

## CAMPEONATO PANAMERICANO DE POWERLIFTING 2011

Fecha: 18 August 2011

Division	APELLIDO Y NOMBRE		PESO weigh	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	COEF.
	LIFTER 'S NAMES	Nacion		1°	2°	3°	1°	2°	3°	1°	2°	3°		
<b><u>43 kg</u></b>														
Sub	Rosmary Coello/94	Ecu	42.8	60.0	70.0	.	25.0	30.0	35.0	60.0	-70.0	-70.0	165.0	236.58
<b><u>47 kg</u></b>														
Open	Frankmary Duno/87	Ven	46.7	120.0	130.0	142.5	67.5	75.0	81.0	100.0	112.5	125.0	348.5	471.59
Open	Vallinoto Diana/86	Arg	44.8	90.0	95.0	100.0	45.0	50.0	55.0	100.0	110.0	-125.0	265.0	368.62
Jun	Shirley Pinargote/91	Ecu	45.8	90.0	105.0	115.0	30.0	35.0	40.0	100.0	115.0	-125.0	270.0	369.87
<b><u>52 kg</u></b>														
Open	Mailebis Oquendo/87	Ven	51.8	160.0	167.5	175.0	85.0	90.0	-92.5	170.0	-180.0	180.0	445.0	556.43
Open	Ismery Rojas/80	Ven	51.4	145.0	-155.0	160.0	70.0	77.5	82.5	155.0	167.5	172.5	415.0	521.99
Open	Juanita Najera/81	Usa	51.8	130.0	137.5	142.5	82.5	90.0	92.5	155.0	165.0	-170.0	400.0	500.16
<b><u>57 kg</u></b>														
Open	Adriana Cuta/86	Ven	56.7	175.0	182.5	187.5	90.0	97.5	102.5	180.0	192.5	202.5	492.5	573.86
Open	Vilma Ochoa/80	Ecu	54.6	190.0	197.5	202.5	-95.0	-95.0	95.0	170.0	180.0	-192.5	477.5	573.10
Open	Irani Rodrigues Barbosa/86	Brazil	56.3	172.5	-182.5	190.0	95.0	102.5	110.0	152.5	162.5	170.0	470.0	550.70
Jun	Silmara Cunha Silva/89	Brazil	55.7	147.5	155.0	-160.0	80.0	85.0	-90.0	135.0	142.5	150.0	390.0	460.82
M1	Lisett Buriel/71	Ven	56.3	175.0	182.5	190.0	95.0	102.5	107.5	175.0	187.5	192.5	490.0	574.13
M1	RIVERA P. ROGELIA/68	Peru	56.6	-130.0	130.0	145.0	75.0	82.5	-85.0	125.0	135.0	-137.5	362.5	422.97
M1	Zeballos Ines/70	Arg	55.3	100.0	-120.0	120.0	70.0	75.0	-80.0	130.0	-150.0	-150.0	325.0	386.20
<b><u>63 kg</u></b>														
Open	Yenifer Canelón/87	Ven	63.0	180.0	190.0	-200.0	100.0	110.0	117.5	-185.0	195.0	-207.5	502.5	539.69
Open	Cícera Tavares/76	Brazil	60.4	180.0	-190.0	-190.0	80.0	82.5	85.0	180.0	-187.5	187.5	452.5	501.91
Open	Carmen Perez/86	Ecu	61.6	-165.0	-170.0	170.0	77.5	82.5	85.0	145.0	155.0	160.0	415.0	453.39
Jun	Mery Jativa/91	Ecu	61.3	130.0	140.0	150.0	50.0	57.5	60.0	115.0	125.0	135.0	345.0	378.33

