

7/3/2013

7th NAPF Caribbean Region Powerlifting Championships Results

Orlando, Florida, USA

July 1 - 6 2013

| Flt B | Name | Team | Div | Bwt (kg) | WtCls (kg) | lot# | Wilks Coeff | YOB | SQ-1 | SQ-2 | SQ-3 | BP-1 | BP-2 | BP-3 | DL-1 | DL-2 | DL-3 | (1) PL Total | (2) Wilks Pts | Pl-Div- WtCls-Evt | |
|-------------------------|---------------------------|------|------|----------|------------|------|-------------|------|-------|--------|--------|-------|-------|-------|-------|--------|--------|--------------|---------------|-------------------|--|
| Female Open 47Kg | | | | | | | | | | | | | | | | | | | | | |
| A | Maria Luisa Vasquez Sique | PUR | F-OC | 46.8 | 47 | 7 | 1.349 | 1983 | -160 | 162.5 | -170.5 | 90 | 92.5 | -95 | 145 | -155 | -155 | 400 | 539.600 | 1-F-OC-47-PL | |
| Female Open 52Kg | | | | | | | | | | | | | | | | | | | | | |
| A | Frances Baez | PUR | F-OC | 51.8 | 52 | 16 | 1.2504 | 1988 | 115 | 122.5 | -130 | 60 | 65 | 70 | 120 | 130 | 137.5 | 330 | 412.632 | 1-F-OC-52-PL | |
| Female Open 57Kg | | | | | | | | | | | | | | | | | | | | | |
| B | Jannitzi Tapia | PUR | F-OC | 54 | 57 | 20 | 1.2106 | 1994 | 125 | -132.5 | -132.5 | 57.5 | 65 | -67.5 | 130 | 140 | -145 | 330 | 399.498 | 1-F-OC-57-PL | |
| Female Open 63Kg | | | | | | | | | | | | | | | | | | | | | |
| A | Rebeca Diaz Lopez | PUR | F-OC | 61.6 | 63 | 10 | 1.0925 | 1985 | 147.5 | -155 | 160 | 52.5 | 60 | 65 | 132.5 | 142.5 | -150 | 367.5 | 401.494 | 1-F-OC-63-PL | |
| Female Open 72Kg | | | | | | | | | | | | | | | | | | | | | |
| A | Ladys Burgos | PUR | F-OC | 72 | 72 | 17 | 0.976 | 1989 | 167.5 | 175 | -182.5 | -85 | 85 | 87.5 | 170 | 180 | -185 | 442.5 | 431.880 | 1-F-OC-72-PL | |
| A | Giselle Ann Jackman | TRI | F-OC | 71.7 | 72 | 15 | 0.9788 | 1993 | 110 | 115 | 120 | 47.5 | 50 | 55 | 140 | 150 | 155 | 330 | 323.004 | 2-F-OC-72-PL | |
| Female Open 84Kg | | | | | | | | | | | | | | | | | | | | | |
| B | Kimberly Mars-Loncke | GUY | F-OC | 82 | 84 | 24 | 0.9028 | 1978 | -160 | 160 | -177.5 | 70 | -80 | 80 | 160 | 170 | -175 | 410 | 370.148 | 1-F-OC-84-PL | |
| B | Truvia Plaskett | ISV | F-OC | 76.4 | 84 | 23 | 0.9399 | 1971 | -110 | 120 | -127.5 | 57.5 | -65 | 67.5 | 115 | -137.5 | 137.5 | 325 | 305.467 | 2-F-OC-84-PL | |
| Female 84+Kg | | | | | | | | | | | | | | | | | | | | | |
| B | Giselle Costas Delgado | PUR | F-OC | 102.1 | 84+ | 30 | 0.8277 | 1980 | 200 | -212.5 | -217.5 | 147.5 | 157.5 | -165 | 192.5 | 202.5 | -207.5 | 560 | 463.512 | 1-F-OC-84+-PL | |

| | | |
|-------------|---------------------------|-------|
| Best Lifter | Maria Luisa Vasquez Sique | 539.6 |
|-------------|---------------------------|-------|

| Teams Awards | | |
|---------------------|-----|-----|
| Team | Pos | Pts |
| Puerto Rico | 1 | 60 |
| Guyana | 2 | 12 |
| Trinidad and Tobago | 3 | 9 |
| US Virgin Islands | 4 | 9 |

