FEDERACIÓN NICARAGÜENSE DE FÍSICO CULTURISMO
HOJA OFICIAL DE COMPETENCIA

CAMPEONATO CENTROAMERICANO DE POWERLIFTING 2007 (MARLON ZELAYA IN MEMORIAN)

						BENCH PRESS				SENTADILLAS				PESO MUERTO						
NOMBRE	APELLIDOS	EDAD	CAT.	PESO	GIMNASIO	1ER	2DO	3ER	4TO	1ER	2DO	3ER	4TO	1ER	2DO	3ER	4TO	TOTAL	PUNTOS	LUGAR
ALEJANDRO	GUERRERO	19	48	46.8	N-B	50	60	65	(65)	80	90	95	(95)	100	115	~~127~~	(115)	275	III	
SERGIO	TORUÑO	30		46.4	N-A	60	65	~~70~~	(65)	90	95	100	(100)	100	110	~~115~~	(110)	275	II	
ALBERTO	MENBREÑO	19		45.00	UNAM. A	50	60	70	(70)	90	100	110	(110)	100	110	115	(115)	295	I	6.55
FRANKLIN	ROSAS	22	52	49.3	N-A	65	75	80	(80)	110	120	125	(125)	140	152.5	155	(152.5)	357.50	I	7.24
ISAAC	SALINAS	19A	56	54.50	N-A.	90	95	100	(100)	130	135	140	(140)	150	160	165	(165)	405	I	7.43
EFRAIN	SEQUEIRA	24	56	54.00	N-B	90	95	100	(95)	~~125~~	~~125~~	125	(125)	165	~~175~~	~~175~~	(165)	385	II	
WILLIAM	CHAVARRIA	20		54.00	UNAM	65	70	~~80~~	(70)	110	125	~~130~~	(125)	110	125	—	(125)	320	III	
JAIME	GONZALES	23	67.5	64.20	UNAM	85	~~90~~	90	(90)	155	~~160~~	165	(155)	190	~~190~~	~~190~~	(180)	425	II	
SOZZER	PEREZ	17		67.5	UNAM	~~90~~	~~85~~	85	(85)	100	110	120	(120)	120	130	140	(140)	345	IV	
GERARDO	SOLIZ	26		64.5	C.R	80	85	90	(90)	155	160	170	(170)	170	180	~~185~~	(180)	440	I	6.82
SAÚL	AZUCENA	19		66.00	U.E.S	70	80	~~90~~	(80)	100	~~120~~	120	(120)	140	150	160	(160)	360	III	

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						BENCH PRESS				SENTADILLAS				PESO MUERTO						
NOMBRE	APELLIDOS	EDAD	CAT.	PESO	GIMNASIO	1ER	2DO	3ER	4TO	1ER	2DO	3ER	4TO	1ER	2DO	3ER	4TO	TOTAL	PUNTOS	LUGAR
ELMER	LOPEZ	21	75	69.5	UNAM	70	75	~~80~~	(75)	~~100~~	110	~~125~~	(110)	120	135	140	(140)	325	II	
GUSTAVO	CASTRO	30		70.2	N-A	110	117.5	~~122.5~~	(117.5)	175	180	X	(180)	~~200~~	205	—	(205)	502	I	7.15
JUAN	MALDONADO	26		~~72.00~~	U.E.S	~~100~~	~~145~~	115	115	160	165	175	(175)	~~195~~	205	212	(212)	502	II	
CARLOS	CASTRO	33		73.2	U.E.S	85	95	~~100~~	(95)	130	140	~~150~~	(140)	~~185~~	195	~~205~~	(195)	430	V	
ENRRIQUES	ROMEROS	21		73.15	U.E.S	100	115	125	(115)	135	160	165	(165)	175	200	210	(210)	490	III	
JOHANY	RAMIREZ	18		75.10	N-B	100	110	120	(120)	140	155	~~165~~	(155)	190	210	~~225~~	(210)	485	IV	
JOVANY																				
MOISES	MENDOZA	26	80	78.8	N-A	125	135	~~140~~	(135)	180	~~190~~	190	(190)	200	220	220	(220)	545	I	6.91
DAVID	TORREZ	26	90	~~89.05~~	N-A	120	130	135	(135)	190	~~205~~	~~205~~	(190)	220	230	240	(240)	565	II	
MANUEL	VANEGAS	23		90.00	UNAM	~~110~~	~~120~~	125	(125)	140	155	~~170~~	(155)	~~150~~	160	160	(160)	440	IV	
GUILLERMO	ESTRADA	28		86.6	U.E.S	~~80~~	90	100	(100)	150	~~160~~	170	(170)	~~180~~	195	205	(195)	465	III	
LESTER	CUADRA	26		88.1	N-A	140	150	160	(160)	180	200	210	(210)	220	230	240	(230)	600	I	6.71

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						BENCH PRESS				SENTADILLAS				PESO MUERTO						
NOMBRE	APELLIDOS	EDAD	CAT.	PESO	GIMNASIO	1ER	2DO	3ER	4TO	1ER	2DO	3ER	4TO	1ER	2DO	3ER	4TO	TOTAL	PUNTOS	LUGAR
BISMARK	SANDOVAL	17	60	59.2	UNAM	60	~~65~~	~~70~~	60	110	120	125	125	130	~~145~~	~~150~~	130	315	II	
SAMUEL	BARQUERO	20		58.6	UNAM	55	60	65	65	~~85~~	90	95	95	100	110	125	125	280	IV	
DAVID	ALFARO	25		60,[illegible]	SALVADOR	60	65	~~75~~	65	100	110	~~120~~	110	120	135	140	140	315	III	
JOSE	GUERRERO	16		57.20	N-A	80	90	~~95~~	90	100	110	120	120	140	160	—	160	370	I	6.46
HECTOR	GARCIA	18	100	90.7	UES	115	~~125~~	125	125	~~140~~	150	~~160~~	150	150	160	170	170	445	I	4.90
MANUEL	CAMPOS	26	110	107.6	C.R.	~~130~~	130	~~150~~	130	250	270	X	270	230	250	270	[illegible]	690	I	6.41