

**2019 General Assembly
NAPF North American Powerlifting Federation
17th Annual NAPF North American Regional Powerlifting Championships
Room 3
Holiday Inn - Escazu: San Jose, Costa Rica
August 5, 2019**

MEETING MINUTES

Meeting called to order at 1025 hrs., on August 5, 2019 in Room 3 at the Holiday Inn – Escazu by Mr. Robert Keller, IPF Secretary General and Championship Secretary. Attending members were the following:

Roll call

IPF Delegates

Dr. Robert Keller (IPF Secretary General, and NAPF Championship Secretary) – USA

NAPF Delegates – EC Board Members (right to vote)

Dr. Larry Maile (President) – United States of America

Dr. Hugo Velásquez (IPF Executive Board member for North America) – Costa Rica

Iván Cancel (Vice-president) – Puerto Rico

Alex Alvarado (Secretary General) – Puerto Rico

NAPF Officers

Dr. Robert Keller (Championship Secretary) – United States of America

Bill Clayton (Technical Secretary) – United States of America

Mike Armstrong (Records Registrar) – Canada

Iván Cancel (Records Registrar) – Puerto Rico

Dr. Hugo Velásquez (Central America Representative) – Costa Rica

Arian Khamesi (Scoring Manager) – United States of America

NAPF Member Federations (right to vote)

Kevin Yee – Aruba

Mike Armstrong – Canada

Tony McInerney – Cayman Islands

Manuel Campos – Costa Rica

Abelardo Moreno - Mexico

Oscar Matute – Nicaragua

Jacques Tibi – Panama

Michael Correa – Puerto Rico

Priscilla Ribic – United States of America

Kimberly Walford – US Virgin Islands

Observers

Danielle Todman – US Virgin Islands

Marlen Jiménez – US Virgin Islands

Joe Lewis – United States of America

Jason Li – Aruba

Karla Espinosa – Mexico

Daniel Martínez – Nicaragua
Manuel Campos Sr. – Costa Rica
Nora Keller – Costa Rica

Total votes: 14

Simple Majority: 8

2/3 Majority: 11

Mike Armstrong from Canada was selected as the scrutineer for the elections.

Ivan Cancel from Puerto Rico was selected as the official translator.

1. President Report

Welcome to the North American Powerlifting Championships. We are happy to come to Costa Rica and see old friends and make new ones. This year's competition includes more than 200 athletes, with many of our nations represented. As always, we are expecting a great competition, and good representation among all age groups, in the Classic and Equipped Divisions. In some ways, this has been a difficult year, with some turmoil in some of our nations, with both internal and external causes. Some nations are torn by internal problems, and some, like my home country, are engaged in battles internationally that threaten our participation. The short summary is that our athletes are suffering from these issues, and barriers to free participation by all of our athletes have limited how and when those we serve, powerlifters, can lift. In light of these factors, I would urge a return to the focus on fostering participation among the greatest number of athletes as that is what raises the level of competition for all of us. The development of local-level participation, and assistance to those who wish to go further must occur if our region is to rival other, more successful regions. And that increased participation is what will allow our voice to be heard internationally. We are two years away from the World Games in Birmingham, USA. The host region can nominate a higher number of athletes by virtue of the Games being in this region. Looking forward, we have the opportunity for our athletes to participate, but to do so, we must plan, develop, and increase the prestige of our Regional Championships. Selection for the Games will occur in 2020 from medalist of our Regionals, and I would encourage each of you to find your best athletes and work with them over the next year to put forth their best performances. It will also be critical to develop antidoping efforts in our respective countries. Those with strong programs fighting doping will be chosen over those who do not as demonstrating that powerlifters can be strong and clean will help the IPF avoid loss of position and possible loss of participation altogether in the Games. As I close, I want to thank all our nations for coming together in the spirit of friendship that always characterizes NAPF competitions. And, last, I will once more stand for President and IPF Board for North America and of course be honored by your vote. Respectfully, Dr. L.J. Maile, President