M1	Eva Barilari/70	Brazil	61.6	130.0	140.0	-150.0	-60.0	60.0	67.5	120.0	130.0	140.0	347.5	380.13
M1	Yalile Moreira/63	Ecu	62.4	-130.0	-130.0	130.0	50.0	-55.0	55.0	115.0	120.0	125.0	310.0	335.36
<b><u>72 kg</u></b>														
Open	Ana Rosa Castellain/85	Brazil	67.3	207.5	217.5	225.0	-140.0	140.0	152.5	185.0	-200.0	-200.0	562.5	575.33
Open	Judimeire Delago/67	Brazil	71.2	160.0	170.0	-175.0	75.0	82.5	87.5	160.0	170.0	180.0	437.5	430.63
M2	Susana Rodriguez/55	Uru	67.9	135.0	-145.0	-145.0	-80.0	80.0	-82.5	140.0	145.0	150.0	365.0	370.95
<b><u>84 kg</u></b>														
Open	Karol Jimenez/85	Ven	73.5	185.0	-192.5	192.5	120.0	130.0	137.5	175.0	187.5	195.0	525.0	506.00
Open	Patricia Candido/76	Brazil	78.0	195.0	205.0	-210.0	100.0	105.0	110.0	180.0	190.0	-212.0	505.0	468.79
Open	HERNANDEZ ALICIA/76	Arg	79.5	170.0	-185.0	-185.0	80.0	110.0	-117.5	140.0	150.0	160.0	440.0	404.01
Jun	Malu de Sousa/90	Brazil	72.1	-140.0	140.0	150.0	85.0	90.0	-95.0	145.0	155.0	160.0	400.0	390.04
Jun	Torres, Flavia/89	Arg	81.1	-135.0	-135.0	135.0	37.5	70.0	75.0	130.0	-140.0	-140.0	340.0	308.79
<b><u>84 kg +</u></b>														
Open	Zita Pérez/79	Ven	97.9	215.0	225.0	232.5	130.0	140.0	147.5	175.0	185.0	195.0	575.0	481.85
Open	Judith Reitmann/67	Uru	85.4	200.0	-215.0	-230.0	112.5	-117.5	120.0	160.0	-170.0		480.0	424.61
Jun	Pong, Claudia/89	Arg	84.2	-135.0	135.0	-140.0	60.0	65.0	72.5	140.0	-160.0	160.0	367.5	327.33
Sub	Kellen Larissa de Souza/93	Brazil	122.2	200.0	-215.0	215.0	100.0	115.0	122.5	130.0	150.0	-160.0	487.5	388.64

