

## 2nd NAPF Caribbean Bench Press & Powerlifting Championships

Charlotte Amalie, St. Thomas, U.S. Virgin Islands / March 15, 2008

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Coeff	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	PL Total	Wilks Total	Age Coef x Wilks	Placing Div-WtCl	Pt	Tm Pts	Team	Events
Paula Smith	1966	F-M1	132	90+	0.7861	127.5	137.5	150	-79	70	72.5	132.5	150	160	382.5	300.70	616.43	1-F-M1	12	USVI		
Kristen Yukness	1976	F-O	55.6	56	1.1832	112.5	120	125	65	70	75	125	130	<del>132.5</del>	330.0	390.47	800.46	1-F-O	12	USA		
Paula Smith	1966	F-O	132	90+	0.7861	127.5	137.5	150	-79	70	72.5	132.5	150	160	382.5	300.70	616.43	2-F-O	9	USVI		
Kyle Williams	1991	M-Jr	53.8	56	0.9474	97.5	100	102.5	60	65	67.5	115	127.5	<del>137.5</del>	297.5	281.86	577.82	2-M-Jr	9	USVI		
Victelio Ortiz	1985	M-Jr	80.4	82.5	0.6806	142.5	162.5	172.5	137.5	<del>155</del>	<del>155</del>	195	207.5	<del>227.5</del>	517.5	352.19	721.99	1-M-Jr	12	PUR		
Jonathan Joseph	1963	M-M1	65.8	67.5	0.7872	90	102.5	110	-99	90	92.5	115	150	160	362.5	285.35	584.96	3-M-M1	8	USVI		
Erik Rassmussen	1962	M-M1	84	90	0.6628	260	<del>280</del>	<del>280</del>	-170	175	182.5	225	235	<del>240</del>	677.5	449.07	920.59	1-M-M1	12	Denmark		
Ramon Miranda	1967	M-M1	101.4	110	0.6053	237.5	262.5	<del>272.5</del>	180	185	-190	225	242.5	<del>265</del>	690.0	417.64	856.16	2-M-M1	9	PUR		
Jose Ocasio	1954	M-M2	98.4	100	0.6126	195	225	235	<del>117.5</del>	122.5	<del>147.5</del>	225	240	<del>252.5</del>	597.5	366.03	750.36	1-M-M2	12	PUR		
Mike Womelsdorf	1957	M-M2	94.8	100	0.6226	155	165	<del>177.5</del>	115	-125	125	145	160	170	460.0	286.41	587.13	2-M-M2	9	USA		
Ivan Cancel	1983	M-O	55.2	56	0.9233	187.5	200	211	117.5	125	-130	172.5	187.5	197.5	533.5	492.60	1009.83	1-M-O-56	12	PUR		
Kyle Williams	1991	M-O	53.8	56	0.9474	97.5	100	102.5	60	65	67.5	115	127.5	<del>137.5</del>	297.5	281.86	577.82	2-M-O-56	9	USVI		
Jonathan Joseph	1963	M-O	65.8	67.5	0.7872	90	102.5	110	-99	90	92.5	115	150	160	362.5	285.35	584.96	1-M-O-67.5	12	USVI		
Vasant Saith	1982	M-O	72.8	75	0.7278	177.5	185	195	112.5	127.5	<del>137.5</del>	205	215	<del>217.5</del>	537.5	391.19	801.95	1-M-O-75	12	TT		
Hector Garcia	1977	M-O	74	75	0.7193	-140	140	145	115	122.5	130	-200	200	<del>220</del>	475.0	341.67	700.43	2-M-O-75	9	PUR		
Luis Tapia	1970	M-O	81.6	82.5	0.6744	280	290	<del>300</del>	162.5	172.5	<del>182.5</del>	235	250	<del>255</del>	712.5	480.48	984.99	1-M-O-82.5	12	PUR		
Victelio Ortiz	1985	M-O	80.4	82.5	0.6806	142.5	162.5	172.5	137.5	<del>155</del>	<del>155</del>	195	207.5	<del>227.5</del>	517.5	352.19	721.99	2-M-O-82.5	9	PUR		
Dean Adam	1982	M-O	78.2	82.5	0.6927	115	125	137.5	67.5	72.5	82.5	142.5	-160	<del>160</del>	362.5	251.12	514.80	3-M-O-82.5	8	USVI		
Lawrence Johnson	1972	M-O	88.2	90	0.6451	<del>265</del>	265	272.5	<del>165</del>	165	170	285	295	<del>322.5</del>	737.5	475.78	975.35	1-M-O-90	12	Cayman Islands		
Erik Rassmussen	1962	M-O	84	90	0.6628	260	<del>280</del>	<del>280</del>	-170	175	182.5	225	235	<del>240</del>	677.5	449.07	920.59	2-M-O-90	9	Denmark		
Tony McInerney	1972	M-O	86.6	90	0.6515	-210	-210	210	117.5	120	125	227.5	235	245	580.0	377.88	774.66	3-M-O-90	8	Ireland		
Mark Johnson	1975	M-O	94.8	100	0.6226	265	275	277.5	192.5	200	Pass	<del>265</del>	265	<del>270</del>	742.5	462.30	947.71	1-M-O-100	12	TT		
Jose Ocasio	1954	M-O	98.4	100	0.6126	195	225	235	<del>117.5</del>	122.5	<del>147.5</del>	225	240	<del>252.5</del>	597.5	366.03	750.36	2-M-O-100	9	PUR		
Mike Womelsdorf	1957	M-O	94.8	100	0.6226	155	165	<del>177.5</del>	115	-125	125	145	160	170	460.0	286.41	587.13	3-M-O-100	8	USA		
Harold Millan	1973	M-O	109	110	0.5902	307.5	<del>325</del>	325	175	185	192.5	275	295	<del>320</del>	812.5	479.51	982.99	1-M-O-110	12	PUR		
Ramon Miranda	1967	M-O	101.4	110	0.6053	237.5	262.5	<del>272.5</del>	180	185	-190	225	242.5	<del>265</del>	690.0	417.64	856.16	2-M-O-110	9	PUR		

