

**10th IPF Pan-American Powerlifting Championships
November 9-13, 2005 -- Miami, Florida
Women's Results**

Name	TEAM	Birth Year	Body Wt	Wt cls	Coeff	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Dead lift 1	Dead lift 2	Dead lift 3	Best Dead lift	Total	PanAm-PI-WtCl	Wilks Total	Pan Am Tm Pts
Erin Dickey	USA	1984	43.7	44	1.4145	105	117.5	125	125	62.5	67.5	70	70	195	110	122.5	130	130	325	1-44	459.71	12
Barb Sieps	USA	1966	43.5	44	1.4188	115	125	127.5	127.5	57.5	57.5	62.5	62.5	190	127.5	132.5	132.5	132.5	322.5	2-44	457.55	9
Gladys Serrano	PUR	1984	41.1	44	1.4702	75	75	95	75	42.5	55	62.5	55	130	80	100	110	100	230	3-44	338.15	8
Vilma Ochoa	ECU	1980	48	48	1.3244	150	155	155	150	67.5	67.5	70	70	220	150	150	160	160	380	1-48	503.28	12
Jonna Ocampo	USA	1969	47.6	48	1.3326	110	110	122.5	110	62.5	67.5	67.5	62.5	172.5	125	125	130	125	297.5	2-48	396.44	9
Roximar Vasquez	PUR	1988	46.1	48	1.3636	85	85	95	95	32.5	37.5	42.5	37.5	132.5	100	100	107.5	107.5	240	3-48	327.27	8
Diane Richard	CAN	1971	52	52	1.2466	105	112.5	112.5	105	60	60	60	60	165	100	105	112.5	112.5	277.5	1-52	345.94	12
Amada Constante	ECU	1983	51.6	52	1.2541	130	140	145	145	25	25	30	25	170	90	97.5	110	90	260	2-52	326.06	9
Ann Leverett	USA	1956	49.2	52	1.3004	120	120	120	0	72.5	75	0	75	0	135	142.5	0	142.5	0		0.00	
Rosa Castro	ECU	1980	55.3	56	1.1883	155	162.5	167.5	167.5	80	85	85	85	252.5	150	160	165	160	412.5	1-56	490.16	12
Julissa Quinonez	PUR	1982	52.4	56	1.2393	85	85	100	100	42.5	47.5	52.5	47.5	147.5	120	130	135	120	267.5	2-56	331.50	9
Ruth Smith	BAH	1979	55.3	56	1.1883	117.5	117.5	117.5	117.5	40	45	62.5	45	162.5	102.5	115	115	102.5	265	3-56	314.89	8
Denise Molina	ECU	1980	57.6	60	1.1509	155	155	155	155	70	75	75	75	230	150	160	165	165	395	1-60	454.61	12
Carla Perez	PUR	1990	60	60	1.1149	135	150	167.5	150	57.5	62.5	62.5	57.5	207.5	135	145	145	135	342.5	2-60	381.85	9
Priscilla Ribic	USA	1972	67	67.5	1.0261	220	232.5	237.5	237.5	135	135	145	135	372.5	222.5	232.5	242.5	232.5	605	1-67.5	620.79	12
Bernadette Banister	BAH	1965	65.3	67.5	1.0455	150	150	155	150	60	65	70	70	220	122.5	142.5	150	142.5	362.5	2-67.5	379.01	9
Yadira Diaz	PUR	1982	63.8	67.5	1.0638	110	110	150	110	70	77.5	85	77.5	187.5	112.5	127.5	132.5	132.5	320	3-67.5	340.41	8
Katie Ford	USA	1981	67.5	67.5	1.0206	167.5	167.5	167.5	0	0					0				0		0.00	
Liane Blynn	USA	1972	74.2	75	0.9571	185	200	200	200	125	137.5	140	140	340	195	205	212.5	205	545	1-75	521.62	12
Paula Houston	USA	1961	67.8	75	1.0174	160	170	170	160	97.5	97.5	105	97.5	257.5	160	170	177.5	177.5	435	2-75	442.56	9
Bonica Brown	USA	1988	88.7	90	0.8694	185	212.5	222.5	222.5	105	120	0	105	327.5	170	190	197.5	197.5	525	1-90	456.44	12
Jenitza Vargas	PUR	1988	86.9	90	0.8774	137.5	150	175	150	65	75	75	75	225	142.5	145	160	160	385	2-90	337.79	9
Harriet Hall	USA	1948	106	UNL	0.8198	227.5	240	245	240	140	145	145	145	385	190	222.5	222.5	222.5	607.5	1-UNL	498.06	12
Gisselle Costas	PUR	1980	94.5	UNL	0.8480	182.5	195	220	220	107.5	125	125	107.5	327.5	202.5	217.5	257.5	217.5	545	2-UNL	462.15	9

