



1st NAPF/IPF Caribbean Islands Powerlifting Championships

NAPF

Oranjestad, Aruba [Dutch West Indies] -- Saturday, April 28, 2007

NR	WT.	BDW.	NAME	YOB	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.
						1.	2.	3.	1.	2.	3.		1.	2.	3.			
1			Women															
2	75.00	70.95	Ahna Graham	1971	Virgin Islands	87.5	97.5	102.5	57.5	-60.0	60.0	162.5	115.0	125.0	137.5	300.0	295.6	1.0
3	90.00	87.65	Valerie Figaroa	1979	Aruba	70.0	80.0	85.0	35.0	40.0	-45.0	125.0	80.0	95.0	105.0	230.0	201.0	1.0
4																		
5			Men															
6	75.00	71.45	Vasant Saith	1982	Trinidad & Tobago	170.0	180.0	190.0	105.0	112.5	120.0	310.0	185.0	197.5	207.5	517.5	381.7	1.0
7	75.00	74.60	Remi Weaver	1970	Aruba	180.0	-200.0	200.0	-97.5	97.5	100.0	300.0	180.0	-190.0	200.0	500.0	357.6	2.0
8	75.00	74.15	Hugo Themen	1957	Aruba	130.0	140.0	160.0	80.0	95.0	-105.0	255.0	130.0	160.0	170.0	425.0	305.1	3.0
9																		
10	82.50	80.85	Erik Rasmussen	1962	Denmark	200.0	225.0	-235.0	165.0	-175.0	-175.0	390.0	200.0	-220.0	-220.0	590.0	400.0	1.0
11	82.50		Archibald Dick	1990	Aruba													
12																		
13	90.00	83.40	Tony McInerney	1972	Cayman Islands	180.0	200.0	205.0	102.5	110.0	120.0	325.0	232.5	-242.5	242.5	567.5	377.7	1.0
14	90.00		William Woodley	1963	Aruba													
15																		
16	100.00	91.30	Lawrence Johnson	1972	Cayman Islands	-260.0	260.0	275.0	165.0	-172.5	172.5	447.5	260.0	-275.0	275.0	722.5	457.9	1.0
17	100.00	100.00	Patrick Vrolijk	1979	Aruba	100.0	185.0	190.0	80.0	90.0	-95.0	280.0	180.0	215.0	225.0	505.0	307.3	2.0
18	100.00	97.05	Arthur Comenencia	1978	Aruba	130.0	-140.0	-140.0	110.0	120.0	130.0	260.0	140.0	150.0	170.0	430.0	264.9	3.0
19																		
20	110.00	107.9	Herve Ruiz	1977	Aruba	200.0	230.0	-250.0	110.0	115.0	-120.0	345.0	220.0	235.0	240.0	585.0	346.4	1.0
21	110.00	109.9	Jose Veeris	1970	Aruba	120.0	-160.0	-160.0	100.0	120.0	-140.0	240.0	150.0	175.0	190.0	430.0	253.1	2.0
22	110.00		Abdel Kelly	1966	Aruba													
23	110.00		Edsel Vos	1967	Aruba													
24	110.00		Junior Farro	1978	Aruba													
25	110.00		Egbert Berdon	1977	Aruba													
26																		
27	125.00	114.2	Raymond Victorine	1969	Virgin Islands	-265.0	265.0	275.0	170.0	175.0	-182.5	450.0	260.0	275.0	280.0	730.0	424.9	1.0
28	125.00	117.2	Jermaine Solognier	1985	Aruba	100.0	120.0	140.0	130.0	140.0	-150.0	280.0	180.0	190.0	210.0	490.0	283.3	2.0
29	125.00	124.5	Sendy Farro	1978	Aruba	120.0	130.0	145.0	140.0	155.0	-170.0	300.0	180.0	190.0	-205.0	490.0	279.4	3.0
30	125.00	121.5	Leonardo Hernandez	1990	Aruba [R]	100.0	130.0	-140.0	100.0	130.0	-150.0	260.0	125.0	150.0	175.0	435.0	249.4	4.0
31	125.00	117.2	Anthony Martinus	1967	Aruba [R]	110.0	120.0	140.0	75.0	85.0	90.0	230.0	-130.0	135.0	170.0	400.0	231.3	5.0
32																		
33	125+	168.0	Johan Farro	1981	Aruba	-180.0	195.0	-210.0	-140.0	140.0	-155.0	335.0	250.0	265.0	282.5	617.5	336.0	1.0
34	125+	130.8	Arlan Mendez	1985	Cayman Islands	150.0	170.0	185.0	100.0	-130.0	-130.0	285.0	170.0	210.0	220.0	505.0	285.3	2.0
35	125+		John Henriquez	1979	Aruba													
36																		
37			Junior [Determined By Wilks Formula]															
38	125+	130.8	Arlan Mendez	1985	Cayman Islands	150.0	170.0	185.0	100.0	-130.0	-130.0	285.0	170.0	210.0	220.0	505.0	285.3	1.0
39	125.00	117.2	Jermaine Solognier	1985	Aruba	100.0	120.0	140.0	130.0	140.0	-150.0	280.0	180.0	190.0	210.0	490.0	283.3	2.0
40	125.00	121.5	Leonardo Hernandez	1990	Aruba	100.0	130.0	-145.0	100.0	130.0	-150.0	260.0	125.0	150.0	175.0	435.0	249.4	3.0
43																		
44			Master [Determined By Wilks Formula]															
45	82.50	80.85	Erik Rasmussen	1962	Denmark	200.0	225.0	-235.0	165.0	-175.0	-175.0	390.0	200.0	-220.0	-220.0	590.0	400.0	1.0
45	75.00	74.15	Hugo Themen	1957	Aruba	130.0	140.0	160.0	80.0	95.0	-105.0	255.0	130.0	160.0	170.0	425.0	305.1	2.0
41	125.00	117.2	Anthony Martinus	1967	Aruba	110.0	120.0	140.0	75.0	85.0	90.0	230.0	-130.0	135.0	170.0	400.0	231.3	3.0
42	90.00		William Woodley	1963	Aruba													
48																		
49																		
50																		

HEADREFEREE
NAME:

LEFT-REFEREE
NAME:

RIGHT-REFEREE
NAME: