

**21st Annual General Assembly
North American Powerlifting Federation
Embassy Suites Hotel: Scottsdale, Arizona
Sunday, August 4, 2024 / 10:00am to 12:00pm MST**

MEETING MINUTES

1. Welcome Message

- a. Welcome message from Gaston Parage, President, from the IPF. Gaston attended the meeting on-line from Istanbul, Turkey. Gaston was attending the EPF European Bench Press Championships.
- b. Welcome message from Dr. Hugo Velasquez, NAPF President and IPF EC Board Member. Hugo welcomed everyone to Scottsdale, Arizona.
- c. Welcome message from Dr. Robert Keller, NAPF Championship Secretary.

2. Roll Call / Appointment of Scrutineers

NAPF EC Members

Dr. Hugo Velasquez, NAPF President and IPF EC Board Member (Costa Rica)
Linda McFeeters, NAPF Vice-President (Canada)
Alex Alvarado, NAPF Secretary General (Puerto Rico)
Nora Keller, NAPF Treasurer (On-Line) (USA)
Bill Clayton, NAPF Technical Chairman (USA)

NAPF Member Federations

Alida Sharp, Belize
James Willard, Canada
Tony McInerney, Cayman Islands
Adriana Vargas, Costa Rica
Laura Estrella, Dominican Republic
Michael Blair, Jamaica
Gabriel Garcia Corona, Mexico (On-Line)
Oscar Matute, Nicaragua (On-Line)
Gabriella Cigaran, Panama
Carlos Pedrogo, Puerto Rico
Gadre Jesus McTair, Trinidad and Tobago
Robert Keller, United States
Robert Massey, USVI

Absent

Aruba
Barbados
Guatemala

Guest

Gaston Parage, President, International Powerlifting Federation

Facilitator

Dr. Robert Keller

18 Votes Registered

Majority Vote: 10

2/3 Vote: 12

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3. 2023 Meeting Minutes Approved – Grand Cayman, Cayman Islands

The Meeting Minutes from the 2023 NAPF General Assembly Meeting can be found on the NAPF website here: www.powerlifting-napf.com

Vote: Yes 18/ No 0 / Abstention 0

The Minutes from 2023 were approved by the NAPF General Assembly.

4. NAPF President / IPF EC Member Report

It has been a busy year 2023-2024, with a lot of projects for the region. On a positive note, I am proud to say that more NAPF athletes are participating in all the Worlds Championships held in 2023, with an average of 70 NAPF athletes per championship.

2023 World Open, Sub junior, Junior, Masters Classic & Equipped Bench Press Championship - Sun City, South Africa

2023 World Open Classic Powerlifting Championship - St. Julians, Malta

2023 World Sub junior/Junior Classic & Equipped PL Championship - Cluj Napoca, Romania

2023 World Masters Classic & Equipped Powerlifting Championship - Ulaanbaatar, Mongolia

2023 World Open Equipped Powerlifting Championship - Druskininkai, Lithuania

2023 NAPF Global World Championships Participation

Country	Classic Male	Classic Female	Equipped Male	Equipped Female	Total
USA	63	34	40	25	162
Canada	48	39	14	6	107
USVI	7	13	0	3	23
Mexico	6	8	0	2	16
Jamaica	1	4	0	0	5
Costa Rica	1	0	2	1	4
Total	126	98	56	37	317

Not only that, but also 50% of these athletes have obtained a medal, which shows the great interest of the public, mainly young lifters, in Powerlifting in the region.

To accomplish this, NAPF Executive have held referees and coaching seminars in needed NAPF member federations, Jamaica, Dominican Republic, and Nicaragua, with the intention to upgrade the region to other top-level nations and provide them proper coaching assistance in moving to the top-level competition.

For this year, 2024, is has been scheduled an IPF Coach Seminar in San Jose, Costa Rica, and I expect to be a great success.