Men Open 93Kg

| | | | | | | | | | | | | | | | | | | | | |
|---|---------------|-----|------|------|----|----|--------|------|-------|--------|--------|-------|-----|------|-------|-------|------|-------|---------|--------------|
| B | Ramon Burgos | PUR | M-OC | 92.5 | 93 | 21 | 0.6298 | 1987 | 312.5 | 322.5 | -327.5 | 190 | 200 | -205 | -320 | 325 | 340 | 862.5 | 543.203 | 1-M-OC-93-PL |
| A | Ronald Walker | ISV | M-OC | 87.9 | 93 | 11 | 0.6463 | 1959 | 175 | -192.5 | -192.5 | 152.5 | 165 | -170 | 227.5 | 232.5 | -240 | 572.5 | 370.007 | 2-M-OC-93-PL |

Men Open 105Kg

| | | | | | | | | | | | | | | | | | | | | |
|---|--------------------|-----|------|-------|-----|----|--------|------|-------|--------|--------|--------|-------|------|-------|-------|------|-------|---------|---------------|
| A | Adrian Brown | TRI | M-OC | 102.8 | 105 | 5 | 0.6021 | 1975 | 307.5 | 315 | 320 | 180 | 190 | 195 | 300 | 307.5 | -315 | 822.5 | 495.227 | 1-M-OC-105-PL |
| A | Antonio Gonzalez | PUR | M-OC | 96.5 | 105 | 6 | 0.6177 | 1971 | 300 | -307.5 | -307.5 | -187.5 | 187.5 | -205 | 260 | 267.5 | -270 | 755 | 466.363 | 2-M-OC-105-PL |
| A | Christian Plaskett | ISV | M-OC | 103.8 | 105 | 11 | 0.6 | 1967 | -205 | -205 | 205 | 182.5 | 197.5 | 200 | 207.5 | 227.5 | 235 | 640 | 384.000 | 3-M-OC-105-PL |
| A | Karel Mars | GUY | M-OC | 98.3 | 105 | 10 | 0.6129 | 1979 | -325 | -327.5 | -327.5 | -190 | 0 | 0 | 0 | | | 0 | 0.000 | |

Men Open 120Kg

| | | | | | | | | | | | | | | | | | | | | |
|---|---------------|-----|------|-------|-----|----|--------|------|-------|-------|--------|-------|--------|--------|--------|--------|-------|-------|---------|---------------|
| B | Colin Chesney | GUY | M-OC | 115.1 | 120 | 22 | 0.5809 | 1974 | 292.5 | 327.5 | -345 | 182.5 | 202.5 | -210 | -272.5 | 272.5 | 282.5 | 802.5 | 466.172 | 1-M-OC-120-PL |
| B | John Edwards | GUY | M-OC | 114.8 | 120 | 26 | 0.5813 | 1967 | -305 | 305 | -327.5 | 210 | -227.5 | -227.5 | 275 | -282.5 | 285 | 790 | 459.227 | 2-M-OC-120-PL |

Men Open 120+Kg

| | | | | | | | | | | | | | | | | | | | | |
|---|------------------|-----|------|-------|------|----|--------|------|-------|------|-------|------|-------|-------|-----|-------|------|-------|---------|----------------|
| A | William Schouten | ISV | M-OC | 137.8 | 120+ | 8 | 0.5602 | 1975 | 410 | -425 | 425 | 230 | 237.5 | 247.5 | 305 | -320 | -320 | 977.5 | 547.595 | 1-M-OC-120+-PL |
| A | Lazaro Nieves | PUR | M-O | 129.6 | 120+ | 10 | 0.5659 | 1977 | -325 | -330 | 332.5 | 230 | -245 | 252.5 | 310 | 322.5 | -330 | 907.5 | 513.554 | 2-M-OC-120+-PL |
| A | Carlos Greene | TRI | M-O | 124.7 | 120+ | 13 | 0.5701 | 1968 | 292.5 | -300 | 305 | -185 | 190 | 200 | 260 | 295 | 310 | 815 | 464.632 | 3-M-OC-120+-PL |

Best Lifters Awards

| | | |
|-----------------|--------|---------|
| Randolph Morgan | Guyana | 562.289 |
|-----------------|--------|---------|

Team

| Pos | Team | Pts |
|-----|---------------------|-----|
| 1 | Guyana | 57 |
| 2 | Puerto Rico | 51 |
| 3 | US Virgin Islands | 37 |
| 4 | Trinidad and Tobago | 36 |
| 5 | Canada | 19 |