4th IPF / NAPF NORTH AMERICAN REGIONAL BENCH PRESS CHAMPIONSHIPS
COPACABANA RESORT HOTEL -- ACAPULCO, MEXICO
Saturday, October 10, 2009

						BENCHPRESS							
WT.	BDW.	NAME	YOB	FEDERATION	DIVISION	1.	2.	3.	BEST	TOTAL	WILKS	PL.	COEFF
		Women											
52.00	51.1	Jessica Reves Rico	1983	Mexico	Open	-70.0	70.0	-75.0	70.0	70.0	88.445	1.0	1.3
56.00	54.1	Beatriz Vazquez	1986	Mexico	Open	-70.0	-70.0	70.0	70.0	70.0	84.616	1.0	1.2
60.00	59.8	Amalia Perez	1980	Mexico	Open	120.0	130.0	-137.5	130.0	130.0	145.314	1.0	1.1
60.00	57.8	Dora Puente	1957	Mexico	Open	55.0	60.0	65.0	65.0	65.0	74.607	2.0	1.1
67.50	63.6	Maria Del Socorro Perez	1964	Mexico	Open	80.0	85.0	95.0	95.0	95.0	101.299	1.0	1.1
82.50	80.6	Aleiandro Matus	1977	Mexico	Open	70.0	80.0	-90.0	80.0	80.0	72.896	1.0	0.9
56.00	54.2	Beatriz Vazquez	1986	Mexico	Junior	-70.0	-70.0	70.0	70.0	70.0	84.616	1.0	1.2
67.50	63.6	Maria Del Socorro Perez	1960	Mexico	Master I	80.0	85.0	95.0	95.0	95.0	101.299	1.0	1.1
60.00	57.8	Dora Puente	1957	Mexico	Master II	55.0	60.0	65.0	65.0	65.0	74.607	1.0	1.1
		Men											
56.00	54.9	Juan Manuel Carrizales	1983	Mexico	Open	70.0	75.0	82.5	82.5	82.5	76.585	1.0	0.9
60.00	58.5	Anton Kraft	1962	Denmark	Open	210.0	-212.5	215.0	215.0	215.0	187.717	1.0	0.9
67.50	62.5	Wilhelm Guido	1974	Mexico	Open	130.0	135.0	-140.0	135.0	135.0	111.011	1.0	0.8
67.50	65.8	Oscar Meija	1964	Mexico	Open	115.0	120.0	-130.0	120.0	120.0	94.464	2.0	0.8
67.50	65.8	Ricardo Melgoza	1978	Mexico	Open	97.5	102.5	-110.0	102.5	102.5	80.688	3.0	0.8
75.00	71.8	Isaac Krauss	1963	Mexico	Open	107.5	-110.0	-110.0	107.5	107.5	79.034	1.0	0.7
82.50	82.4	Danny Thurman	1968	United States of America	Open	240.0	-265.5	-265.5	240.0	240.0	160.896	1.0	0.7
82.50	81.0	Jesus Vasquez	1984	Mexico	Open	120.0	130.0	135.0	135.0	135.0	91.449	2.0	0.7
82.50	76.5	Ricardo Vicenteno	1983	Mexico	Open	100.0	120.0	130.0	130.0	130.0	91.377	3.0	0.7
90.00	89.9	Dennis Cieri	1968	United States of America	Open	272.5	-295.5	-295.5	272.5	272.5	174.073	1.0	0.6
90.00	85.3	Manuel Lucero	1975	Mexico	Open	150.0	160.0	-167.5	160.0	160.0	105.120	2.0	0.7
90.00	84.2	Claudio Lora	1953	United States of America	Open	-140.0	145.0	150.0	150.0	150.0	99.285	3.0	0.7
90.00	88.3	Anibal Olvera	1975	Mexico	Open	135.0	140.0	-150.0	140.0	140.0	90.258	4.0	0.6
90.00	88.8	Jose Luis Aguilar	1982	Mexico	Open	120.0	-160.0	-160.0	120.0	120.0	77.136	5.0	0.6
100.00	99.3	Tim Anderson	1972	United States of America	Open	-275.0	275.0	-295.0	275.0	275.0	167.833	1.0	0.6
100.00	97.1	Manuel Pantioa	1984	Mexico	Open	175.0	180.0	182.5	182.5	182.5	112.438	2.0	0.6
100.00	99.1	Enrique Rodriguez	1973	Mexico	Open	175.0	-187.5	-190.0	175.0	175.0	106.890	3.0	0.6