IPF EC Member for North America Report

The main focus is of course still to receive the IOC recognition, but besides that there are now also a lot of other goals, like membership of the Commonwealth Games, cooperation with IPC powerlifting, Regional Games. The presence at SportAccord, the main sport convention in the world is of essence, as there will meet the decision makers in sport and with the visibility of the sport of powerlifting, the IPF has more options to go in touch with all kind of umbrella federations as well as members of the IOC, GAISF, IWGA, AIMS, Special Olympics, FISU and the Commonwealth Games.

IOC Recognition Request Process

The procedure for International Sports Federations requesting the application of IPF to be considered for IOC recognition clearly has taken a great deal of time and effort. Nonetheless the IOC recognition procedure is a complex process for applicants and that it also takes time for the review of files. This year, the IOC has been working in cooperation with GAISF who has been undertaking an independent file analysis. All applications have been assessed based on the information provided and the IPF has been prompt in providing the additional information which had been requested throughout the process. This year (2019) The Review of Governance of International Federation Members of ARISF and AIMS has evaluated favorably the IPF. This is great news since the GAISF has rated us favorably and it is surely a step forward to the IOC recognition. The outcome of the survey is really excellent news for our federation and our sport, and if compared statistically to the other sports, the IPF is on the higher level of A2. The survey also confirms our good work and development over the last years and clearly this is another important proof of our work in regard to anti-doping work (WADA, which we can present the IOC, IPC and other umbrella federations.

WADA CODE Revision

The process of updating and revising the WADA Code is under way and, on behalf of all our members, GAISF will play an active role in the process. The Code is the fundamental and universal document upon which the World Anti-Doping Program is based. Its purpose is to advance the anti-doping effort through universal harmonization of core anti-doping elements. The new Code is scheduled to be submitted for approval in 2019 ahead of its implementation in 2021. International Federations are in the front line of the battle for clean sport and GAISF members have a great deal of firsthand knowledge and experience which can be vital in ensuring the new Code is effective and reflects the needs of our members.

Compliance with IPF Anti-Doping Rules

All the national federations have the obligation to comply with the IPF Anti-Doping Rules, as part of the WADA Code Compliance exercise. The IPF is performing an audit of all our member federations to ensure they have proper Anti-Doping Rules in place. We are asking for each of you to submit to IPF the provisions/rules from your national-level regulations that confirm that your federation complies with the IPF Anti-Doping Rules and that all relevant provisions of the IPF Anti-Doping Rules apply to you, your employees, your athletes and your athlete support personnel. Among others, your obligations include to regulate the provisions necessary: to ensure that the IPF may enforce its Anti-Doping Rules against any powerlifting Athletes - including national level athletes; to establish rules requiring all their athletes and each athlete support personnel agree to be bound by the IPF Anti-Doping Rules; to cooperate with all investigations related to an anti-doping rule violation; to conduct anti-doping education in coordination with your National Anti-Doping Organizations.

Transgender athlete's cases

In the past year, there has been lobbying from various groups in the USA and Europe favoring transgender athletes. The latest was a correspondent for HBO's VICE News Tonight, an Emmy award-winning nightly news TV show that aired a TV segment about USA Powerlifting transgender policy arguing that was violating the IOC guidelines. Let me point out that as per our communications on our website and social media, the IPF follows the guidelines and rules of the

IOC and WADA. Thus athletes who wish to compete must apply for a TUE and it will be assessed in line with the WADA code and accordingly the decision will be made case by case by our TUE Committee.

Special Olympics International Cooperation

The IPF and the Special Olympics International (SOI) are currently working together to determine how many member federations have incorporated Special Olympic Powerlifting into their current national federation. Our region (NAPF) has done a great job in fulfill his commitment and has the largest number of SO athletes among all the regions in the IPF, totaling 307 athletes, with large participation from USA, Canada, Costa Rica and Mexico.

