

Weight Class

5/16/2009

3rd NAPF Caribbean Islands Bench Press & Powerlifting Championship

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Coeff	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	#REF!	Wilks Total	Age Coef x Wilks	Placing Div-WtCl	Pl- Div-WtCl	Tm Pts	Team	Events
Jannitzza Tapia	1994	F-JrA	54.1	56	1.2088	102.5	107.5	115	37.5	42.5	-47.5	102.5	110	-425	267.5	323.37	662.90	1-F-JrA		12	PUR	PL
Ladys M. Burgos	1989	F-JrA	68.6	75	1.0090	105	117.5	125	57.5	-65	-65	115	130	-142.5	312.5	315.30	646.36	2-F-JrA		9	PUR	PL
Milianny Santiago	1987	F-JrB	117.2	90+	0.8031	175	185	190	115	120	-425	160	175	180	490.0	393.50	806.68	1-F-JrB		12	PUR	PL
Joan Baez	1986	F-JrB	79.4	82.5	0.9189	-445	145	-160	-80	80	-87.5	125	135	-142.5	360.0	330.80	678.13	2-F-JrB		9	PUR	PL
Paula Smith	1966	F-M	137.5	90+	0.7802	160	167.5	172.5	87.5	97.5	105	160	172.5	177.5	455.0	354.99	727.74	1-F-M		12	USVI	PL
Carolyn Phillips	1948	F-M	80.5	82.5	0.9119	85	95	100	42.5	47.5	-50	105	112.5	-420	260.0	237.08	486.02	2-F-M		9	USA	PL
Roslyn MacMillam	1966	F-M	73.4	75	0.9638	85	-90	-90	-47.5	-47.5	-47.5										BVI	PL
Tashira Camacho	1984	F-O	49.6	52	1.2925	55	60	80	50	60	-65	105	115	120	260.0	336.04	688.88	1-F-O-52		12	PUR	PL
Jannitzza Tapia	1994	F-O	54.1	56	1.2088	102.5	107.5	115	37.5	42.5	-47.5	102.5	110	-425	267.5	323.37	662.90	1-F-O-56		12	PUR	PL
Silvia Torres	1972	F-O	56.9	60	1.1620	107.5	112.5	120	37.5	-47.5	-47.5	102.5	110	120	277.5	322.45	661.03	1-F-O-60		12	PUR	PL
Ladys M. Burgos	1989	F-O	68.6	75	1.0090	105	117.5	125	57.5	-65	-65	115	130	-142.5	312.5	315.30	646.36	1-F-O-75		12	PUR	PL
Roslyn MacMillam	1966	F-O	73.4	75	0.9638	85	-90	-90	-47.5	-47.5	-47.5										BVI	PL
Joan Baez	1986	F-O	79.4	82.5	0.9189	-445	145	-160	-80	80	-87.5	125	135	-142.5	360.0	330.80	678.13	1-F-O-82.5		12	PUR	PL
Carolyn Phillips	1948	F-O	80.5	82.5	0.9119	85	95	100	42.5	47.5	-50	105	112.5	-420	260.0	237.08	486.02	2-F-O-82.5		9	USA	PL
Milianny Santiago	1987	F-O	117.2	90+	0.8031	175	185	190	115	120	-425	160	175	180	490.0	393.50	806.68	1-F-O-90+		12	PUR	PL
Paula Smith	1966	F-O	137.5	90+	0.7802	160	167.5	172.5	87.5	97.5	105	160	172.5	177.5	455.0	354.99	727.74	2-F-O-90+		9	USVI	PL
Juanita Grant	1971	F-O	103.4	90+	0.8249	-87.5	92.5	100	47.5	52.5	60	117.5	130	137.5	297.5	245.42	503.11	3-F-O-90+		8	USVI	PL