**Total Lifters**

Brazil	9.0
Ecu	6.0
Ven	8.0
Arg	5.0
Uru	2.0
Peru	1.0
Usa	1.0
Total	32.0

## CAMPEONATO PANAMERICANO DE POWERLIFTING 2011

Fecha: 17 AL 20 DE AGOSTO

Division	APELLIDO Y NOMBRE	Nacion	PESO	SQUATS			BENCH PRESS			DEADLIFT			TOTAL			
	LIFTER 'S NAMES	Nacion	weigth	1°	2°	3°	1°	2°	3°	1°	2°	3°				
<b><u>53 kg</u></b>																
Jun	Angel Chávez/90	Ecu	52.6	155.0	165.0	175.0	175.0	50.0	60.0	67.5	67.5	-155.0	155.0	-170.0	155.0	397.5
<b><u>59 kg</u></b>																
Open	Carlos García/80	Ven	57.5	230.0	237.5	245.0	245.0	155.0	162.5	167.5	167.5	225.0	235.0	245.0	245.0	657.5
Open	Franklin León/83	Ecu	58.9	225.0	240.0	247.5	247.5	157.5	165.0	170.0	170.0	210.0	220.0	-232.5	220.0	637.5
Open	Patrick Cuba Delgado/87	Peru	59.0	180.0	205.0	-225.0	205.0	117.5	130.0	-140.0	130.0	180.0	195.0	205.0	205.0	540.0
Jun	Anfora Rodrigo A/88	Arg	59.0	-160.0	160.0	-170.0	160.0	100.0	-105.0	110.0	110.0	185.0	-195.0	195.0	195.0	465.0
M1	Ieso Nagata/70	Brazil	56.9	-190.0	190.0	-195.0	190.0	115.0	-122.5	-122.5	115.0	-195.0	200.0	205.0	205.0	510.0
M4	Sardinez Oscar/40	Arg	56.1	-140.0	140.0	-167.5	140.0	35.0	0.0	0.0	35.0	-150.0	150.0	157.5	157.5	332.5
<b><u>66 kg</u></b>																
M2	Carlos Palombo/56	Uru	65.5	190.0	-200.0	-200.0	190.0	110.0	-115.0	115.0	115.0	-200.0	200.0	-215.0	200.0	505.0
M2	Gimenez Pablino/60	Arg	63.5	175.0	187.5	195.0	195.0	95.0	105.0	110.0	110.0	160.0	-175.0	175.0	175.0	480.0
M3	JULIO CESAR CHURA/46	Peru	64.6	100.0	-120.0	120.0	120.0	100.0	-120.0	-120.0	100.0	135.0	140.0	145.0	145.0	365.0
M4	MATA,JOSE/41	Arg	63.2	120.0	130.0	-140.0	130.0	-70.0	75.0	-85.0	75.0	140.0	155.0	-170.0	155.0	360.0

**66 kg**

Open	Eric Oishi/79	Brazil	65.4	275.0	290.0	300.0	300.0	175.0	-182.5	185.0	185.0	255.0	265.0	-270.0	265.0	750.0
Open	Lenin La Rosa/85	Ven	66.0	245.0	262.5	272.5	272.5	175.0	-185.0	185.0	185.0	245.0	260.0	267.5	267.5	725.0
Open	Villagra Sebastian/86	Arg	65.0	255.0	-265.0	-265.0	255.0	-175.0	175.0	182.5	182.5	-240.0	240.0	-250.0	240.0	677.5
Open	André Garcia/82	Brazil	65.9	235.0	-245.0	245.0	245.0	175.0	182.5	-187.5	182.5	220.0	227.5	-252.5	227.5	655.0
Open	Gabriel Quispe Loayza/81	Peru	65.3	-232.5	232.5	-245.0	232.5	-147.5	147.5	-155.0	147.5	215.0	-227.5	-230.0	215.0	595.0
Open	Pascual Ricardo/73	Arg	61.2	160.0	170.0	180.0	180.0	135.0	140.0	-145.0	140.0	-200.0	200.0	-210.0	200.0	520.0
Jun	Alex Ochoa/90	Ecu	65.0	205.0	220.0	232.5	232.5	125.0	132.5	140.0	140.0	205.0	220.0	230.0	230.0	602.5
Jun	Eduardo Mosquera/89	Ecu	64.9	207.5	225.0	-230.0	225.0	132.5	140.0	147.5	147.5	200.0	-215.0	-230.0	200.0	572.5
Jun	Guilherme Moreno Gadeas/89	Brazil	64.1	200.0	-207.5	207.5	207.5	125.0	140.0	-145.0	140.0	-200.0	200.0	220.0	220.0	567.5
Sub	Paulo Guilherme de Campos/94	Brazil	65.7	180.0	195.0	202.5	202.5	-120.0	120.0	132.5	132.5	175.0	190.0	-195.0	190.0	525.0
M1	Jorge Wanghon/67	Brazil	64.7	180.0	-200.0	200.0	200.0	110.0	-120.0	120.0	120.0	180.0	200.0	220.0	220.0	540.0
M1	Daniel Decia/70	Uru	63.5	195.0	202.5	-212.5	202.5	127.5	132.5	-137.5	132.5	185.0	195.0	202.5	202.5	537.5
M1	Pedro Tasaico/65	Peru	65.1	190.0	-200.0	-200.0	190.0	125.0	127.5	130.0	130.0	190.0	-200.0	200.0	200.0	520.0

