

2000 IPF Pan-American Powerlifting Championships
Chicago, Illinois [USA]
April 5 - 9, 2000

| MEN | BW | Country | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | TOTAL | W/PTS |
|----------------------|-------|-------------|--------|--------|--------|-------|--------|--------|-------|--------|--------|-------|--------|
| -56.0 Kg | | | | | | | | | | | | | |
| 1. Rodriguez/Julio | 55.5 | Colombia | 140 | -150 | -150 | 90 | 100 | -105 | 180 | 187.5 | -190 | 427.5 | 392.61 |
| -67.5 Kg | | | | | | | | | | | | | |
| 1. Simmons/Greg | 67.3 | USA | 220 | 230 | -235 | 140 | -145 | 145 | 240 | 250 | -257.5 | 625 | 483.06 |
| 2. Scisney/Keith | 67 | USA | -230 | 230 | 245 | 140 | 147.5 | 150 | 220 | 227.5 | -230 | 622.5 | 482.81 |
| 3. Mills/John | 65.3 | Bahamas | -195 | -195 | 195 | 135 | -145 | -145 | 227.5 | 250 | -260 | 580 | 459.47 |
| 4. Summers/Brandon | 67.2 | Canada | 177.5 | 190 | -195 | 115 | 122.5 | 130 | 195 | 205 | 212.5 | 532.5 | 412.04 |
| -75.0 Kg | | | | | | | | | | | | | |
| 1. Hooper/Wade | 74.8 | USA | 307.5 | -317.5 | -317.5 | 190 | -205 | -205 | 242.5 | -250 | -250 | 740 | 528.28 |
| 2. Marshall/Rick | 74.4 | Canada | 205 | 220 | 230 | 162.5 | 170 | 172.5 | 240 | -255 | 255 | 657.5 | 471.16 |
| 3. Medina/Daniel | 73.6 | Mexico | -215 | 215 | -225 | 130 | 140 | -150 | 210 | -220 | — | 565 | 407.98 |
| -82.5 Kg | | | | | | | | | | | | | |
| 1. Becker/Jeff | 82 | Canada | 270 | -277.5 | -277.5 | 170 | 175 | 180 | -280 | 287.5 | 297.5 | 747.5 | 502.61 |
| 2. Benemerito/James | 81 | USA | 265 | -272.5 | -272.5 | 180 | 190 | -195 | -280 | 280 | -297.5 | 735 | 497.88 |
| 3. Willet/Mike | 82 | USA | 265 | -275 | -275 | 155 | 162.5 | 167.5 | 290 | 300 | -312.5 | 732.5 | 492.53 |
| 4. Gomez/Victor | 81.4 | Mexico | -235 | 235 | 250 | 140 | 150 | -155 | 280 | 290 | -295 | 690 | 466.02 |
| 5. Leung/Hoi | 81.5 | Canada | 225 | -242.5 | -245 | -135 | 135 | 142.5 | 230 | 250 | 262.5 | 630 | 425.18 |
| 6. Tores/Gilberto | 80 | Mexico | 175 | 190 | 195 | 120 | 135 | -137.5 | 170 | -177.5 | -177.5 | 500 | 341.35 |
| -90.0 Kg | | | | | | | | | | | | | |
| 1. Wagner/Robert | 89.3 | USA | 272.5 | 297.5 | -310 | 190 | 200 | -205 | 292.5 | 300 | -305 | 797.5 | 511.19 |
| 2. Butt/Jeff | 89.4 | Canada | 240 | -250 | 250 | 175 | 180 | 187.5 | 250 | 262.5 | -270 | 700 | 448.42 |
| 3. Salazar/Saul | 88.6 | Colombia | 230 | 245 | 255 | 165 | -175 | -175 | -270 | 270 | ... | 690 | 444.08 |
| -100.0 Kg | | | | | | | | | | | | | |
| 1. Gahagan/Char | 98.7 | USA | 290 | 300 | 310 | 175 | 190 | 195 | 332.5 | 350 | -365 | 855 | 523.08 |