Recently, we have opened the door to integrate SOI lifters in our member Federations. The overall goal, as well, is to integrate SOI lifters into our competition and on long term organizing a World Championship for them.

IPF Regional Sponsorship Agreement and NAPF

The NAPF applied at the beginning of 2018 to receive the Eleiko equipment donation for our Regional Championships and it arrived securely in Mexico, which was greatly appreciated.

This year (2019) the NAPF signed a contract an IPF Regional Sponsorship Agreement with the IPF
Scope of the Agreement: The NAPF and the IPF are entering into an IPF Regional Sponsorship agreement. Accordingly, the terms and conditions of the agreement and the respective rights and obligations of the parties finding a mutual agreement are specified herein.

Rights and obligations of the NAPF:

- This Agreement between the IPF and the NAPF will have a term of four years (2019-2022)
- The NAPF agrees to have the IPF VIP Partners (ELEIKO; SBD; APLYFT) presented at the background banners of all regional Championships and Cups in the Centre of the banner
- The NAPF agrees to have the Logos of the IPF VIP Partners (ELEIKO; SBD; APLYFT) and the IPF logo in the same size as the NAPF logo
- The NAPF agrees to the basic layout of the Banner as per Appendix 2 of this agreement
- Te NAPF agrees also to grant the IPF VIP Partners (ELEIKO; SBD; APLYFT) the privileges as per extract of the IPF Sponsorship Agreement in the Appendix 1 of this agreement, which are identical with the Sponsorship Agreement from the IPF with the respective Partners (ELEIKO; SBD; APLYFT)

Rights and obligations of the IPF:

- The IPF grants the NAPF an annual sponsorship for the years 2019-2022 (four years term) of EUR 15.000 (Euro fifteen thousand) per year
- The IPF will prepare the Background Banners for all NAPF Championships and Cups free of Charge.
- The NAPF Administration will coordinate the organization of the Background Banners with the IPF Administration in time to guarantee that all measurements of the Banner will be according Appendix 2 of this Agreement.
- The IPF has the right to pay the whole amount of the sponsorship to the NAPF account or split the sponsorship to pay a part of the whole amount to the NAPF account and to use the rest to pay outstanding invoices of the NAPF in relation of the organisation of some of the NAPF Championships or Cups. In the case of paying invoices via IPF, all invoices must be approved by the IPF Treasurer before paying.
- The payment of the sponsorship will be split to two payments. The first payment to the NAPF account will be done in April and the second payment will be done in October each year. If

the IPF will pay invoices from the NAPF in relation to one of the Championships or Cups, the invoice will be paid after receiving via NAPF.

This is very important in order to organize better regional championships in our region where budget is low and this would be very helpful.

VIEW DOCUMENT ANNEXED

License and Sponsors

This year (2019) the IPF has 27 sponsors worldwide, among the biggest firms are: SBD, Eleiko and Sling Shot, Titan and Inzer. Sunflower Media SL – Viva TV - The Services are a live multi-camera video coverage production of 5 events per year over the next 4 years. The production will be fed live to a third party who will stream the events live on the Purchaser's website. The live coverage will include video inserts of graphic bumpers, sponsor adverts, competitor profiles and video explanation guides of each lift. Prior to the championship an event trailer will be produced and following the event a highlight package will be produced of approximately 25 minutes duration.

World Games 2021

World Games 2021 will be held in Birmingham, Alabama. Christine Myers, who is from Birmingham, is very active in USAPL - State Alabama. She is a national referee as well as an organizer of several state championships. She has a bachelor degree in sports medicine and nutrition and is coaching several powerlifters (mainly women). She has a good understanding to organize things and is definitely willing to work with IPF/NAPF for the WG21. Additional Christine will be supported by Billy Keel, who was the state chair for about 15 years and who is an IPF Cat II referee. Now he is mainly working with SOI in USA but he will give full support to Christine and the whole project

Review of significant Proposals 2018 IPF Congress

A. Evaluation of Relative Points Proposals

Different formulas were sent to the TC in order to replace the Wilks score, the conclusion in the decision of the EC members stated: "In summary, we found that both Marksteiner and Kopayev are well worked out methods, both with advantages, drawbacks, and scientific foundation.

