	Ryan Gill	USA	118.25	272.5	280	-300	280	161.542	161.542	1
Master I	Alex Alvarado	PUERTO RICO	115.79	-207.5	207.5	217.5	217.5	126.150	126.150	2
Master II	Luis Ramirez	MEXICO	114.79	205	215	-225	215	124.987	124.987	1
Master III	Sergey Shadyun	USA	118.51	170	180	-207.5	180	103.793	103.793	1
120+ kg										
Open	Randy Earle	USA	148.21	125	-220	220	220	121.931	121.931	1
Open	Jonathan Brenes	COSTA RICA	128.81	-220	-220	220	0	0.000	0.000	DD
Master II	Randy Earle	USA	148.21	125	-220	220	220	121.931	121.931	1

Abbreviations:

DD = Doping Disqualification