Chief Referee

Side Referee

Side Referee

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Enius Pickering	1969	M-O	101.4	110	0.6053	217.5	227.5	-245	160	170	175	265	272.5	-280	675.0	408.56	837.55	3-M-O-110	8	British VI		
Bryce Kujat	1980	M-O	100.8	110	0.6067	<del>180</del>	180	200	135	-445	-447.5	200	227.5	237.5	572.5	347.32	712.01	4-M-O-110	7	USVI		
Raymond Victorine	1969	M-O	110.4	125	0.5878	260	272.5	275	165	170	-475	265	272.5	-280	717.5	421.78	864.64	1-M-O-125	12	USVI		
William Schouten	1975	M-O	135.8	125+	0.5614	<del>297.5</del>	297.5	305	170	177.5	190	<del>272.5</del>	272.5	-290	767.5	430.90	883.35	1-M-O-125+	12	USVI		
<b>Bench Press</b>																						
Mette Jensen	1985	F-O	54.2	56	1.2071				72.5	<del>77.5</del>	77.5										Denmark	
Dennis Cieri	1968	M-M1	89.8	90	0.6391				-294	-294	-307.5										USA	
Jim Klostegard	1948	M-M3	82.2	82.5	0.6714				175	<del>182.5</del>	-182.5										USA	
Jim Klostegard	1948	M-O	82.2	82.5	0.6714				175	<del>182.5</del>	-182.5										USA	
Dennis Cieri	1968	M-O	89.8	90	0.6391				-294	-294	-307.5										USA	
Chris Calvano	1969	M-O	108	110	0.5919				-255	-255	-255										USA	
<b>Team Scores:</b>		Pts																				
Puerto Rico	63	12 + 12 + 12 + 9 + 9 + 9																				
USVI	60	12 + 12 + 12 + 9 + 8 + 7																				
Trinidad & Tobago	24	12 + 12																				
Cayman Islands	12	12																				
Denmark	9	9																				
British Virgin Islands	8	8																				
Ireland	8	8																				
United States of America	8	8																				
<b>Best Female Powerlifter</b>																						
Kristen Yukeness [USA]																						
<b>Best male Powerlifter</b>																						
Ivan Cancel [PUR]																						
<b>Best Female BP</b>																						
Mette Jensen [Den]																						

Chief Referee

Side Referee

Side Referee

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<b>Best Male BP</b>																						
Jim Klostergaard [USA]																						

Chief Referee

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Side Referee

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Side Referee

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