100.00	98.1	Isaac Torres	1952	Mexico	Open	130.0	132.5	135.0	135.0	135.0	82.809	4.0	0.6
100.00	98.9	Carlos Aguilar	1991	Mexico	Open	-180.0	-180.0	-190.0	0.0	0.0	0.000		
110.00	100.3	Clint Poore	1973	United States of America	Open	190.0	232.5	-242.5	232.5	232.5	141.337	1.0	0.6
110.00	105.9	Idelfonso Pardo	1973	Mexico	Open	207.5	215.0	220.0	220.0	220.0	131.076	2.0	0.6
110.00	106.9	Juan Salazar	1983	Mexico	Open	-195.0	195.0	200.0	200.0	200.0	118.780	3.0	0.6
110.00	108.7	Marcos Poras	1982	Mexico	Open	195.0	-210.0	-210.0	195.0	195.0	115.187	4.0	0.6
125.00	111.4	Chris Calvano	1969	United States of America	Open	-242.5	242.5	-250.0	242.5	242.5	142.178	1.0	0.6
125.00	121.2	Ruben Hernandez	1969	Mexico	Open	170.0	180.0	-190.0	180.0	180.0	103.248	2.0	0.6
125.00+	125.1	Hugo Velasquez	1959	Costa Rica	Open	170.0	185.0	200.0	200.0	200.0	113.960	1.0	0.6
125.00+	127.9	Carlos Saenz	1985	Mexico	Open	122.5	127.5	130.0	130.0	130.0	73.749	2.0	0.6
100.00	98.9	Carlos Aguilar	1991	Mexico	Sub-Junior	-180.0	-180.0	-190.0	0.0	0.0	0.000		
60.00	58.5	Anton Kraft	1962	Denmark	Master I	210.0	-212.5	215.0	215.0	215.0	187.717	1.0	0.9
67.50	65.8	Oscar Meija	1964	Mexico	Master I	115.0	120.0	-130.0	120.0	120.0	94.464	1.0	0.8
75.00	71.8	Isaac Krauss	1963	Mexico	Master I	107.5	-110.0	-110.0	107.5	107.5	79.034	1.0	0.7
82.50	82.4	Danny Thurman	1968	United States of America	Master I	240.0	-265.5	-265.5	240.0	240.0	160.896	1.0	0.7
90.00	89.9	Dennis Cieri	1968	United States of America	Master I	272.5	-295.5	-295.5	272.5	272.5	174.073	1.0	0.6
125.00	111.4	Chris Calvano	1969	United States of America	Master I	-242.5	242.5	-250.0	242.5	242.5	142.178	1.0	0.6
125.00	121.2	Ruben Hernandez	1969	Mexico	Master I	170.0	180.0	-190.0	180.0	180.0	103.248	2.0	0.6
90.00	84.2	Claudio Lora	1953	United States of America	Master II	-140.0	145.0	150.0	150.0	150.0	99.285	1.0	0.7
100.00	98.1	Isaac Torres	1952	Mexico	Master II	130.0	132.5	135.0	135.0	135.0	82.809	1.0	0.6
125.00+	125.1	Hugo Velasquez	1959	Costa Rica	Master II	170.0	185.0	200.0	200.0	200.0	113.960	1.0	0.6
		Paralympians											
56.00	59.8	Amalia Perez	1980	Mexico	Open	120.0	130.0	-137.5	130.0	130.0	145.314	1.0	1.1
82.50	81.00	Jesus Vasquez	1974	Mexico	Open	120.0	130.0	135.0	135.0	135.0	91.449	1.0	0.7
		OUT											
		Eduardo Alfaro	1976	Mexico	Open								
		Rodrigo Hovis	1973	Mexico	Open								
		David Martinez	1986	Mexico	Open								
		Gabriela Moreno	1963	Mexico	Open								
		Vladimir Sarinana	1980	Mexico	Open								
		Danley Anderson	1980	British Virgin Islands	Open								
		Cliff Williams	1971	British Virgin Islands	Open								
		Shevon Reefe	1979	British Virgin Islands	Open								