TEAM	Total	1	2	3	4	5	6
USA	69	12	12	12	12	12	9
PUR	52	9	9	9	9	8	8
ECU	45	12	12	12	9		
BAH	17	9	8				
CAN	12	12					

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Name	TEAM	Birth Year	Body Wt	Wt cls	Coeff	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Dead lift 1	Dead lift 2	Dead lift 3	Best Dead lift	Total	PanAm-PI-WtCl	Wilks Total	Pan Am Tm Pts
Ervin Gainer Sr.	USA	1966	51.2	52	0.99745	180	187.5	187.5	187.5	120	130	135	130	215	215	215	0	0		0	
Domarrio Holloway	USA	1977	55.8	56	0.91354	225	235	235	225	132.5	137.5	137.5	137.5	230	245	252.5	252.5	615	1-56	561.82933	12
Rodrigo Mora Beltran	COL	1974	53.1	56	0.9602	120	135	150	135	95	100	100	95	150	160	170	160	390	2-56	374.47748	9
Hennis Washington	USA	1970	59.5	60	0.85944	240	260	265	260	145	152.5	152.5	145	225	240	247.5	247.5	652.5	1-60	560.78591	12
Nieto Castiblanco	COL	1964	59.9	60	0.85417	160	160	160	0	95	100	105	100	165	175	185	185	0		0	
Eric Oishi	BRA	1979	67.4	67.5	0.77193	250	262.5	265	250	165	175	180	175	250	260	270	260	685	1-67.5	528.77321	12
Lewis Noppers	CAN	1970	67.4	67.5	0.77193	230	242.5	245	245	147.5	155	170	155	265	282.5	282.5	265	665	2-67.5	513.33458	9
Carlos Cevallos	ECU	1982	66.8	67.5	0.77751	255	265	265	255	155	165	165	155	215	230	230	215	625	3-67.5	485.94642	8
Juan Rios	PUR	1976	67.3	67.5	0.77285	190	190	205	205	140	150	150	150	205	215	227.5	215	570	4-67.5	440.52549	7
Emanuel Rodriguez	PUR	1985	66.5	67.5	0.78036	200	202.5	210	200	107.5	107.5	112.5	107.5	205	227.5	247.5	227.5	535	5-67.5	417.49395	6
Wade Hooper	USA	1971	74.7	75	0.71456	322.5	330	0	330	220	220	230	230	260	275	290	275	835	1-75	596.65486	12
Brandon Summers	CAN	1977	75	75	0.71256	252.5	262.5	262.5	262.5	175	185	192.5	192.5	252.5	262.5	270	252.5	707.5	2-75	504.13653	9
Tom Kean	CAN	1972	74.4	75	0.71658	242.5	252.5	252.5	252.5	182.5	190	195	190	235	247.5	252.5	252.5	695	3-75	498.02188	8
Christian Martines	PUR	1986	73.9	75	0.72	190	202.5	202.5	190	115	125	125	115	245	265	265	245	550	4-75	396.00256	7
Jose Hernandez	PUR	1983	71.3	75	0.73904	190	200	222.5	200	145	150	150	145	190	215	215	190	535	5-75	395.38755	6
David Ricks	USA	1959	81.4	82.5	0.6754	302.5	317.5	317.5	317.5	205	215	225	215	302.5	317.5	320	317.5	850	1-82.5	574.07	12
Greg Doucette	CAN	1975	82.1	82.5	0.6719	252.5	265	272.5	272.5	217.5	227.5	232.5	227.5	275	287.5	292.5	287.5	787.5	2-82.5	529.10	9
Marcos Sánchez	ECU	1972	81.3	82.5	0.6759	280	295	305	295	180	185	185	180	260	272.5	280	280	755	3-82.5	510.29	8
Favio Pardo	ARG	1969	82.2	82.5	0.6714	210	230	235	230	130	140	145	140	220	240	240	220	590	4-82.5	396.11	7
Jose Lopez	PUR	1975	82.3	82.5	0.6709	215	232.5	245	215	152.5	152.5	172.5	152.5	220	240	247.5	220	587.5	5-82.5	394.14	6
Valentino Newton	BAH	1983	77.6	82.5	0.6963	142.5	145	167.5	145	105	110	120	105	160	170	182.5	182.5	432.5	6-82.5	301.14	5
Luis Manuel Benvenuto	PER	1980	81.5	82.5	0.6749	220	220	220		150			0	0				0		0.00	
Ronald Ramos	PUR	1982	80	82.5	0.6827	205	205	205		152.5	165	177.5	165	207.5	207.5	222.5	222.5	0		0.00	
Lawrence Araujo	BRA	1970	89.3	90	0.64095	265	280	280	265	180	192.5	192.5	192.5	300	310	330	310	767.5	1-90	491.93227	12
Jeff Butt	CAN	1970	89.5	90	0.64022	260	270	272.5	270	205	212.5	217.5	212.5	255	267.5	277.5	277.5	760	2-90	486.56372	9
Juan Touma	ECU	1976	89.5	90	0.64022	280	280	280	280	190	190	200	190	270	280	292.5	280	750	3-90	480.16156	8
Anibal Conde	PUR	1982	89.4	90	0.64058	257.5	257.5	257.5	257.5	157.5	170	182.5	170	245	260	260	245	672.5	4-90	430.79276	7
Alejandro Tibault	ARG	1970	88.2	90	0.64512	270	280	285	280	145	145	145		255	0		0	0		0	