**74 kg**

Open	Rafael Ramos/87	Brazil	73.5	270.0	285.0	-295.0	285.0	150.0	-162.5	-165.0	150.0	265.0	275.0	-277.5	275.0	710.0
Open	Miguel Curipoma/87	Ecu	72.8	260.0	-275.0	-275.0	260.0	155.0	162.5	167.5	167.5	260.0	270.0	275.0	275.0	702.5
Open	Oros Omar/87	Arg	72.6	-245.0	-245.0	265.0	265.0	170.0	180.0	187.5	187.5	230.0	-240.0	245.0	245.0	697.5
Open	Giovanni F. Medina/76	Peru	73.0	-260.0	-260.0	260.0	260.0	140.0	-150.0	150.0	150.0	250.0	-252.5	-262.5	250.0	660.0
Open	Ariel Arias	Arg	72.5	200.0	210.0	-220.0	210.0	-155.0	155.0	-160.0	155.0	210.0	225.0	-230.0	225.0	590.0
Jun	Jimenez Diego/89	Arg	73.3	252.5	265.0	-270.0	265.0	170.0	180.0	187.5	187.5	240.0	247.5	252.5	252.5	705.0
Sub	Marcos Paulo Oliveira/94	Brazil	67.7	165.0	175.0	200.0	200.0	90.0	100.0	112.5	112.5	195.0	215.0	227.5	227.5	540.0
Sub	BENTANCUR,ALEJANDRO/93	Arg	68.8	145.0	160.0	175.0	175.0	90.0	100.0	-105.0	100.0	160.0	175.0	-190.0	175.0	450.0
M1	Rivera Pablo/71	Arg	72.7	160.0	170.0	175.0	175.0	115.0	120.0	125.0	125.0	200.0	-210.0	-210.0	200.0	500.0
M2	João Pedroso da Rocha/57	Brazil	72.9	175.0	177.5	200.0	200.0	105.0	-115.0	115.0	115.0	170.0	180.0	-185.0	180.0	495.0
M2	Julio Ticona Nieto/59	Peru	73.2	150.0	160.0	-170.0	160.0	125.0	132.5	137.5	137.5	160.0	170.0	175.0	175.0	472.5
M2	Mario Blanco/59	Uru	66.4	150.0	-167.5	-167.5	150.0	80.0	-90.0	-95.0	80.0	165.0	172.5	-177.5	172.5	402.5

**83 kg**

Open	Jaider Espinoza/82	Ven	82.7	330.0	345.0	-352.5	345.0	-230.0	230.0	237.5	237.5	290.0	-300.0	300.0	300.0	882.5
Open	Marroquin Mauricio/75	Arg	82.0	275.0	290.0	295.0	295.0	235.0	245.0	250.0	250.0	295.0	-302.5	302.5	302.5	847.5
Open	Marcelo da Silva/84	Brazil	83.0	270.0	280.0	-290.0	280.0	220.0	230.0	-237.5	230.0	260.0	270.0	-282.5	270.0	780.0
Open	Dammert E. R. Romero/85	Peru	83.0	250.0	-270.0	272.5	272.5	-140.0	140.0	-150.0	140.0	260.0	-275.0	275.0	275.0	687.5
Open	Jose Castillo/86	Ecu	82.7	325.0	340.0	-355.0	340.0	210.0	222.5	-227.5	222.5	-290.0	-290.0	-290.0	-290.0	0.0
Jun	Miranda Nicolas/91	Arg	81.5	250.0	270.0	-282.5	270.0	135.0	-152.5	152.5	152.5	270.0	287.5	300.0	300.0	722.5
Jun	Fernando Intriago/88	Ecu	81.3	247.5	-267.5	267.5	267.5	180.0	-187.5	-187.5	180.0	230.0	245.0	-260.0	245.0	692.5
Jun	Bruno de Vicenzo/88	Brazil	82.2	255.0	-265.0	-265.0	255.0	150.0	-165.0	165.0	165.0	230.0	-240.0	247.5	247.5	667.5
Jun	Enrique M Sanchez/88	Peru	81.5	235.0	245.0	-255.0	245.0	155.0	-165.0	-172.5	155.0	190.0	-205.0	-210.0	190.0	590.0
Jun	Pablo Read/89	Uru	82.5	200.0	220.0	-235.0	220.0	140.0	150.0	-155.0	150.0	-200.0	200.0	-220.0	200.0	570.0
M1	Sandro Ueno/67	Brazil	77.6	-230.0	230.0	250.0	250.0	170.0	180.0	185.0	185.0	220.0	230.0	-240.0	230.0	665.0
M1	Palomas Miguel/67	Arg	80.6	220.0	230.0	240.0	240.0	150.0	160.0	-170.0	160.0	220.0	230.0	-240.0	230.0	630.0
M1	Cesar A Bautista/70	Peru	81.2	145.0	165.0	-175.0	165.0	130.0	-140.0	-140.0	130.0	185.0	210.0	-225.0	210.0	505.0
M3	Olfcio dos Santos Filho/44	Brazil	82.8	170.0	190.0	215.0	215.0	115.0	-125.0	-125.0	115.0	260.0	-295.0	-295.0	260.0	590.0
M4	Dan Martin/40	Usa	80.6	105.0	145.0	-210.0	145.0	60.0	-75.0	75.0	75.0	-175.0	175.0	205.0	205.0	425.0