When given the choice, Marksteiner scores can be labeled as the fairer system when all subdisciplines and performance levels are taken equally into account. When focusing on elite lifters and giving their performances more emphasis for selecting a scoring system, Kopayev scores perform slightly better."

In conclusion, during the IPF GA, Marksteiner formula was approved for general use in the IPF.

B. Proposal of Sweden for the lifter to be as flat as possible in the bench

After a strong deliberation, it was voted out with the argument that in the medical point of view it was harmful to the athlete.

C. Nomination of Jennifer Thompson as inductee into the IPF Hall of Fame

A correspondence was sent to the IPF Executive Committee with Jennifer Thompson's Powerlifting resume which is to serve as her nomination by USA Powerlifting to be an inductee into the IPF Hall of Fame.

D. IPF Medical Guidelines for International Championships

This document was elaborated as member of the Medical Committee and should be read and followed by the OC/Medical Committee/Team of IPF Competitions in conjunction with the IPF Anti-Doping Policy (ADP) and the Technical and Competition Rules & Regulations (TCRR) and other relevant IPF regulations. It may serve to all those in charge of organising an IPF-Event as a kind of a “Quick Reference Guide” for all medical aspects of such a competition. The Organising Committee (OC) is financially responsible for all provisions detailed hereunder.

[VIEW DOCUMENT ANNEXED](#)

E. IPF TUE Committee

This assignment was done as member of the Medical Committee in order to have a Therapeutic Use Exceptions Guidelines to quicken the decision making of the TUE’s.

[VIEW DOCUMENT ANNEXED](#)

To conclude, an interesting note – among the World Powerlifting Championships equipped and classic, on 6 months interval during 2018-2019 the participations has resulted in the following:

Equipped: 73 women, 102 men, 175 total with the participation of 29 nations

Classic: 124 women, 133 men, 257 total with the participation of 55 nations.

There has been campaigning on some groups with either type of lift, nonetheless it should be discouraging infighting for supremacy of one discipline over the other. Ideally, every discipline of powerlifting should be under the IPF: Equipped, Classic, Bench Press, Special Olympics, Para Olympic, Blind, and others. All are important and all have value. Our motto should be: “We are Powerlifting, we are family.”

Dr. Hugo Velasquez Ormeño

IPF EC North America Representative

Report Approved 14-0

2. Vice-President Report

Dear all:

Championships

On this previous year the NAPF held the annual NAPF Championships in Mexico City and the NAPF Bench Press in San Jose, Costa Rica. I was able to assist the NAPF Championships, being the principal competition of our region. Even though there were some obvious absentee countries, I can say it was one more of the energetic championships of the previous years. There was a big crowd from the host country. As effect, we are seeing a bigger participation from Mexico this year, as to the Final Nominations. The idea should be to continue bring championships to new countries that not only motivate the region’s athletes to come to visit new places, but also to bring the international experience to the host country.

We expect this same effect to happen in Panama, one of our newest countries in the NAPF. We will be holding the NAPF Bench Press this year in Panama, where we expect to continue develop the host country and the Central American region.