This past year, we had a big turnout in the NAPF Regional Championship

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20th Annual IPF/NAPF North American Regional Powerlifting Championship - Georgetown, Cayman Islands

Powerlifting	Classic	Female	110
	Classic	Male	113
	Equipped	Female	22
	Equipped	Male	21
Total			266

17th Annual IPF/NAPF North American Regional Powerlifting Championship - Mexico City, Mexico

Bench Press	Classic	Female	33
	Classic	Male	52
	Equipped	Female	12
	Equipped	Male	27
Total			124

With the participation of 14 of the 16 NAPF members federation, with the exception of Aruba and Barbados.

Development for sport – In 2023, a set of weights and racks has been delivered to Cayman Islands for organizing the North American Powerlifting Championship and Mexico for the Regional Bench Press Championships.

Professional loaders – As suggested in the IPF EC Meeting the NAPF region counts on specialized Spotting/Loading Teams to ensure the safety of the athletes. By doing so, we are mitigating and lessening the chances for an injury to an athlete.

Regional Championships for 2024:

2024 – 21st Annual North American Powerlifting Championship in Scottsdale, Arizona -USA, and we are expecting over 400 lifters, the biggest ever for a 7-day championship

2024 – 10th NAPF/FESUPO Pan American Regional Bench Press Championship to be held in San Jose, Costa Rica.

The IPF granted the following World Championships:

2024 – World Classic and Equipped Bench Press Championship, to be held in Austin, Texas, USA

2025 – World Classic and Equipped Sub Junior and Junior Powerlifting Championship, to be held in San Jose, Costa Rica

IPF Referees – The NAPF has been working in adding more referees for the region. There is still a lot of work left.

Country	Cat. I	Cat. II	Total
Belize	0	1	1
Canada	13	11	24
Costa Rica	2	5	7
Dominican Republic	0	2	2
Panama	1	1	2

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Puerto Rico	3	8	11
Trinidad Tobago	0	1	1
USA	8	14	22
USVI	3	0	3
Total	30	43	73

We are expecting at least 12 new referees to take the IPF Cat I and Cat II in the Powerlifting Championship in Arizona.

IPF Commissions - The NAPF have been playing an active role in the development of Powerlifting through the IPF Commissions with a common objective, that is IOC recognition.

There is 1 or 2 NAPF representatives working in 13 out of 17 IPF commissions.

There is still a lot of work to be done, and we are seeking people willing to work and represent the region (NAPF) for the IPF in the following commissions.

1. Coach Commission
2. Ethics Commission
3. Youth Commission
4. Court of Justice

Thank you!

Dr. Hugo Velasquez

NAPF President / IPF EC North America Representative

Vote: Yes 16 / No 0 / Abstention 0

The Minutes President's Report for 2023 was approved by the NAPF General Assembly.

5. NAPF Vice-President

Dear Members of the NAPF and Executive Board,

During the past 2023/2024 period, the NAPF has continued to demonstrate its commitment to excellence in powerlifting, particularly through the accomplishments of our lifters at the most recent IPF Classic World Championships, IPF Bench Worlds and SBD Sheffield.

The IPF Classic World Championships serve as a pinnacle of competition within the sport of powerlifting, showcasing the best athletes from around the globe and this year includes the achievement of 16 NAPF athletes to win spots to the first Classic lifting competition at The International World Games – the Olympic equivalent in our sport!

The lifters from our NAPF member nations have consistently placed within the top rankings of all IPF level competitions, including the most recent IPF Bench Worlds, demonstrating our region's strength in the sport, achieving commendable success across all the age classes and weight groups.

Several lifters have set new world records at Sheffield and with the 2025 invitations secured, the talent and dedication within our federation underscores not only individual achievements but the global recognition of the NAPF as a powerhouse in powerlifting.

Participation of NAPF countries has grown steadily, which we can see reflected in the vibrant and expanding community of powerlifters that will be joining us in Scottsdale as well as Costa Rica in the fall.

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Thank you and congratulations to Kimberly Walford for stepping forward in the role of Chair of the IPF Entourage Committee and for her subsequent appointment to the Executive Committee of the IPF. Her vision and leadership for USVI and the NAPF are without question, and we are pleased to see this recognized internationally.