**93 kg**

Open	David Coimbra/83	Brazil	91.2	285.0	-305.0	307.5	307.5	197.5	210.0	215.0	215.0	290.0	310.0	317.5	317.5	840.0
Open	Cabezas Marcos/78	Arg	86.0	-240.0	240.0	250.0	250.0	160.0	170.0	-175.0	170.0	240.0	-252.5	-252.5	240.0	660.0
Jun	Jorge Prado V. Leite/91	Brazil	86.5	230.0	-255.0	255.0	255.0	145.0	155.0	-160.0	155.0	230.0	-255.0	-255.0	230.0	640.0
Jun	Gomez Leandro/90	Arg	84.6	200.0	210.0	-235.0	210.0	135.0	150.0	-155.0	150.0	200.0	-215.0	215.0	215.0	575.0
M1	Castaño Cesar/64	Arg	92.2	210.0	220.0	230.0	230.0	80.0	-90.0	90.0	90.0	230.0	240.0	250.0	250.0	570.0
M2	Aparecido da Silva/59	Brazil	85.4	220.0	-240.0	240.0	240.0	140.0	-155.0	155.0	155.0	200.0	215.0	225.0	225.0	620.0
M3	Julio Lezama/49	Uru	92.3	-200.0	-210.0	210.0	210.0	125.0	130.0	135.0	135.0	230.0	-240.0	0.0	230.0	575.0