Name	TEAM	Birth Year	Body Wt	Wt cls	Coeff	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Dead lift 1	Dead lift 2	Dead lift 3	Best Dead lift	Total	PanAm-PI-WtCl	Wilks Total	Pan Am Tm Pts
J Becker	CAN	1955	88.6	90	0.64359	300	305	305		0				0				0		0	
Tony McInerney	CAY	1972	89.7	90	0.63948	245	245	245		405	405	405		175	177.5	225	225	0		0	
Jason Beck	USA	1978	99.2	100	0.61057	327.5	342.5	357.5	357.5	227.5	240	245	240	317.5	335	347.5	347.5	945	1-100	576.98439	12
Darren Weatherbie	CAN	1975	97.1	100	0.61606	320	320	340	320	240	240	247.5	240	295	295	295	295	855	2-100	526.73124	9
Eric Gagnon	CAN	1968	99.8	100	0.60908	335	342.5	342.5	335	195	202.5	205	205	270	290	295	295	835	3-100	508.57959	8
Carlos Prieto	ECU	1976	97.9	100	0.61391	290	305	315	305	180	180	190	180	260	270	280	270	755	4-100	463.50435	7
Olicio Dos Santos	BRA	1944	93.1	100	0.62787	200	220	232.5	232.5	145	155	160	160	285	285	300	300	692.5	5-100	434.80021	6
Carlos Lopez	PUR	1985	96.1	100	0.61884	240	265	290	290	125	137.5	167.5	137.5	200	227.5	252.5	227.5	655	6-100	405.34048	5
Boris Brady	CAY	1987	96	100	0.61912	110	110	110	110	110	110	130	110	170	205	205	170	390	7-100	241.45857	4
Michael Johnson	BAH	1975	95.9	100	0.61941	205	205	205	205	110	122.5	122.5	110	227.5	227.5	227.5		0		0	
Anthony Succarotte	USA	1965	99.9	100	0.60883	295	310	320	295	277.5	277.5	290.5		295	332.5	337.5		0		0	

Anthony Harris	USA	1964	109.9	110	0.58866	340	360	370	360	220	227.5	232.5	232.5	330	345	350	345	937.5	1-110	551.86638	12
Jamie Emberley	CAN	1980	109.8	110	0.58882	340	350	360	350	230	237.5	242.5	242.5	305	340	340	305	897.5	2-110	528.46809	9
Ryan Goldin	USA	1966	109.1	110	0.59	327.5	342.5	342.5	327.5	245	245	255	255	270	295	317.5	295	877.5	3-110	517.72071	8
Hector Aguilar	CAN	1943	108.3	110	0.59138	335	345	345	335	240	250	250	240	275	285	290	285	860	4-110	508.583	7
Leslie White	BAH	1975	109.9	110	0.58866	295	295	295	295	197.5	210	220	210	272.5	295	307.5	295	800	5-110	470.92598	6
Julio Samper	COL	1960	106.8	110	0.59408	280	280	280	280	140	142.5	150	142.5	260	260	280	260	682.5	6-110	405.46253	5

Tony Cardella	USA	1977	124.1	125	0.57069	357.5	372.5	372.5	357.5	260	260	275	275	327.5	340	347.5	327.5	960	1-125	547.86387	12
Tom Nicholls	CAN	1963	120.8	125	0.57404	325	335	345	335	245	255	260	260	315	332.5	342.5	332.5	927.5	2-125	532.42646	9
Joe Ube	ECU	1982	121.2	125	0.57362	355	375	375	355	182.5	200	212.5	212.5	255	280	280	255	822.5	3-125	471.79926	8
Julio Conrado	BRA	1965	120.3	125	0.57459	310	320	335	320	170	180	180	180	240	255	262.5	255	755	4-125	433.8151	7
Hugo Velasquez	CRC	1969	120.7	125	0.57415	170	180	190	190	160	160	170	160	160	180	190	190	540	5-125	310.04254	6

Randall Harris	USA	1979	155.1	UNL	0.55069	365	385	385	365	275	275	292.5	275	337.5	352.5	367.5	367.5	1007.5	1-UNL	554.81526	12
David Estrada	PUR	1968	130.7	UNL	0.56505	305	330	345	330	210	220	232.5	220	277.5	300	312.5	312.5	862.5	2-UNL	487.35835	9
Bernard Rolle	BAH	1971	139.5	UNL	0.55911	272.5	322.5	322.5	272.5	180	180	180	180	272.5	290	290	272.5	725	3-UNL	405.35249	8
Diego Zambrano	COL	1973	125.5	UNL	0.56939	275	275	277.5	277.5	170	170	185	185	240	255	275	255	717.5	4-UNL	408.53452	7
James Dewey	CAY	1970	131.8	UNL	0.56423	180	180	180		125	150	185	150	180	200	230	200	0		0	

TEAM	Total	1	2	3	4	5	6
USA	72	12	12	12	12	12	12
CAN	54	9	9	9	9	9	9
PUR	42	9	7	7	7	6	6
ECU	39	8	8	8	8	7	