Looking forward, the NAPF executive remain committed to fostering the development of powerlifting, supporting our nations in their efforts to maintain high standards of both education for coaches and officiating, nurture the talent and enthusiasm of lifters across all age groups and strengthen our outreach to attract new participants.

While the past year has not gone without a fair amount of challenging situations and change, myself and the executive continue to advocate for you, the lifters and the overall wellbeing of this sport. I want to know your vision; I will always listen to your concerns, and I hope you will continue to join me in continuing the work to advance our sport.

Respectfully,
Linda McFeeters
NAPF Vice President

Vote: Yes 18 / No 0 / Abstention 0

The Vice-President's Report from 2023 was approved by the NAPF General Assembly.

6. Secretary General Report

Esteemed members of the North American Powerlifting Federation,

Last year, we witnessed a momentous milestone with the largest regional championship in the history of NAPF. Over 260 lifters participated in our Regional Championships in the Cayman Islands, up from 233 the previous year in Panama, signifying the growing enthusiasm and passion for powerlifting in our region. This year, we are thrilled to anticipate an even grander regional championship, further solidifying our commitment to excellence. We expect over 360 lifters from 13 nations this time.

Not only will we witness our largest regional championship ever, but we will also have the largest Special Olympics participation to date. Our commitment is to continue increasing these numbers.

As part of our ongoing commitment to enhancing the expertise of our coaching community, we will host two IPF coaching education courses this year. The first will be the IPF Trainer Education Level 2 Course in Panama City, Panama. The second, the IPF Trainer Education Basic Course, will be held in San Jose, Costa Rica, just days before the Pan American Bench Press Championships.

It is vital to note that, in alignment with the IPF's directive, coaches will need to be certified to participate in international events from 2025 onward. These workshops will play a pivotal role in providing our region's coaches with essential education and professional preparation.

A couple of years ago, we introduced the use of the Goodlift system to improve efficiency and streamline the pre-competition process. This year, we will start using the system for scoring. In Arizona we will have both the LiftingCast and Goodlift systems running concurrently. Jannitzi Tapia (PUR), Gabriela Cigaran (PAN), and I, Alex Alvarado (PUR), were trained in the Goodlift system this past May during the Bench Press World Championships.

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In terms of the development of the region, we were able to assist several countries with powerlifting education and their national championships. A big thanks to Gabriela Cigaran from Panama, who has been instrumental in developing and imparting the courses. Over the past year, we have been able to assist Nicaragua (December 2023), the Cayman Islands (March 2024), and Antigua and Barbuda (April 2024).

We are also committed to bringing in new member federations to join or rejoin the IPF. During the past year we contacted Honduras, El Salvador, Bermuda, Antigua and Barbuda, and other countries from our region, and we are helping them to develop and to become IPF members soon.

Sincerely,

Alex Alvarado
Secretary General
North American Powerlifting Federation

Vote: Yes 18 / No 0 / Abstention 0

The Secretary General's Report from 2023 was approved by the NAPF General Assembly.

7. Treasurer and Auditors Report

Dear NAPF Member Federations.

I want to begin by sending my sincerest apology for not being physically present at this year's General Assembly. However, I will attend virtually this year. I have not seen my parents nor family members for eight years and was able to travel to Spain to see them.

Once more, I will put 20+ years of business experience to ensure our federation runs in accordance with the required IPF guidelines.

I would like to begin by thanking the National Federations for sending ALL your competition Payments (NAPF Participation, Anti-doping and Membership Fees) by Wire Transfer to the North America Regional Federation bank account. I realize there is a cost to wiring the monies, but we do this to ensure both the safe and secure transfer of funds. Aso, for auditing and banking purposes, the NAPF policy is not to collect cash payments at the championships. All fees should be paid directly into the NAPF bank account.