Olympic movement in our region

We need to start a petition to be accepted in our regional games, the Central American Games and the Central American and Caribbean Games and the Pan-American Games. As you know, at the same time will be having our regional Championship, the Pan-American Games will be celebrated in Lima, Peru. We have discussed for years as to what should we do to be part of the Regional Games, and yet we are seeing another cycle of the regional games passing without un

being part of it. On this year, the IPF will also have the Pan-American Championships, that will be held in Uruguay. Having many of our sport leaders of our entire region, we should try to schedule a meeting to start a process. Previously I recommended a former process that was suggested by previous federations that succeeded. As part of it, each President of the national federations in the region should contact their National Olympic Committee so they know their national Powerlifting organization with full information of their EC board members, associations within their federation, number of members, anti-doping program information, and any other information necessary. This will help our region to an attempt to enter at the regional games. We cannot stay behind as a region and not do anything by just waiting to get and IOC recognition. If we succeed in this attempt it will benefit the IPF in the IOC recognition application.

Ivan Cancel / VP North American PL Federation

Report Approved 14-0

3. Secretary General Report

This year we celebrate the 17th Annual IPF/NAPF North American Regional Powerlifting Championships, and 198 athletes from twelve (12) member federations will be lifting and competing, plus one guest lifter from Argentina. This represent a huge increase in participation from previous years, 81 more lifters than Mexico City, Mexico in 2018 (one reason for the big gap was that USA and Canada did not take part of this championship), and 43 lifters increase from the Pan-American Championships in Orlando, USA in 2017.

We are experiencing an increase of Raw lifters, and a steady number of Equipped lifters. Basically, this year, Classic lifters doubled their counterpart Equipped lifters. These are the number for the past three years:

Year	RAW	Equipped
2017	99	57
2018	58	56
2019	137	69

That does not mean equipped lifting is disappearing, since the number of equipped lifters is also increasing.

Even though the participation has increased, we are far to see at least three lifters per weight class take podium. I believe it will start to happen when all countries from the North American Region become members of the NAPF. It is hard to believe that four countries with the largest population (ranked 5th – 8th) are not part of the NAPF yet. The good news is that we have been in contact with these countries, and they are extremely interested in becoming part of the NAPF. We are ready to help and have them become new members of the IPF, and therefore, members of the NAPF in the near future. **Alex Alvarado, NAPF Secretary General**

Report Approved 14-0

4. Treasurer and Auditors Report

Michael Licciardi, our Treasurer, passed away during December 2018. From December 2018 to present, I have assumed his duties on an interim basis. Mike Liccardi will be honored at this year's banquet with the NAPF Hall of Fame for his many years of service to the sport. The award will be accepted by Karen, his widow. To the report, once more, all IPF Membership Fee payments must be made by January 31 of each year. The 400 Euros must be wired to the IPF.

Paypal is a payment option in lieu of a wire transfer. Traditionally, the NAPF collects the NAPF membership fee at each championship. 2018 was a down year for us in terms of our finances. Our volunteer travel, hotel, meals as well as participation and anti-doping fees are the bulk of our expenses. Beginning in 2019, IPF will provide 15,000 Euros / 17,500 USD to each regional federation for development. The monies are to be used specifically for Equipment for the Regional Championships. Please see the attached Financial Report and auditors report. Special thanks once more to Mr. Desai, our external, independent auditor, for checking our finances. Thank you. **Robert Keller / Interim Treasurer**

Note: IPF Development Fund Report was presented with separate from NAPF Financial Report. Report Approved 14-0

5. Committee Reports

a. Technical Committee Report

As usual, I'd like to thank all member federations, referees and championship directors for the outstanding work they've done the past year. I continue to request that member federations increase their numbers of IPF officials. This past year the IPF referee tests were translated into Spanish. I'd like to thank Alex Alvarado for his assistance in the translations as I know it will help our region increase the number of referees. I'd also like to remind everyone that renewal of IPF refereeing credentials is upon us this year. Again, thanks to all, **Bill Clayton, NAPF Technical Chairman**