| 2. Nicholls/Tom | 99.8 | Canada | 270 | 285 | -292.5 | 197.5 | 205 | 210 | 295 | 310 | 325.0 | 820 | 499.46 |
| 3. Mackenzie/Steve | 98.3 | Canada | 275 | 295 | -300 | 165 | 175 | -182.5 | 285 | -315 | — | 755 | 462.73 |
| 4. Armendariz/Jesus | 97.8 | Mexico | 235 | 260 | -270 | 130 | 140 | -145 | 250 | 275 | -300 | 675 | 414.58 |
| 5. Ramos/Eloy | 95.2 | Mexico | 200 | -225 | 230 | 160 | -172.5 | -172.5 | 210 | -230 | -235 | 600 | 372.84 |
| -110.0 Kg | | | | | | | | | | | | | |
| 1. Celio/Ralph | 109.7 | Canada | 310 | 330 | -340 | 190 | 200 | -207.5 | 290 | 305 | -310 | 835 | 491.81 |
| 2. Giffin/Mark | 109.6 | Canada | 275 | 290 | 300 | 215 | 230 | -240 | 275 | 290 | -300 | 820 | 483.14 |
| 3. Nieves/Larry | 109 | Puerto Rico | -272.5 | 272.5 | -282.5 | 160 | -172.5 | -172.5 | 272.5 | 282.5 | -287.5 | 715 | 421.99 |
| 4. Samper/Julio | 104.6 | Colombia | 280 | -290 | -290 | 145 | 155 | -160 | 270 | -280 | -285 | 705 | 421.87 |
| 5. Esparza/Cesar | 107.8 | Mexico | 225 | 235 | 245 | 135 | 145 | 155 | -220 | 220 | -225 | 620 | 367.22 |
| 6. Marlon/Aldaz | 104.8 | Mexico | 180 | -200 | -220 | 140 | -160 | 170 | 190 | -210 | -217.5 | 540 | 322.92 |
| —, Douglas/Jeff | 108.9 | USA | -357.5 | -357.5 | -357.5 | ... | ... | ... | ... | ... | ... | —, - | 0 |
| -125.0 Kg | | | | | | | | | | | | | |
| 1. McGettigan/Pat | 124.3 | USA | -325 | -325 | 325 | -205 | 205 | -215 | 352.5 | 367.5 | -375 | 897.5 | 512.02 |
| 2. Moreno/Enrique | 114.7 | Colombia | -320 | -320 | 320 | 185 | 190 | -197.5 | 280 | 300 | 315 | 825 | 479.73 |
| 3. Nazarov/Sergei | 116.6 | Canada | 270 | -290 | 300 | 170 | -180 | -180 | 270 | 290 | -300 | 760 | 440.04 |
| 4. O'Halloran/Gerald | 124.3 | Canada | 267.5 | 285 | -290 | 175 | 185 | -190 | 235 | 255 | -262.5 | 725 | 413.61 |
| 5. Gomez/Francisco | 117.3 | Mexico | 180 | 200 | -225 | 100 | -110 | -120 | 200 | 220 | -230 | 520 | 300.61 |
| 125.0+ Kg | | | | | | | | | | | | | |
| 1. Gillingham/Brad | 144.4 | USA | -352.5 | 352.5 | -367.5 | 260 | -272.5 | -272.5 | 352.5 | 370 | 382.5 | 995 | 553.51 |
| 2. Betancourt/Diego | 125.8 | Colombia | -250 | 250 | 270 | -150 | 150 | -160 | 200 | -220 | 220 | 640 | 364.22 |
| —, Cullan/Sean | 150.7 | USA | -342.5 | -342.5 | -342.5 | ... | ... | ... | ... | ... | ... | ... | ... |

BEST LIFTERS
Overall: Brad Gillingham, USA, 553.51 pts
Best Squat: Wade Hooper, USA, 307.5 kg, 219.52 pts
Best Bench: Brad Gillingham, USA, 260.0 kg, 144.63 pts
Best Deadlift: Char Gahagen, USA, 350 kg, 214.13 pts

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| WOMEN | BW | Country | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | TOTAL | W/PTS |