The IPF Membership Fee payments by the National Federations are nearly current. We shall continue to assist the IPF in the collection of those fees. There are still several national federations within the region that are still not current. Those that never paid their fees, are no longer members and were excluded at the 2023 IPF General Assembly in Malta – The Bahamas, The British Virgin Islands, El Salvador, and Haiti. The Bahamas has made stated in several emails they plan to pay ALL their fees and make application to return. However, until this point, they have not paid. A new federation is emerging in El Salvador. There are concerns with Barbados.

During 2023, our volunteer travel, hotel, meals as well as participation fees back to the championship directors, as well as the anti-doping fees were the bulk of our expenses -- The Largest in our history! This was due to having two competitions outside of the USA, and we had to import many volunteers to assist in the direction of the two regional championships – Cayman Islands and Mexico. The NAPF Championship was the largest to date.

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Last year, we received 20,000+ USD in IPF Development monies from the IPF for the NAPF Regional Championships. Equipment was sent to both Jamaica and the Cayman Islands. Monies were also used on the Live Stream, which was once again, professionally done, by Mr. Mike Zawilinski. We also used the development monies to assist Tony McInerney with the NAPF Championship in the Cayman Islands. Overall, the IPF Development Fund monies are to be used for what they have been earmarked for -- the Regional Championships.

The following reports will be presented at the meeting:

- 2023 Financial Report
- 2023 Budget
- 2023 Balance Statement
- Auditors' Report
- IPF Development Fund Report

To close, special thanks once more to Mr. Desai, our external, independent auditor, for checking our finances. Thank you.

PLEASE review the attached reports:

- **Auditor Report**
- **Financial Report**
- **IPF Development Report**
- **Budget 2024**

Nora Keller
NAPF Treasurer

Vote: Yes 18 / No 0 / Abstention 0

The Treasurer's Report(s) from 2023 was approved by the NAPF General Assembly.

8. Committee Reports

a. Technical Committee Report

Like in past years, I want to thank all our referees and the championship directors who've made our meets so successful. It is through all their hard work that the NAPF continues to grow, with an increasing presence in the IPF Championships.

I hope all our IPF referees have renewed their credentials for the next four years. If you have not yet renewed your credentials, please contact the IPF Office directly through your National Member Federation.

We continue to have a lot of requests to test to become an IPF referee or to advance in rank to IPF Category I. In 2022 we had 19 candidates tested, last year 12 candidates tested and this year we will have at least 18 candidates testing. All fees for testing should be paid in advance through the IPF Office. Lastly, ALL requests must be approved by the IPF Technical Chairman, Mr. Hannie Smith.

Thank you,
Bill Clayton, NAPF Technical Chairman

Vote: Yes 18 / No 0 / Abstention 0

The Technical Chairman's Report from 2023 was approved by the NAPF General Assembly.

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b. Championship Secretary Report

The 2023 NAPF North American Regional Powerlifting Championship that was held in the Cayman Islands was a huge success. This by far was one of our most successful events ever, with 260 lifters present from 15-member federation countries. Special thanks to Mr. Tony McInerney and his staff for all their hard work in directing a very successful and well-planned event.

The NAPF North American / Pan-American Bench Press Championship was held in Mexico City, Mexico. Well over 200 athletes from the 10-member federation attended. Several world records were set. Special thanks to Gabriel Garcia Corona, the President of the Mexico Federation for directing an excellent championship.

The number of member federations continues to grow within the region and we're looking to strategically place championships in new member federation countries in our region. Alex Alvarado and I are in touch with Antigua and Barbuda, Bermuda, El Salvador, and Honduras. Both Antigua and Bermuda are committed to join the IPF during the first quarter of 2025. Alex Alvarado and Gabriella Cigaran have made a huge impact by delivering Referee, Scoring, and event management training this current year in Antigua and Barbuda, and Nicaragua. Nicaragua is now prepared to direct an international event.

Unfortunately, Jamaica withdrew from directing the 2025 Regional Championships. Due to the short timeframe, the NAPF EC solicited bids from Canada, Cayman Islands, Mexico and Panama. The NAPF EC will review the bids and decide on who is best prepared to direct this event, on such a short timeframe.

