

| 7th Annual NAPF Regional Bench Press Championships | | | | | | | | | | | | | |
|---|-------------|------------|-----------------|-------------------|-------------|--------------------|------------|-------------|-------------|-------------|--------------------|----------------------|--------------------------|
| Bench Press Results Name | Team | Div | Bwt (kg) | WtCls (kg) | lot# | Wilks Coeff | YOB | BP-1 | BP-2 | BP-3 | (1) Best BP | (2) Wilks Pts | PI-Div- WtCls-Evt |
| Najera Juanita | USA | F-O | 51.74 | 52 | 5 | 1.2515 | 1981 | 87.5 | -95 | 95 | 95 | 118.893 | 1-F-O-52-BP |
| Marts Donna | USA | F-O | 71.44 | 72 | 16 | 0.9811 | 1960 | -107.5 | -107.5 | -107.5 | 0 | 0.000 | 0 |
| Cutrona Tammy | USA | F-M1 | 51.5 | 52 | 4 | 1.256 | 1966 | 70 | -75 | -75 | 70 | 87.920 | 1-F-M1-BP |
| Calhoun Paulette | USA | F-M2 | 103.64 | 84+ | 24 | 0.8244 | 1958 | 105 | 115 | -122.5 | 115 | 94.806 | 1-F-M2-BP |
| Harms Jeanne | USA | F-M2 | 53.84 | 57 | 12 | 1.2134 | 1953 | 65 | 67.5 | -72.5 | 67.5 | 81.905 | 2-F-M2-BP |
| Valdez Omar | USA | M-SJ | 62.84 | 59 | 3 | 0.8185 | 1995 | 57.5 | 62.5 | 75 | 75 | 61.387 | 1-M-SJ-BP |
| Narolskyy Volodomyr | USA | M-O | 82.76 | 83 | 49 | 0.6686 | 1977 | 250 | -265 | -270 | 250 | 167.150 | 1-M-O-83-BP |
| Mamola Adam | USA | M-O | 91.66 | 93 | 14 | 0.6326 | 1977 | -285 | 290 | 301.5 | 301.5 | 190.729 | 1-M-O-93-BP |
| Thurman Daniel | USA | M-O | 89.8 | 93 | 6 | 0.6391 | 1968 | 260 | -285 | -290 | 260 | 166.166 | 2-M-O-93-BP |
| Jaime De Paz Manuel Oswaldo | GUA | M-O | 85.7 | 93 | 9 | 0.6553 | 1963 | 180 | 190 | -200 | 190 | 124.507 | 3-M-O-93-BP |
| Martin Shane | CAN | M-O | 92.54 | 93 | 12 | 0.6297 | 1988 | 155 | 162.5 | 170 | 170 | 107.049 | 4-M-O-93-BP |
| Anderson Tim | USA | M-O | 103.62 | 105 | 25 | 0.6004 | 1972 | 287.5 | 305.5 | 315.5 | 315.5 | 189.426 | 1-M-O-105-BP |
| Stewart Brady | USA | M-O | 118.56 | 120 | 31 | 0.5766 | 1982 | 300 | -312.5 | -325.5 | 300 | 172.980 | 1-M-O-120-BP |
| Hunt Josh | USA | M-O | 115.26 | 120 | 32 | 0.5807 | 1982 | 202.5 | 210 | 217.5 | 217.5 | 126.302 | 2-M-O-120-BP |
| Leo Jonathan | USA | M-O | 148.98 | 120+ | 38 | 0.5538 | 1977 | 317.5 | -327.5 | 350.5 | 350.5 | 194.107 | 1-M-O-120+-BP |
| Bales Shaun | USA | M-O | 143.88 | 120+ | 41 | 0.5566 | 1979 | 265 | -277.5 | -277.5 | 265 | 147.499 | 2-M-O-120+-BP |
| DeMatteo Joe | USA | M-M1A | 82.34 | 83 | 55 | 0.6707 | 1969 | -217.5 | 217.5 | -225 | 217.5 | 145.877 | 1-M-M1A-BP |
| Scisney Keith | USA | M-M1A | 73.44 | 74 | 47 | 0.7232 | 1965 | 132.5 | 150 | 162.5 | 162.5 | 117.520 | 2-M-M1A-BP |
| Jaime De Paz Manuel Oswaldo | GUA | M-M1B | 85.7 | 93 | 9 | 0.6553 | 1963 | 180 | 190 | -200 | 190 | 124.507 | 1-M-M1B-BP |
| Snyder Jeff | USA | M-M1C | 119.38 | 120 | 33 | 0.5756 | 1971 | -300 | 300 | -327 | 300 | 172.680 | 1-M-M1C-BP |
| Maynard Peter | USA | M-M1C | 103.14 | 105 | 21 | 0.6014 | 1965 | 210 | -235 | -245 | 210 | 126.294 | 2-M-M1C-BP |
| Cencich Thomas | USA | M-M2A | 82.76 | 83 | 52 | 0.6686 | 1960 | 193 | -207.5 | -220 | 193 | 129.040 | 1-M-M2A-BP |
| Turco Charlie | USA | M-M2B | 103.74 | 105 | 26 | 0.6001 | 1956 | 237.5 | -250 | 250 | 250 | 150.025 | 1-M-M2B-BP |
| Pamplin Gary | USA | M-M2B | 104.34 | 105 | 18 | 0.5989 | 1957 | 230 | 240 | -252.5 | 240 | 143.736 | 2-M-M2B-BP |
| Eaton Bill | USA | M-M2B | 106.54 | 120 | 30 | 0.5946 | 1956 | -152.5 | 152.5 | 170 | 170 | 101.082 | 3-M-M2B-BP |
| Shadyun Sergey | USA | M-M2B | 108.82 | 120 | 34 | 0.5905 | 1957 | 150 | 157.5 | -167.5 | 157.5 | 93.004 | 4-M-M2B-BP |
| Cucinella Mark | USA | M-M3A | 73.1 | 74 | 41 | 0.7256 | 1950 | 135 | 140 | -145 | 140 | 101.584 | 1-M-M3A-BP |
| Hultquist Chip | USA | M-M3A | 73.48 | 74 | 43 | 0.7229 | 1949 | 112.5 | 120 | 125 | 125 | 90.362 | 2-M-M3A-BP |
| Harms Steve | USA | M-M3B | 92.9 | 93 | 7 | 0.6285 | 1952 | 182.5 | 190 | -200.5 | 190 | 119.415 | 1-M-M3B-BP |