|----------------------|---------------------|----------------------|-----------------|--------|--------|-------|--------|--------|-------|--------|--------|-------|--------|
| -44.0 Kg | | | | | | | | | | | | | |
| 1. Velez/K | 42.9 | Puerto Rico | 67.5 | 80 | 92.5 | 37.5 | 42.5 | -45 | 82.5 | 92.5 | 115 | 250 | 357.9 |
| 2. Rios/Susana | 42.7 | Mexico | 60 | 70 | 77.5 | -30 | 35 | -40 | 70 | 80 | — | 192.5 | 276.41 |
| -48.0 Kg | | | | | | | | | | | | | |
| 1. Caceros/Olga | 46.5 | Puerto Rico | -97.5 | -97.5 | 97.5 | 50 | -55 | -55 | 115 | 127.5 | -140 | 275 | 372.7 |
| 2. Porras/Raquel | 47.7 | Mexico | 62.5 | 80 | -90 | -40 | 45 | 50 | 90 | -100 | -100 | 220 | 292.71 |
| —. Feliciano/K | 46.3 | Puerto Rico | -100 | -100 | -100 | ... | ... | ... | ... | ... | ... | —.- | 0 |
| —. Reyes/Gabriela | 46.4 | Mexico | 100 | -105 | -107.5 | -55 | -55 | -55 | ... | ... | ... | —.- | 135.73 |
| -52.0 Kg | | | | | | | | | | | | | |
| 1. Gonzalez/Catalina | 50.6 | Mexico | 95 | 105 | 110 | -50 | 50 | -57.5 | 115 | 125 | 135 | 295 | 375.53 |
| 2. Velez/Yezenia | 51.6 | Puerto Rico | -95 | -95 | 95 | 37.5 | -45 | -45 | 120 | -130 | -130 | 252.5 | 316.66 |
| 3. Richard/Diane | 52 | Canada | 90 | -97.5 | 97.5 | 45 | 50 | -55 | 90 | -100 | -107.5 | 237.5 | 296.06 |
| -56.0 Kg | | | | | | | | | | | | | |
| 1. Keli/ | 56 | USA | 147.5 | 155 | -162.5 | 90 | -95 | 95 | 155 | 165 | 170 | 420 | 494.17 |
| 2. Allison/Susan | 55.2 | USA | 130 | 140 | 147.5 | 62.5 | 67.5 | -70 | 140 | -152.5 | -152.5 | 355 | 422.45 |
| 3. Cabrera/Dagmarie | 55.6 | Puerto Rico | 110 | -117.5 | -127.5 | 65 | 72.5 | -75 | 122.5 | 137.5 | 150 | 332.5 | 393.41 |
| -60.0 Kg | | | | | | | | | | | | | |
| 1. Overdeer/Angie | 59.3 | USA | 142.5 | 152.5 | 157.5 | 87.5 | 95 | 97.5 | -155 | 155 | 165 | 420 | 472.54 |
| 2. Fernanda/Migdalia | 60 | Puerto Rico | -137.5 | 147.5 | 147.5 | -75 | 75 | 82.5 | 142.5 | 157.5 | 167.5 | 397.5 | 443.17 |
| 3. Femia/Christine | 59.4 | USA | 142.5 | 147.5 | -152.5 | 85 | -90 | -90 | 140 | 147.5 | 157.5 | 390 | 438.2 |
| 4. Garcia/Iraida | 60 | Puerto Rico | -125 | 125 | 137.5 | 37.5 | 45 | -52.5 | 132.5 | 145 | 155 | 337.5 | 376.27 |
| 5. Cervantes/Javel | 59.8 | Mexico | 120 | -140 | -140 | 45 | -50 | 55 | 120 | 140 | -147.5 | 315 | 352.1 |
| 6. Torez/Miriam | 57.3 | Mexico | -80 | 80 | -100 | 45 | -52.5 | -55 | 120 | 130 | 140 | 265 | 306.23 |
| -67.5 Kg | | | | | | | | | | | | | |
| 1. Clark/Rhonda | 65.9 | USA | 137.5 | -147.5 | -147.5 | 72.5 | -77.5 | 77.5 | 185 | 200 | 207.5 | 422.5 | 438.76 |