Important to note, I want to send my sincere appreciation to both Gaston Parage, President of the IPF, and to Emanuel Scheiber, the former General Manager of the IPF for the donation of Bull Equipment from Japan for the 2023 NAPF North American Regional Bench Press Championships.

I also want to thank Eleiko and SBD for sponsoring the Regional Powerlifting Championship. These donations by Eleiko, SBD and Bull Equipment were strategically very important to the success of our competitions last year.

On a sad note, we had to exclude the following member federations for non-payment of their IPF Membership Fees – Bahamas, British Virgin Islands, El Salvador, and Haiti. The Bahamas will reapply when they fully meet the criteria to rejoin. However, first, they MUST pay all their unpaid NAPF and IPF Membership Fees. A new federation from El Salvador shall join the IPF/NAPF next year. They're currently assembling their documents to join the IPF.

Lastly, our website is fully operational and is working very well. It is integrated into the IPF website. However, we must do more with social media!! I want to thank both Eric Rupp and Nadezhda Churilova for their timely updates. And, in closing, my sincere compliments to Mike Armstrong, Alex Alvarado and Gabriella Cigaran for updating all the NAPF championship Records in a timely manner – Well done!!

Robert Keller – NAPF Championship Secretary

Vote: Yes 18 / No 0 / Abstention 0

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The Technical Chairman's Report from 2023 was approved by the NAPF General Assembly.

c. Records Registrar Report

The use of Google Spread Sheets to store the NAPF Records is working incredibly well. Records are being updated in a timely manner and the athletes are receiving timely credit for their achievements. Certificates can be ordered through the NAPF Office. As a reminder, the NAPF Records are "Championship Records" and must be set at assigned Championship. Thank you to Alex Alvarado and Gabriella Cigaran for their assistance in updating the records. My compliments and congratulations to all the athletes.

Mike Armstrong, NAPF Records Manager

Vote: Yes 18 / No 0 / Abstention 0

The Record Manager's Report from 2023 was approved by the NAPF General Assembly.

d. Women's Committee Report

Dear NAPF Colleagues,

The past year has been another remarkable year for women's powerlifting within the North American Powerlifting Federation. Women from across the NAPF have demonstrated outstanding strength and prowess on international stages, showcasing their dedication and skill in powerlifting competitions worldwide.

Throughout the year, NAPF women athletes participated in several prestigious international competitions, notably including:

1. SBD Sheffield
 - o NAPF nations sent 3 exceptional female lifters to compete at SBD Sheffield, a renowned powerlifting event attracting top talent from around the globe.
2. IPF Bench Worlds (Texas)
 - o At the IPF Bench Worlds held in Austin Texas, a total of 65 classic female lifters and 56 equipped female lifters represented NAPF nations.
 - o These competitions resulted in an impressive tally of 17 best lifter awards, highlighting the dominance and skill of NAPF women in both classic and equipped categories.
3. IPF Classic Worlds
 - o Seven NAPF women athletes achieved podium positions, placing in the top 3 at the IPF Classic Worlds, further solidifying their status among the world's elite powerlifters.

In conclusion, the achievements of our women within the North American Powerlifting Federation in just this year alone, have been nothing short of exceptional. From strong showings at SBD Sheffield to dominant performances at the IPF Bench Worlds and podium finishes at the IPF Classic Worlds, NAPF women have proven themselves as formidable competitors in the world of powerlifting. We are all absolutely inspirational!

As we look forward to the upcoming year, I know we will continue to succeed and grow, mentor and learn, coach and be coachable, which will continue to solidify our positions on the platforms, in the coaching boxes, in the referee chairs and on executive boards across the global powerlifting community.

As always, I look forward to you reaching out to me with concerns, ideas, questions and challenges you want to share.

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Mujeres - Fuertes y Fieras!!

In Strength,

Linda McFeeters

Chairwoman, NAPF Women's Committee

Vote: Yes 18 / No 0 / Abstention 0

The Women's Commission Report from 2023 was approved by the NAPF General Assembly.

e. Central American Sub-Regional Report

The Central American Region is developing, growing and getting much better every year. Leading the way is Costa Rica. ADELEPO-CR has hosted numerous local, national, and international championships in San Jose.