Chief Referee

Side Referee

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Name	Age	Div	BWt (Lb)	WtCls (Lb)	Coef	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	#REF!	Wilks Total	Age Coef x Wilks	Placing Div-WtCl	Pl- Div-WtCl	Tm Pts	Team	Events
Ramon Burgos	1987	M-Jr	89.5	90	0.6402	270	287.5	295	145	157.5	162.5	275	275	300	757.5	484.96	994.17	1-M-Jr		12	PUR	PL
Jesus Ocasio	1987	M-Jr	58.9	60	0.8675	142.5	170	175	92.5	102.5	110	140	165	172.5	452.5	392.56	804.75	2-M-Jr		9	PUR	PL
Alex Gaskin	1994	M-Jr	78.3	82.5	0.6922	160	172.5	187.5	82.5	90	92.5	165	175	182.5	460.0	318.40	652.72	3-M-Jr		8	USVI	PL
Erik Rassmussen	1962	M-M1A	87.4	90	0.6483	265	280	290	165	175	180	150	175	225	685.0	444.07	910.34	1-M-M1A		12	DEN	PL
Alexis Morell	1964	M-M1A	50.1	56	1.0210	105	115	142.5	75	75	85	120	137.5	152.5	380.0	387.96	795.32	2-M-M1A		9	PUR	PL
Jonathan Joseph	1963	M-M1A	65.5	67.5	0.7901	105	115	127.5	82.5	87.5	90	147.5	157.5	170	387.5	306.18	627.67	3-M-M1A		8	USVI	PL
John Edwards	1967	M-M1B	117.1	125	0.5783	310	327.5	337.5	215	230	230	285	295	295	837.5	484.35	992.92	1-M-M1B		12	GUY	PL
Raymond Victorine	1969	M-M1B	108.9	110	0.5903	260	272.5	280	165	172.5	172.5	262.5	272.5	282.5	720.0	425.04	871.34	2-M-M1B		9	USVI	PL
Randall Hartman	1964	M-M1B	95.4	100	0.6209	160	172.5	182.5	100	105	110	182.5	200	215	502.5	311.98	639.56	3-M-M1B		8	USVI	PL
Cruz Rodriguez	1959	M-M2	65.9	67.5	0.7862	185	200	205	115	120	130	172.5	182.5	182.5	502.5	395.05	809.86	1-M-M2		12	PUR	PL
Jose Ocasio	1955	M-M2	101.7	110	0.6046	227.5	250	250	155	160	165	227.5	Pass	Pass	620.0	374.85	768.43	2-M-M2		9	PUR	PL
Jim Klostergaard	1948	M-M2	82.3	82.5	0.6709	165	185	Pass	173	180	Pass	150	200	222.5	538.0	360.94	739.92	3-M-M2		8	USA	PL
Alexis Morell	1964	M-O	50.1	56	1.0210	105	115	142.5	75	75	85	120	137.5	152.5	380.0	387.96	795.32	1-M-O-56		12	PUR	PL
Jesus Ocasio	1987	M-O	58.9	60	0.8675	142.5	170	175	92.5	102.5	110	140	165	172.5	452.5	392.56	804.75	1-M-O-60		12	PUR	PL
Cruz Rodriguez	1959	M-O	65.9	67.5	0.7862	185	200	205	115	120	130	172.5	182.5	182.5	502.5	395.05	809.86	1-M-O-67.5		12	PUR	PL
Jonathan Joseph	1963	M-O	65.5	67.5	0.7901	105	115	127.5	82.5	87.5	90	147.5	157.5	170	387.5	306.18	627.67	2-M-O-67.5		9	USVI	PL