| 2. Neves/Norma | 63.2 | Puerto Rico | -150 | 155 | 177.5 | 75 | 80 | -82.5 | 162.5 | -182.5 | -182.5 | 420 | 449.98 |
| 3. Dennis/Kim | 64 | Canada | 127.5 | -137.5 | 137.5 | 67.5 | 75 | -80 | 127.5 | 145 | -150 | 357.5 | 379.41 |
| 4. Fernandez/Carolin | 64.6 | Mexico | 90 | 105 | -120 | 35 | 40 | -50 | 110 | 120 | -130 | 265 | 279.28 |
| -75.0 Kg | | | | | | | | | | | | | |
| 1. McIntosh/Carla | 74.5 | Bahamas | 137.5 | -147.5 | — | -72.5 | 85 | -90 | 145 | -165 | -165 | 367.5 | 350.85 |
| 2. Perez/Lorena | 69.2 | Puerto Rico | 142.5 | -155 | -155 | -62.5 | 62.5 | -72.5 | 142.5 | 157.5 | -172.5 | 362.5 | 363.51 |
| 3. Welding/Ruth | 68.1 | USA | 130 | -135 | -135 | -67.5 | 67.5 | 75 | 142.5 | 155 | -170 | 360 | 365.11 |
| —. Vera/Maria | 74.1 | Mexico | -120 | -120 | -120 | ... | ... | ... | ... | ... | ... | —.- | 0 |
| -82.5 Kg | | | | | | | | | | | | | |
| 1. Cataldo/Liane | 77.4 | USA | 160 | 170 | 175 | 102.5 | 107.5 | -112.5 | 167.5 | 175 | -185 | 457.5 | 426.66 |
| 2. Hartle/Monique | 75.5 | Canada | 140 | 145 | 150 | 80 | 85 | 90 | 125 | 142.5 | -152.5 | 382.5 | 362.11 |
| 3. Newman/Christy | 76.5 | USA | 130 | 142.5 | -147.5 | 95 | -102.5 | -102.5 | 145 | -155 | -157.5 | 382.5 | 359.2 |
| 4. Haywood/Susan | 81.7 | Canada | 90 | 100 | 110.0 | 65 | -72.5 | -72.5 | 110 | 120 | 125.0 | 300 | 271.38 |
| -90.0 Kg | | | | | | | | | | | | | |
| 1. Williams/Geneva | 89 | USA | 175 | -180 | 180 | 87.5 | -92.5 | 92.5 | 180 | -190 | 190 | 462.5 | 401.49 |
| 2. Newbold/Natasha | 83.5 | Bahamas | 142.5 | 160 | 182.5 | -100 | 100 | -107.5 | 142.5 | 160 | -175 | 442.5 | 395.77 |
| 90.0+ Kg | | | | | | | | | | | | | |
| 1. Hallen/Sue | 105 | USA | 140 | 155 | 167.5 | 100 | 115 | -125 | 137.5 | 150 | -165 | 432.5 | 355.38 |
| 2. Leclerc/Kisa | 114.2 | Puerto Rico | -107.5 | -107.5 | 110 | 62.5 | -75 | 85 | 127.5 | 137.5 | 155 | 350 | 282.45 |
| WOMENS TEAMS | | | | | | | | | | | | | |
| 1. USA | 72 pts | 6 lifters | =12-12-12-12-12 | | | | | | | | | | |
| 2. Puerto Rico | 60 pts | 6 lifters | =12-12-9-9-9-9 | | | | | | | | | | |
| 3. Mexico | 51 pts | 6 lifters | =12-9-9-7-7-7 | | | | | | | | | | |
| 4. Canada | 30 pts | 4 lifters | =9-8-8-7 | | | | | | | | | | |
| 5. Bahamas | 21 pts | 2 lifter | =12-9 | | | | | | | | | | |
| BEST LIFTERS | | | | | | | | | | | | | |
| Overall: | Keli, USA, | 494.17 pts | | | | | | | | | | | |
| Best Squat: | Norma Nieves, PUR, | 177.5 kg, 190.17 pts | | | | | | | | | | | |
| Best Bench: | Keli, USA, 95.0 kg, | 111.77 pts | | | | | | | | | | | |
| Best Deadlift: | Rhonda Clark, USA, | 207.5 kg, 215.48 pts | | | | | | | | | | | |