The MC Cup is one of the most popular events in all Central America with participation from Nicaragua and Panamá in this 2023 -2024. Nicaragua has a lot of strong athletes, and the ladies are outstanding!!

Presently, Nicaragua and Guatemala are the only countries within Central America that have no referees. During 2025 they must nominate a minimum of one National Referee to take the IPF Referee Examination.

We're expecting to have two new federations from Central America join the IPF – El Salvador and Honduras. We're also looking to host the NAPF University Cup in the Central America Region. I request this be a stand-alone event. There are a large number of university athletes competing in the sport of Powerlifting from Central America.

During September 2024, Panamá will hold the Coach/Trainer Education Course - Level II with the support of the IPF and NAPF. This will be followed by Costa Rica's opportunity during October, with the IPF Trainer Course – Introduction Basic Level.

The NAPF North American/Pan-American Regional Bench Press Championships will be held on October 30 to November 2, 2024, in San Jose, Costa Rica. This will be the first time we have scheduled the event for 3 days. We're preparing to receive 200+ athletes.

Finally, Costa Rica will direct the 2025 IPF World Sub-Junior and Junior Championships in San Jose. This championship will likely be the largest ever in the history of the IPF. We are expecting 900 athletes.

I have a concern regarding non-WADA organizations coming to Central America. We must notify our National Federations of the rules governing participation in these events.

Thank you, my friends!

Manolo Campos, the NAPF Central American Representative

Vote: Yes 18 / No 0 / Abstention 0

The Central American Representative Report from 2023 was approved by the NAPF General Assembly.

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f. Caribbean Sub-Regional Report

The Caribbean region is consisting of 8 active members: Aruba, Barbados, Cayman Islands, Dominican Republic, Jamaica, Puerto Rico, Trinidad & Tobago and the US Virgin Islands. All active members have participated in NAPF and IPF competitions. Both Alex and Robert have been communicating with Antigua and Barbuda, and Bermuda. Both federations are expected to join in the first quarter of 2025.

The regional championships held by the Cayman Islands last year was exceptional. My congratulations and sincere thanks go to Mr. Tony McInerney, the President of the Cayman Islands Federation for a job well done! St. Kitts and Nevis was initially interested in joining the IPF. We shall continue to communicate with them as well. It was unfortunate that Anguilla, Bahamas and the British Virgin Islands were excluded for not payment of their IPF/NAPF Membership Fees. It is my understanding the Bahamas wants to rejoin the IPF. However, only after they have paid their unpaid fees.

Robert Massey, Caribbean Representative

Vote: Yes 18 / No 0 / Abstention 0

The Caribbean Representative Report from 2023 was approved by the NAPF General Assembly.

g. Sport for All Commission

As Chairman of the Sports for All Commission (SAC), I am thrilled to announce the 21st Annual IPF/NAPF North American Regional Powerlifting Championships, which will be held at the Embassy Suites Hilton in Scottsdale, Arizona, USA, from August 5-10, 2024. The championship will start with the Special Olympics International (SOI) on August 5, 2024,

A total of 26 athletes from four countries have been nominated to participate: 1 from Canada, 1 from Costa Rica, 4 from Puerto Rico, and 19 from the United States. These athletes will compete in various weight classes, showcasing the diversity and inclusivity of our competition. All categories will participate on the opening day. This event promises to be an incredible display of strength and determination, bringing together athletes from different regions to compete and celebrate the spirit of sportsmanship.

Reflecting on the past year, it is clear that the Sports for All Commission has not achieved most of its objectives for 2024 as planned. Despite these setbacks, I am committed to driving progress and have set two objectives for 2025. First, the creation of a dedicated committee will be a top priority, as it will help streamline our efforts and ensure that we have the necessary resources and leadership to achieve our goals. Second, we aim to increase the number of participants by 50% for the 2025 Regional Championships. By focusing on these objectives, I am confident that we can enhance the experience for all involved and foster greater participation in our events, ultimately promoting the values of inclusivity and excellence in sports.