b. Championship Secretary Report

Last year's NAPF North American Powerlifting Championship held at the Seville Hotel in Mexico City, Mexico was a huge success. Over a little over 100 lifters from nearly 10 member federations took part and was capped off with a very successful banquet. The NAPF North American Bench Press Championship was held in San Jose, Costa Rica with nearly 100 lifters taking part from 8 member federations. Several world records were set. Our member federations continue to grow within the region and we're looking to strategically place championships in new member federation countries in our region. The 2019 NAPF Bench Press Championships will be held in Panama City, Panama, and the 2020 NAPF North American Championship will tentatively be held in Georgetown, Cayman Island. Lastly, we have a new website and new logo which shall be reviewed at the General Assembly. **Robert Keller – NAPF Championship Secretary**

c. Records Manager Report

The NAPF Records are now current. Special thanks to Mike Armstrong for his assistance. Going forward I will be overseeing the Equipped Records and Mike will be overseeing the Classic Records.

Ivan Cancel, NAPF Records Manager

d. Women's Committee Report

Dear Esteemed Members and Colleagues of the North American Powerlifting Federation, 2019 has continued to be a year where we are seeing more female athletes participate in our sport than ever before. Along with the growth of powerlifting worldwide we are seeing female participant numbers increasing across all Regions and Federations. This year, the 2019 Classic Worlds hosted approximately 54% female athletes of the total amount of lifters at this competition, with the Master women being over 70% of the athletes in that age group. As recently announced by IPF President

Gaston Parage, the University Games have a nomination list where the female lifters exceed the nominated men. Within the NAPF, female Classic lifters have continued to increase by over 200% since 2016 even though over-all the percentage of female to male participants has decreased from 42% in 2016 to 39% in 2019. I encourage female athletes under the NAPF umbrella to continue to support each other within this sport and to continue to expand their capabilities beyond the platform. Seek positions within your local organization and continue to grow your passion and knowledge, taking it to your national as well as international level. On the platform, as coaches, as referees and in executive positions, the inclusion of female representation will continue be an exciting point of growth in this incredible sport.

Submitted in Strength,

Linda McFeeters, NAPF Women's Committee Chairwoman

e. Central American Sub-Regional Report

5 countries in Central America are full members of the NAPF/IPF: Costa Rica, Guatemala, Nicaragua, El Salvador and Panama. In June 2018, we welcome to the IPF/NAPF Belize. The only remaining country in Central America, yet to be a member of the IPF is Honduras that now is in the process of legitimize their organization and national representation. Costa Rica is taking the leading role of powerlifting in the region. It is important to point out their participation in IPF World Championship, such as World Open Men's Powerlifting Championship 2018 (Halmstad, Sweden), World Classic Powerlifting Championship 2019 (Helsingborg, Sweden); besides organizing the IPF NAPF/FESUPO Pan-American Bench Press Championship in 2018 in San Jose. It is one of the biggest organizations in the region, with over 300 top level athletes in all categories. This year they are organizing the IPF/NAPF Regional Powerlifting Championship and they are looking forward that is going to be a great success. Nicaragua, also called FENIPO. Mr. Oscar Matute has taken a leading in promoting the sport in Nicaragua and have encouraged his athletes to participate in NAPF Championship; also in promoting clean sport thru anti-doping seminars. Guatemala. They have been more active than in the past and we are looking forwards in their participation in the next regional championships. El Salvador, also called ASALPO. Have run with financial difficulties and at the moment are in a stand still. ASALPO have not yet participated in any NAPF Championships. Panama – with the leadership of Jacques Tibi is organizing this year the NAPF Regional Bench Press Championship and looking forward a great event. Belize – new member to the IPF, have been involved in meetings with the NAPF. It is important to point out that all Central America member federations agreed they are very much in need of Regional Seminars on Anti-Doping, Coaching, Powerlifting Training and Referees. Also of they are in need of Powerlifting equipment, such as official weights and Powerlifting racks if possible thru donations in order to organize regional IPF sponsored championships.