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|-------------------|-----|--------|--------|------|----|--------|------|-------|--------|--------|--------------|----------------|-----------------|
| Crawford Robert | USA | M-M3B | 129.48 | 120+ | 39 | 0.566 | 1951 | 175 | 195 | -212.5 | 195 | 110.370 | 2-M-M3B-BP |
| Kline Brian | USA | M-M3B | 91.5 | 93 | 11 | 0.6331 | 1950 | -180 | -180 | -180 | 0 | 0.000 | |
| Zwick Ivan | USA | M-M4 | 64.54 | 66 | 36 | 0.8 | 1939 | 115 | -125 | -125 | 115 | 92.000 | 1-M-M4-BP |
| Lawson Mike | USA | M-M4 | 58.16 | 59 | 35 | 0.8779 | 1941 | 97.5 | -105 | -105 | 97.5 | 85.595 | 2-M-M4-BP |
| Tauck Ernie | USA | M-M4 | 89.02 | 93 | 24 | 0.642 | 1940 | 102.5 | -107.5 | 112.5 | 112.5 | 72.225 | 3-M-M4-BP |
| O'Keefe Thomas | USA | M-M4 | 90.92 | 93 | 8 | 0.6351 | 1935 | -105 | 105 | 110.5 | 110.5 | 70.179 | 4-M-M4-BP |
| | | | | | | | | | | | | | |
| Mar Jennifer | USA | F-SJCL | 52.84 | 57 | 2 | 1.2313 | 1997 | 35 | -37.5 | 37.5 | 37.5 | 46.174 | 1-F-SJCL-BP |
| | | | | | | | | | | | | | |
| Gevorgian Edith | USA | F-OCL | 47.54 | 52 | 6 | 1.3338 | 1964 | 35 | 37.5 | -42.5 | 37.5 | 50.017 | 1-F-OCL-52-BP |
| Garmon Barbara | USA | F-OCL | 74.2 | 84 | 20 | 0.7179 | 1942 | 30 | -35 | 35 | 35 | 25.126 | 1-F-OCL-84-BP |
| | | | | | | | | | | | | | |
| Gevorgian Edith | USA | F-M1CL | 47.54 | 52 | 6 | 1.3338 | 1964 | 35 | 37.5 | -42.5 | 37.5 | 50.017 | 1-F-M1CL-BP |
| Garmon Barbara | USA | F-M4CL | 74.2 | 84 | 20 | 0.9571 | 1942 | 30 | -35 | 35 | 35 | 33.498 | 1-F-M4CL-BP |
| | | | | | | | | | | | | | |
| Perry Guy | USA | M-OCL | 62.94 | 59 | 37 | 0.8173 | 1979 | 62.5 | 70 | -75 | 70 | 57.211 | 1-M-OCL-59-BP |
| Landers Chad | USA | M-OCL | 82.34 | 83 | 53 | 0.6707 | 1968 | 107.5 | 115 | -122.5 | 115 | 77.131 | 1-M-OCL-83-BP |
| Bayliss Victor | USA | M-OCL | 82 | 83 | 50 | 0.6724 | 1973 | 102.5 | 107.5 | -112.5 | 107.5 | 72.283 | 2-M-OCL-83-BP |
| Martin Shane | CAN | M-OCL | 92.54 | 93 | 12 | 0.6297 | 1988 | 155 | 162.5 | 170 | 170 | 107.049 | 1-M-OCL-93-BP |
| Perry Dan | USA | M-OCL | 88.02 | 93 | 20 | 0.6458 | 1986 | 135 | 147.5 | -160 | 147.5 | 95.255 | 2-M-OCL-93-BP |
| Poore Clint | USA | M-OCL | 98.68 | 105 | 22 | 0.6119 | 1973 | 177.5 | 185 | 190 | 190 | 116.261 | 1-M-OCL-105-BP |
| Zawilinski Mike | USA | M-OCL | 176.75 | 120+ | 40 | 0.5398 | 1980 | 217.5 | -228 | -228 | 217.5 | 117.406 | 1-M-OCL-120+-BP |
| | | | | | | | | | | | | | |
| Burns Mike | USA | M-M1CL | 84.12 | 93 | 5 | 0.6623 | 1966 | 155 | 157.5 | -162.5 | 157.5 | 104.312 | 1-M-M1CL-BP |
| Clark Chris | USA | M-M1CL | 82.08 | 83 | 54 | 0.672 | 1972 | 135 | -137.5 | 137.5 | 137.5 | 92.400 | 2-M-M1CL-BP |
| Landers Chad | USA | M-M1CL | 82.34 | 83 | 53 | 0.6707 | 1968 | 107.5 | 115 | -122.5 | 115 | 77.131 | 3-M-M1CL-BP |
| Yue Edward | USA | M-M1CL | 81.32 | 83 | 1 | 0.6758 | 1964 | 100 | -122.5 | -122.5 | 100 | 67.580 | 4-M-M1CL-BP |
| Agos Frank | USA | M-M2CL | 82.56 | 83 | 48 | 0.6696 | 1962 | 117.5 | 125 | 132.5 | 132.5 | 88.722 | 1-M-M2CL-BP |
| Moore John | USA | M-M3CL | 91.58 | 93 | 10 | 0.6329 | 1937 | 105 | 112.5 | -117.5 | 112.5 | 71.201 | 1-M-M3CL-BP |
| | | | | | | | | | | | | | |
| Alman Christoffer | SWE | M-OGL | 73.78 | 74 | 42 | 0.7208 | 1989 | 231 | -240 | -240 | 231 | 166.505 | 1-M-OGL-74-BP |
| Alman Christoffer | SWE | M-JGL | 73.78 | 74 | 42 | 0.7208 | 1989 | 231 | -240 | -240 | 231 | 166.505 | 1-M-JGL-74-BP |