Michael Blair, Chairman, Sports for All Commission

Vote: Yes 18 / No 0 / Abstention 0

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9. Motions

- a. No motions received.

10. Old Business

- a. No old business to review.

11. Elections

- a. No elections this year. The next set of elections will be held during 2026.

12. Championship Calendar

Championship	City	Dates	Status
21 st NAPF North American Regional PL Championship	Scottsdale, Arizona, USA	August 2024	Awarded
19 th NAPF North American Regional BP Championship	San Jose, Costa Rica	October 2024	Awarded
22 nd NAPF North American Regional PL Championship	Kingston, Jamaica	July 2025	Withdraw
19 th NAPF/FESUPO Pan-American PL Championship	Kingston, Jamaica	July 2025	Withdraw
22 nd NAPF North American Regional PL Championship	Georgetown, Grand Cayman	July 2025	Awarded
19 th NAPF/FESUPO Pan-American PL Championship	Georgetown, Grand Cayman	July 2025	Awarded
20 th NAPF North America Regional BP Championship	Panama City, Panama	October 2025	Awarded
23 rd NAPF North American Regional PL Championship	San Pedro, Belize	August 2026	Awarded
21 st NAPF North American Regional BP Championship	Honolulu, Hawaii	October 2026	Pending
24 th NAPF North American Regional PL Championship	Bid: Panama City, Panama	August 2027	Pending
22 nd NAPF North American Regional BP Championship	Bid: Open	October 2027	Pending
25 th NAPF North American Regional PL Championship	Bid: St. Johns, Canada	August 2028	Pending
23 rd NAPF North American Regional BP Championship	Bid: Open	October 2028	Pending

13. NAPF Hall of Fame

- a. To be Announced at the General Assembly.

Alex Alvarado – Puerto Rico
Sergio Centeno – Puerto Rico

14. New Business

- a. No new business

15. Adjournment

- a. **Adjourned at 12:19pm**

Meeting Minutes prepared by:
Alex Alvarado
Secretary General
North American Powerlifting Federation

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- **Appendix A: Budget**

2024 NAPF Budget			
	REVENUE		
1	Fees	Budgeted	Actualized
	Participation Fees	\$ 50,000.00	
	Anti-Doping Fees	\$ 35,000.00	
	Sanction Fees	\$ 200.00	
	Membership Fees	\$ 1,600.00	
	Sponsors	\$ -	
	Seminars	\$ -	
	Total	\$ 86,800.00	-
	EXPENDITURES		
2	Championships Fees	Budgeted	Actualized
	Participation Fees	\$ 17,500.00	
	NAPF Staff/Travel/Hotels/Meals	\$ 20,000.00	
	Total	\$ 37,500.00	\$ -
3	Anti-Doping Costs	Budgeted	Actualized
	Anti-Doping Fees	\$ 35,000.00	
	Education Seminars	\$750.00	
	Total	\$ 35,750.00	\$ -
4	Administrative Costs	Budgeted	Actualized
	Shipping	\$ 100.00	
	Government Registration	\$ 500.00	
	Bank Account Fees (Wire Fees)	\$ 500.00	
	Web/Social Media	\$ 500.00	
	Championship Awards	\$ 1,500.00	
	Certificates / Copies	\$ 500.00	
	Scoring Manager Stipend	\$ 1,000.00	
	Professional / Accountant	\$ 1,000.00	
	Post Office Box	\$ 100.00	
	NAPF Delegate to IPF	\$ 1,000.00	
	Total	\$ 6,700.00	\$ -
5	Development	Budgeted	Actualized
	Events	\$ 1,500.00	
	ASF Arnold Sports Festival	\$ 500.00	
	Total	\$ 2,000.00	\$ -
6	Media	Budgeted	Actualized
	Livestream	\$ 2,500.00	
	Total	\$ 2,500.00	\$ -
7	Total Revenue	Budgeted	Actualized
	2024 Total Income	\$ 86,800.00	
	2024 Total Expenditures	\$ 84,450.00	
	2024 Net Profit	\$ 2,350.00	

