



**2003 IPF North American Cup Championships**  
**March 01, 2003, King of Prussia, Pennsylvania**

**MD: Robert Keller**  
 (Results in kilos)

NR	BDW.	NAME	Nation	SQUAT			BENCHPRESS			DEADLIFT			Total
				1.	2.	3.	1.	2.	3.	1.	2.	3.	
1	89.0	Ray Benemerito	USA Team 1	300.0	312.5	320.0	215.0	225.0	232.5	300.0	317.5	322.5	875
2	98.2	Tony Succarotte	USA Team 1	-282.5	282.5	310.0	237.5	250.0	257.5	275.0	295	310	877.5
3	74.1	Kenny Davis	USA Team 1	-225.0	-225.0	225.0	152.5	160.0	-167.5	245.0	255	260	645
4	109.4	Mike O'Donnell	USA Team 1	305.0	315.0	-325.0	182.5	-192.5	-217.5	272.5	-290	302.5	800
5	65.8	Caleb Williams	USA Team 1	232.5	255.0	275.0	127.5	142.5	150.0	220.0	240	257.5	682.5
6	46.2	Marc Barbier	USA Team 1	115.0	120.0	-125.0	85.0	92.5	97.5	162.5	-172.5	172.5	390
1	89.6	Mike Mastrean	USA Team 2	322.5	332.5	340.0	-205.0	-205.0	-205.0				
2	103.2	Matt Kroczeleski	USA Team 2	295.0	-300.0	300.0	205.0	212.5	217.5	305.0	-320	-320	822.5
3	74.8	Sean Dicaldo	USA Team 2	235.0	242.5	-250.0	152.5	-155.0	-157.5	250.0	-272.5	-277.5	645
4	60.6	Alan Whigham	USA Team 2	220.0	-227.5	-227.5	107.5	115.0	120.0	220.0	232.5	-245	572.5
5	102.1	Chris Kahane	USA Team 2	252.5	265.0	280.0	192.5	205.0	-212.5	257.5	270	282.5	767.5
6	51.2	Mike Hafenbrack	USA Team 2	147.5	152.5	-157.5	82.5	87.5	-90.0	-170.0	170	180	420
1	78.4	Dominic Fontaine	Canada	-215.0	215.0	220.0	155.0	160.0	170.0	215.0	225	-235	615
2	92.8	Mario Chasse	Canada	230.0	-240.0	250.0	155.0	165.0	170.0	265.0	280	295	715
3	56.1	Hoang Tran	Canada	167.5	175.0	182.5	117.5	122.5	127.5	185.0	195	205	515
4	86.0	Rimi Fortier	Canada	-260.0	260.0	282.5	195.0	202.5	-207.5	265.0	285	292.5	777.5
5	95.0	Jerome Clepper	Canada	245.0	260.0	275.0	157.5	160.0	165.0	265.0	280	290	730
6	60.0	Suzanne Barrest	Canada	130.0	-137.5	137.5	67.5	72.5	-75.0	-137.5	145	-155	355

\* Caleb Williams -- American Teen Record 150.0 (18-19)  
 \* Caleb Williams -- IPF Junior World Record 293.0 Squat (Good Lift)  
 \* Caleb Williams -- American Teen Record (18-19) 275.0 Squat (Good Lift)  
 \* Caleb Williams -- American Teen Record (18-19) 293.0 Squat (Good Lift)  
 \* Tony Succarotte -- 263.00 Open World Bench Press World Record (Failed)  
 \* Rimi Fortier -- 202.5 Canadian Bench Press Record (Good Lift)

**2003 IPF North American Cup Championships**

The 2003 IPF North American Cup took place on Saturday, March 01, 2003 in King of Prussia, Pennsylvania (Suburbs of Philadelphia), and was a triumphant success. Two teams from the United States and one team from Canada were present.

Team USA selections for this particular international event were selected based upon on their best Wilks formula score from a USAPL National Championship, or an IPF International Championship that took place during the past twelve (12) months. This contest utilized the European Powerlifting Federation (EPF) Cup format, with the placing of each team being determined by the average of the top five lifters cumulative Wilks scores.

**Contest highlights:**

Caleb Williams at just 18 years old broke Wade Hooper's long-standing IPF Junior World record in the squat with 293kg/646lbs. Caleb's world record squat was completed on a fourth attempt, and was very extremely explosive, easy, and most of all deep. Believe it or not folks, he had more left in him. In writing this article, I am still amazed at the potential this young man has. I have seen many of the great lifters in the history of Powerlifting perform, from around the world, and this young man has all the making of becoming a superstar. Ray Benemerito lifted with great precision and control to take the overall Champion of Champions. Look for Ray to make significant gains, by nationals to finally break the 2000lb mark in this weight class. Tony Succarotte had a terrific day, with a personal record total of 877.5kg/1934lb total, and even took a fourth attempt shot at Joe Mcauliffe's IPF world record in the bench press. The lift stalled right at the top. Look for Tony to break this record at this year's national championships in South Dakota. Rimi Fortier of Canada broke a long-standing Canadian national bench press mark with an impressive lift of 202.5kg/446lbs. Kroczeleski, O'Donnell, Hafenbrack, Barbier, Whigham and Kahane are young lifters, with much promise for the future. National contenders Davis, DiCataldo, and Mastrean were a little off, but will be ready by nationals. The final team standings between USA Team #2 and Team Canada for second place was extremely close. USA Team#1 won convincingly with huge Wilks scores turned in by Succarotte, Benemerito, and Williams. The coaching staff of Team Canada did a superb job, with their lifters missing 9 of a total 54 attempts - Outstanding coaching! Look for this contest next year in either sunny Florida or Philadelphia, Pennsylvania. I have many more ideas as to how we can expand the scope and potential for international Powerlifting in the North American Hemisphere.

Finally, I would like to send special thanks to the following people for making the contest so successful: Larry Maile, USAPL Vice-president, Robert Wagner - Coaching Committee Chairman, and to the coaching committee as well, Bill Clayton - Technical Secretary; Referees: Al Siegel, Jack Marcus, Larry Maile Announcers: Robert Wagner Scoring Table: Theresa Kunsman, Eric Finkelstein, Brenda Siegel, Mike D'Amore, and Dave Follansbee; Admission: Mike Siderio; Computer Scoring: Don Wilson; Medical Officer: Bernie Miller; Spotters/Loaders: Tony Braca, Ed Cridge, Jesse McCabe, Dan Ratchford Sponsors: Inzer Advance Designs, and American Bodybuilding Nutrition Also, special thanks to Jeff Butt, President of the Canadian Powerlifting Union (CPU), and to Louis Lévesque, President of the Provincial Quebec Powerlifting Federation (QPF) for supporting this particular event. Last and most important, I would like to take this opportunity to thank Inzer Advance Designs and American Bodybuilding Nutrition supplements for their sponsorship of the contest.

Sincere congratulations to all the athletes - Great job!

Robert Keller - Competition Director, 2003 IPF North American Cup Championships

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