Date: November 15 - 17, 2013

Location: Red Lion Hotel -- Aurora, Colorado, USA

| Best Lifters Females | Div | Wilks |
|----------------------|--------|---------|
| Juanita Najera | F-O | 118.893 |
| Paulette Calhoun | F-M | 94.806 |
| Jennifer Mar | F-SJCL | 46.174 |
| Edith Gevorian | F-OCL | 50.017 |
| Edith Gevorian | F-MCL | 50.017 |

| Best Lifters Male | Div | Wilks |
|-------------------|-------|---------|
| Omar Valdez | M-SJ | 61.387 |
| Jonathan Leo | M-O | 194.107 |
| Jeff Snyder | M-M | 172.68 |
| Mike Zawilinski | M-OCL | 117.406 |
| Mike Burns | M-MCL | 104.312 |

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|----------------------------|
| Team Female Open |
| 1. USA |
| Team Female Master |
| 1. USA |
| Team Female Junior Classic |
| 1. USA |
| Team Female Open Classic |
| 1. USA |
| Team Female Master Classic |
| 1. USA |

| | |
|--------------------------|----|
| Team Male Junior | |
| 1. USA | |
| Team Male Open | |
| 1. USA | 60 |
| 2. Guatemala | 8 |
| 3. Canada | 7 |
| Team Male Master | |
| 1. USA | |
| 2. Guatemala | |
| Team Male Open Classic | |
| 1. USA | |
| 2. Canada | |
| Team Male Master Classic | |
| 1. USA | |