Chief Referee

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Vasant Saith	1982	M-O	73.4	75	0.7235	210	217.5	222.5	130	137.5	-140	215	225	230	590.0	426.87	875.08	1-M-O-75		12	TRI	PL
Eddie Perez	1974	M-O	73.4	75	0.7235	182.5	200	212.5	122.5	130	-137.5	205	220	-250	562.5	406.97	834.29	2-M-O-75		9	PUR	PL
Giovani Herbert	1983	M-O	74.6	75	0.7152	-142.5	-142.5	142.5	110	122.5	-142.5	182.5	190	200	465.0	332.58	681.79	3-M-O-75		8	BVI	PL
Mervyn Tremor Moses	1976	M-O	73	75	0.7264	-275	275	290	-140	-165	-165										GUY	PL
Randolph Morgan	1978	M-O	79.8	82.5	0.6838	265	275	285	170	182.5	190	275	282.5	285	760.0	519.67	1065.33	1-M-O-82.5		12	GUY	PL
Jim Klostergaard	1948	M-O	82.3	82.5	0.6709	165	-185	Pass	173	-180	Pass	150	200	-222.5	538.0	360.94	739.92	2-M-O-82.5		9	USA	PL
Alex Gaskin	1994	M-O	78.3	82.5	0.6922	160	172.5	187.5	82.5	90	-92.5	165	175	182.5	460.0	318.40	652.72	3-M-O-82.5		8	USVI	PL
Ramon Burgos	1987	M-O	89.5	90	0.6402	270	287.5	295	145	157.5	162.5	-275	275	300	757.5	484.96	994.17	1-M-O-90		12	PUR	PL
Erik Rassmussen	1962	M-O	87.4	90	0.6483	265	280	-290	165	175	180	150	175	225	685.0	444.07	910.34	2-M-O-90		9	DEN	PL
Omotosho Yearwood	1977	M-O	84.2	90	0.6619	165	185	195	132.5	137.5	142.5	175	190	200	537.5	355.78	729.35	3-M-O-90		8	BVI	PL
Danley Anderson	1980	M-O	88.4	90	0.6444	125	130	-142.5	-130	130	137.5	142.5	-185	185	452.5	291.57	597.72	4-M-O-90		7	BVI	PL
Ricardo Garcia	1985	M-O	93.2	100	0.6276	265	282.5	292.5	-170	170	-185	260	272.5	-290	735.0	461.25	945.56	1-M-O-100		12	PUR	PL
Tony McInerney	1972	M-O	91.2	100	0.6342	217.5	227.5	240	120	125	132.5	-227.5	230	245	617.5	391.60	802.78	2-M-O-100		9	CAY	PL
Sydney James	1971	M-O	92	100	0.6315	182.5	205	227.5	135	142.5	-147.5	182.5	205	232.5	602.5	380.45	779.93	3-M-O-100		8	BVI	PL
Kentrey McFerlane	1974	M-O	93.6	100	0.6263	142.5	175	192.5	120	-125	-125	182.5	225	-270	537.5	336.63	690.09	4-M-O-100		7	BVI	PL
Matthew Cockburn	1975	M-O	96.6	100	0.6174	-142.5	-142.5	142.5	102.5	122.5	-127.5	227.5	240	242.5	507.5	313.35	642.37	5-M-O-100		6	BVI	PL
Randall Hartman	1964	M-O	95.4	100	0.6209	160	172.5	182.5	100	105	-110	182.5	200	215	502.5	311.98	639.56	6-M-O-100		5	USVI	PL
Raymond Victorine	1969	M-O	108.9	110	0.5903	260	272.5	-280	165	-172.5	-172.5	262.5	272.5	282.5	720.0	425.04	871.34	1-M-O-110		12	USVI	PL
Jose Ocasio	1955	M-O	101.7	110	0.6046	227.5	-250	-250	155	160	165	227.5	Pass	Pass	620.0	374.85	768.43	2-M-O-110		9	PUR	PL

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John Edwards	1967	M-O	117.1	125	0.5783	310	327.5	337.5	215	230	230	285	295	295	837.5	484.35	992.92	1-M-O-125	12	GUY	PL	
Shevron Reeve	1979	M-O	115.4	125	0.5805	165	185	210	152.5	162.5	180	185	227.5	227.5	600.0	348.31	714.03	2-M-O-125	9	BVI	PL	
William Schouten	1975	M-O	136.2	125+	0.5612	320	342.5	365	205	215	220	275	295	317.5	875.0	491.03	1006.61	1-M-O-125+	12	USVI	PL	
Mette Jensen	1985	F-O	56.5	60	1.1684				55	55	55										DEN	
Elroy Fergus	1984	M-OA	66.6	67.5	0.7794				110	115	120				115.0	89.63	183.75	1-M-OA	12	BVI		
Evan Black	1968	M-OA	66.3	67.5	0.7823				95	105	110				110.0	86.05	176.40	2-M-OA	9	USA		
Thomas Brutvan	1982	M-OA	72.6	75	0.7293				102.5	110	117.5				117.5	85.69	175.66	3-M-OA	8	USVI		
Nigel Dennis	1974	M-OA	79.3	82.5	0.6865				102.5	110	115				110.0	75.52	154.81	4-M-OA	7	BVI		
Cliff Williams	1973	M-OB	113.8	125	0.5827				175	175	180				175.0	101.97	209.05	1-M-OB	12	BVI		
Kyron Vanterpool	1988	M-OB	78.2	82.5	0.6927				110	115	122.5				122.5	84.86	173.97	2-M-OB	9	BVI		
Clifford Tallman	1943	M-OB	108	110	0.5919				220	220	220										USA	
Chris Calvano	1969	M-OB	111.9	125	0.5855				257.5	257.5	257.5										USA	

Best Lifter Powerlifting		Wilks
Female Open	Milianny Santiago	393.5
Female Junior	Milianny Santiago	393.5
Female Master	Paula Smith	354.99
Male Open	Randolph Morgan	519.67

Team Results					
Female			Male		
POS	Team	Pts	Pos	Team	Pts
1	Puerto Rico	72.0	1	Puerto Rico	69
2	US Virgin Islands	17.0	2	British Virgin Islands	47

Chief Referee

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Male Juniors		Ramon Burgos				484.96										3		US Virgin Islands				46
Male Master		John Edwards				484.35										4		Guyana				24
Best Lifter Bench Press																5		Trinidad and Tobago				12
Male		Cliff Williams				101.97										6		United States of America				9
																6		Cayman Islands				9
																6		Denmark				9

Chief Referee

Side Referee

Side Referee