**Dr. Hugo Velasquez, IPF EC North America, and
NAPF Central America Representative**

f. Caribbean Sub-Regional Report

Currently there are only 4 active participating members in the NAPF Championships from the Caribbean for the year 2018. The participating members were Guyana, Puerto Rico, USVI and Trinidad-Tobago. Inactive members are the Bahamas, British Virgin Islands, Cayman Islands and the Dominican Republic. Trinidad is currently embroiled

with internal legal matters. Anguilla joined at the end of last year. Potential new member federation joining the NAPF from the Caribbean are Barbados, Cuba, Haiti and Jamaica. We're happy to see the return of Aruba and the Cayman Islands at the 2016 Regional Championship. More important, a bid will come from the Cayman Islands Powerlifting Organization to host the 2020 NAPF Regional Championship – A world games selection year. **Robert Massey Caribbean Representative**

g. Anti-Doping Report

Please see attached report. I'm pleased to say that no federation has ever missed reporting their final numbers to the IPF. However, more federations, especially those member federations within the NAPF that receive monies from their Ministry of Sport should begin allocating funds for drug-testing and to start working with their National Anti-doping Agencies. Thank you. **Robert Keller**

h. Regional Member Federation Contact Report

To be presented by Robert Keller at the General Assembly.

All Committee Reports Approved 14-0

6. Motions

- a. No motions received.

7. Old Business

- a. No old business

8. Elections:

NAPF President

- Dr. Larry Maile (USA)

Vote Count: 14-0

IPF Board Member for North America

- Dr. Larry Maile (USA)
- Ivan Cancel (Puerto Rico)

Important note, the elected President may serve as the IPF Board Member simultaneously for a four-year term.

Ivan Cancel withdrew. Vote Count 14-0 in favor of Dr. Maile.

NAPF Vice-President

- Dr. Hugo Velasquez (Costa Rica)
- Ivan Cancel (Puerto Rico)

Dr. Velasquez elected by a vote of 11-3

NAPF Secretary General

- Alex Alvarado (Puerto Rico)

Vote Count: 14-0

NAPF Treasurer

- Arian Khamesi (USA)

Vote Count 14-0

NAPF Technical Chairman

- Bill Clayton (USA)
Vote Count 14-0

NAPF Championship Secretary

- Robert Keller (USA)
Vote Count 14-0

NAPF Media Officer

- Steve Crane (Puerto Rico)
Vote Count 14-0

NAPF Central American Representative

- Manolo Campos (Costa Rica)
Vote Count 14-0

NAPF Caribbean Representative

- Robert Massey (USVI)
Vote Count 14-0

NAPF Records Chairman

- Ivan Cancel (Puerto Rico) / Equipped
- Mike Armstrong (Canada) / Raw
Vote Count 14-0

9. Championship Calendar

Vote Count 14-0

Championship	City	Dates	Status
17 th NAPF Powerlifting Championships	San Jose, Costa Rica	August 5-10, 2019	Confirmed
14 th NAPF Bench Press Championships	Panama City, Panama	Oct 24-26, 2019	Confirmed
18 th NAPF Powerlifting Championships	Georgetown, Cayman Islands	July 2020	TBD
15 th NAPF Bench Press Championships	San Juan, Puerto Rico	October 2020	TBD
19 th NAPF Powerlifting Championships	Miami, Florida, USA	August 2021	Confirmed
19 th NAPF/FESUPO Pan-Am Championships	Miami, Florida, USA	August 2021	Confirmed
16 th NAPF Bench Press Championships	Cancun, Mexico	October 2021	TBD

10. NAPF Hall of Fame

Michael Licciardi
Vote Count 14-0

11. Motions from the floor

No motions from the floor were presented.

12. Adjournment

12:26 PM

Addendum: Ryan Allen was appointed Social Media Administrator after the General Assembly. His position and confirmation will be held at the next General Assembly.

Minutes Prepared by

Alex Alvarado, Secretary General, North American Powerlifting Federation