

1st Central American Regional Bench Press Championship

Cartago, Costa Rica / September 26 - 27 2008

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Coeff	Bench 1	Bench 2	Bench 3	Best Bench	Wilks Total	Placing PI-Div-WtCl	Tm Pts	Team
Victoria Garcia	1964	F-OCA1	65.5	67.5	1.0432	45	92.5	97.5	92.5	96.49	1-F-OCA1	12	GUA
Irena Jimenez	1968	F-OCA1	65.5	67.5	1.0432	45	55	60	60	62.59	2-F-OCA1	9	CRC
Zelmira Sandi	1985	F-OCA1	67	67.5	1.0261	30	45	47.5	45	46.17	3-F-OCA1	8	CRC
Cecilia Vega	1980	F-OCA1	53.2	56	1.2248	25	35	37.5	35	42.87	4-F-OCA1	7	CRC
Maricruz Vargas	1965	F-OCA2	73.1	75	0.9663	50	55	60	55	53.15	1-F-OCA2	12	CRC
Mariana Cespedes	1986	F-OCA2	75.1	82.5	0.9498	30	35	40	40	37.99	2-F-OCA2	9	CRC
Maguena de Caballeros	1962	F-OCA3	75.9	82.5	0.9436	127.5	132.5	137.5	132.5	125.03	1-F-OCA3	12	GUA
Alejandra Rubi	1988	F-OCA3	73.5	75	0.9629	60	70	85	85	81.85	2-F-OCA3	9	CRC
Miriam Brenes	1972	F-OCA3	84.9	90	0.8871	35	35	35	35	31.05	3-F-OCA3	8	CRC
Victor Garcia	1977	M-OCA1	57	60	0.8949	105	110	125	125	111.86	1-M-OCA1	12	GUA
Jarwin Perez	1978	M-OCA1	63.2	67.5	0.8144	100	110	115	115	93.66	2-M-OCA1	9	CRC
Ricardo Alvarado	1992	M-OCA1	57.2	60	0.8919	75	80	87.5	87.5	78.04	3-M-OCA1	8	CRC
Edgar Masters	1970	M-OCA2	79.6	82.5	0.6849	200	202.5	202.5	200	136.97	1-M-OCA2	12	GUA
Fabio Hidalgo	1975	M-OCA2	73.6	75	0.7221	170	170	175	175	126.37	2-M-OCA2	9	CRC
Hector Samayoa	1984	M-OCA2	74.5	75	0.7159	175	185	185	175	125.28	3-M-OCA2	8	GUA
Felix Sanchez	1976	M-OCA2	81.4	82.5	0.6754	150	155	167.5	155	104.68	4-M-OCA2	7	CRC
Dennis Acuña	1981	M-OCA3	100	100	0.6086	170	185	215	215	130.85	1-M-OCA3	12	CRC
Leonel Villavicencio	1969	M-OCA3	86.4	90	0.6523	150	160	167.5	167.5	109.27	2-M-OCA3	9	CRC
Shaun McCourt	1979	M-OCA3	89.9	90	0.6388	190	190	190	0	0.00	#N/A	#N/A	CRC
Allan Santandrea	1985	M-OCA4	104.8	110	0.5980	205	215	225	215	128.56	1-M-OCA4	12	GUA
German Nuñez	1972	M-OCA4	103.3	110	0.6011	185	205	225	205	123.22	2-M-OCA4	9	CRC
Manuel Campos	1979	M-OCA4	117.6	125	0.5777	175	187.5	197.5	187.5	108.32	3-M-OCA4	8	CRC
Hugo Velasquez	1959	M-OCA4	125.8	125+	0.5691	175	185	193.5	185	105.29	4-M-OCA4	7	CRC

Female Best Lifter Maguena de Caballeros 125.03

Male Best Lifter Edgar Masters 136.97

Female Team 1 Costa Rica 55 points
 2 Guatemala 24 points

Male Team 1 Costa Rica 56 Points
 2 Guatemala 44 points