**105 kg**

Open	José Mencias/87	Ven	104.4	330.0	350.0	-360.0	350.0	235.0	245.0	250.0	250.0	322.5	332.5	340.0	340.0	940.0
Open	Edgard Pérez/81	Ven	103.9	360.0	-372.5	-372.5	360.0	255.0	265.0	270.0	270.0	280.0	292.5	-302.5	292.5	922.5
Open	Lucero Martin/78	Arg	105.0	305.0	320.0	-325.0	320.0	225.0	-235.0	-235.0	225.0	300.0	-315.0	-315.0	300.0	845.0
Open	Jefferson Cuaglio/76	Brazil	103.7	320.0	-330.0	330.0	330.0	210.0	-225.0	-225.0	210.0	270.0	290.0	-305.0	290.0	830.0
Jun	Edison Santos /88	Ecu	98.8	275.0	285.0	-292.5	285.0	195.0	205.0	215.0	215.0	245.0	260.0	-270.0	260.0	760.0
Jun	Soria facundo/91	Arg	104.3	280.0	290.0	-300.0	290.0	200.0	210.0	-217.5	210.0	255.0	265.0	272.5	272.5	772.5
Jun	Raul Dantas/91	Brazil	103.5	265.0	285.0	300.0	300.0	-170.0	170.0	-200.0	170.0	240.0	260.0	-292.5	260.0	730.0
Jun	Agustin Canepa/91	Uru	97.2	250.0	-270.0	-270.0	250.0	100.0	0.0	0.0	100.0	245.0	260.0	267.5	267.5	617.5
M1	Barrionuevo Enrique/68	Arg	102.2	220.0	240.0	-250.0	240.0	-160.0	160.0	175.0	175.0	200.0	230.0	-240.0	230.0	645.0
M1	Eduardo Rodriguez/62	Uru	98.8	170.0	-190.0	0.0	170.0	130.0	140.0	-145.0	140.0	160.0	180.0	0.0	180.0	490.0
M2	Alessio Roberto/58	Arg	103.9	-240.0	250.0	270.0	270.0	120.0	150.0	-160.0	150.0	235.0	250.0	-270.0	250.0	670.0
M2	Daniel Giacobone	Arg	102.1	220.0	230.0	-240.0	230.0	150.0	-155.0	155.0	155.0	-220.0	220.0	230.0	230.0	615.0
M3	Bill Helmich/42	Usa	102.4	185.0	195.0	-200.0	195.0	130.0	140.0	147.5	147.5	235.0	245.0	250.0	250.0	592.5

**120 kg**

Open	Miguel Pérez/83	Ven	118.5	365.0	390.0	-405.0	390.0	220.0	-225.0	-240.0	220.0	325.0	340.0	350.0	350.0	960.0
Open	Claudemiro Batista/70 (master)	Brazil	118.9	330.0	345.0	-352.5	345.0	170.0	-185.0	190.0	190.0	310.0	330.0	-340.0	330.0	865.0
Open	Heber Sena/73	Uru	108.5	275.0	-295.0	297.5	297.5	-185.0	190.0	-200.0	190.0	275.0	-282.5	282.5	282.5	770.0
Open	Maidana claudio/72	Arg	110.7	-295.0	295.0	-310.0	295.0	190.0	-200.0	-202.5	190.0	260.0	-270.0	-277.5	260.0	745.0
Jun	Romel Salgado/89	Ecu	112.5	315.0	-330.0	-340.0	315.0	185.0	192.5	197.5	197.5	240.0	250.0	255.0	255.0	767.5
Jun	Renato Rosa/88	Brazil	116.4	300.0	315.0	-320.0	315.0	160.0	170.0	175.0	175.0	250.0	-272.5	-280.0	250.0	740.0
M1	Francisco Teles/68	Brazil	109.3	-310.0	310.0	-320.0	310.0	165.0	-175.0	180.0	180.0	235.0	250.0	262.5	262.5	752.5
M1	GOMEZ, Horacio/63	Arg	113.8	300.0	-315.0	320.0	320.0	120.0	135.0	150.0	150.0	240.0	-260.0	-285.0	240.0	710.0
M2	Curtis Wainright/54	Usa	117.6	237.5	247.5	257.5	257.5	170.0	180.0	185.0	185.0	230.0	237.5	242.5	242.5	685.0

**120 kg +**

Open	Eumenes L. Sousa Junior/72	Brazil	162.6	350.0	-370.0	-380.0	350.0	230.0	245.0	-255.0	245.0	260.0	280.0	-300.0	280.0	875.0
M1	Julio Cesar Conrado/65	Brazil	122.5	300.0	315.0	-320.0	315.0	170.0	-177.5	0.0	170.0	230.0	-240.0	0.0	230.0	715.0

**Total Lifters**

Brazil	23.0
Arg	24.0
Ecu	9.0
Uru	8.0
Peru	9.0
Usa	3.0
Ven	6.0
Guyana	0.0
Total	82.0