**21st Annual General Assembly
North American Powerlifting Federation
Embassy Suites Hotel: Scottsdale, Arizona
Sunday, August 4, 2024 / 10:00am to 12:00pm MST**

- **Appendix B: Auditor Report**



INDEPENDENT AUDITOR'S REPORT

July 31, 2024

North American Powerlifting Federation Inc
Attn: Mr. Robert Keller
P O Box 291571
Davie, FL 33329

To the Board of Directors:

We have audited the accompanying Statement of Income of North American Powerlifting Federation Inc for the Year Ended December 31, 2023. This Statement of Income is the responsibility of the Company's management. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the Statement of Income is free from material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management as well as evaluation the overall Statement of Income presentation.

We believe that our audits provide a reasonable basis for our opinion. In our opinion, the Statement of Income referred to above present fairly, in all material respects, the financial position of North American Powerlifting Federation Inc. for the year ended December 31, 2023 in conformity with the accounting principles generally accepted in the United States of America.

Al H. Desai
Premier Accounting & Tax

21st Annual General Assembly
North American Powerlifting Federation
Embassy Suites Hotel: Scottsdale, Arizona
Sunday, August 4, 2024 / 10:00am to 12:00pm MST

- **Appendix C: Financial Report**

NORTH AMERICAN POWERLIFTING FEDERATION INC
Statement of Income
For the Year Ended, December 31, 2023

REVENUE			
1	Fees	Budget	Actual
	Participation Fees	35,000.00	40,800.00
	Anti-Doping Fees	25,000.00	28,560.00
	Sanction Fees	200.00	200.00
	Membership Fees	1,600.00	1,400.00
	Sponsors	1,000.00	0.00
	Seminars	1,000.00	0.00
	Total Fees	\$63,800.00	\$70,960.00
	TOTAL REVENUE	\$63,800.00	\$70,960.00
EXPENSES			
2	Championships	Budget	Actual
	Participation Fees	10,000.00	14,638.00
	NAPF Staff/ Officials Travel Costs	10,000.00	16,017.21
	Total Championships	\$20,000.00	\$30,655.21
3	Anti-Doping	Budget	Actual
	Anti-Doping Fees	20,000.00	27,072.00
	Education Seminars	500.00	0.00
	Total Anti-Doping	\$20,500.00	\$27,072.00
4	Administration Fees	Budget	Actual
	Telephone	500.00	0.00
	Shipping	750.00	1,097.51
	Administrative	1,500.00	2,024.03
	Bank Account Fees & Wire Fees	500.00	664.64
	Web/Social Media	300.00	0.00
	Awards/Certificates	1,000.00	1,497.50
	Scoring Manager Stipend	1,000.00	1,000.00
	Professional Fees/Accountant Fee	1,000.00	600.00
	NAPF Delegate to IPF	1,000.00	0.00
	Total Administration Fees	\$7,550.00	\$6,883.68
5	Development	Budget	Actual
	Events	5,000.00	600.00
	ASF Arnold Sports Festival	500.00	0.00
	Equipment	1,500.00	0.00
	Total Development	\$7,000.00	600.00
6	Media	Budget	Actual
	Livestream	2,500.00	1,700.00
	Total Media	\$2,500.00	\$1,700.00
	TOTAL EXPENSES	\$57,550.00	\$66,910.89
	NET (LOSS) PROFIT	\$6,250.00	\$4,049.11

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- **Appendix D: IPF Development Report**

NORTH AMERICAN POWERLIFTING FEDERATION	
IPF Development Fund Allocations	
Total received from the IPF for 2023	€ 15,400.00
50th Anniversary Books	€ (395.00)
IPF Referee Lights	€ (990.00)
Live Stream - Cayman Islands	€ (7,010.44)
Nadezhda Churilova Goodlift System	€ (226.00)
Medals -- NAPF Championship	€ (2,991.36)
Eleiko Equipment - NAPF Championships	€ (3,995.06)
Total remaining for 2023	€ (207.86)