

4th Annual NAPF Congress
Dorado Municipal Building – Dorado, Puerto Rico
June 14, 2006 / 1:00 – 3:00pm

MEETING MINUTES

I. Call Meeting to Order

- a. Robert Keller, General Secretary of the NAPF called the meeting to order, with Dr. Maile presiding over the Congress. Mr. Guering Restrepo, member of the Puerto Rico Powerlifting Federation and IPF Category II official, served as translator for the congress. All discussions were translated from English to Spanish and vice-versa. At the conclusion of the meeting, Mr. Restrepo was commended and thanked by the delegates for an outstanding job in translating the comments and discussion points.

II. Role Call of Voting Members & Delegates

- a. USA – Johnny Graham
- b. Puerto Rico – Lucille Chavez
- c. Guatemala – Edgar Masters
- d. Mexico – Gabriel Corona
- e. Aruba – William Woodley
- f. Cayman Islands – Tony McInerney
- g. El Salvador – Ronald Urias
- h. NAPF President – Dr. Larry Maile
- i. NAPF Vice-President – Nestor Gregory
- j. NAPF General Secretary – Robert Keller

III. Approval of minutes from 2005 NAPF Congress

- a. Approved unanimously 10-0.

IV. NAPF President's Address [Dr. Larry Maile]

- a. Welcomed everyone to the championship.
- b. Dr. Maile pointed out that this was the first championship outside the continental USA.
- c. Thanked Mayor Carlos Lopez for their kind and generous support of the championship.
- d. Thanked Mr. Gregory and the Puerto Rico Federation for directing this year's championship.
- e. Thanked the member federations for their great support in developing the NAPF Region.
- f. Dr. Maile discussed the potential and possible technical rule changes that will be discussed at this year's congress.
- g. Encouraged more volunteers from the member federations to take part in the NAPF.
- h. As of June 01, 2006, the NAPF now lists twenty-one [21] countries as either permanent or provisional members of the NAPF.

- V. General Secretary Address [Robert Keller]**
- a. Welcome everyone to the championship.
 - b. Thanked Mayor Carlos Lopez for their kind and generous support of the championship.
 - c. Thanked Mr. Gregory and the Puerto Rico Federation for directing this year's championship.
 - d. An NAPF Newsletter shall be initiated in 2007. The newsletter shall be prepared on a quarterly basis and shall be posted onto the NAPF website and sent to Powerlifting USA Magazine as well as Dennis Unitt's Magazine "International Powerlifter". All member federations are encouraged to send their competition results to publish in the newsletter.
 - e. NAPF Congress minutes for 2003, 2004, 2005, and 2006 shall be posted onto the NAPF website.
 - f. Thanked both Titan Support Systems and Inzer Advance Designs for their kind and generous financial support of the federation. Most notably Mr. Pete Alinez's financial gifts each year to the treasury of the federation and towards the previous championships that took place during 2003, 2004, and 2005. This year's donation to the NAPF included \$1500.00. Also to be recognized is Inzer Advance Designs donation to cover a portion of the IPF doping fees for the 2005 NAPF Championships that took place in Miami last year.
 - g. Expressed concern of the two doping failures from last year's championship. One lifter from Puerto Rico and one lifter from Colombia. Both athletes were suspended for a period of two years and each federation was fined and paid \$500.00 Euros/\$620 USD to the NAPF.
- VI. NAPF Vice-president Address [Nestor Gregory]**
- a. Welcomed and thanked everyone for coming to this year's championship.
 - b. Thanked the honorable Mayor Carlos Lopez for his kind and generous support of the championship.
 - c. Banquet shall be held on Saturday evening once the competition is complete.
- VII. Agenda Items**
- a. IPF Membership Dues – [Keller]**
 - i. It is important that all member federations that have not paid there IPF Membership dues can be paid to the NAPF at this year's championship, and then transferred to the IPF via electronic funds transfer, or they can be paid directly to Gaston Parage, the IPF Treasurer. *Note: The Virgin Islands paid the IPF Membership Fee and will monies will be transferred to the IPF Treasurer at the IPF World Masters Championships in Killeen, Texas [USA].*
 - b. NAPF Membership Dues [Keller]**
 - i. At the 2005 NAPF Congress in Miami an annual membership federation fee of \$100.00 shall be paid to the NAPF beginning in 2006. Membership fees shall be collected at the close of the meeting.

NAPF receipts were issued to all federations that paid the fee. Several remain outstanding.

c. Proposed IPF Rule Changes to IPF Congress

- i. President Maile summarized the possible IPF rule changes including weight class changes, altered rules of performance, and change in ratification procedures for new technical rules. A lively discussion was held with considerable dissatisfaction expressed as to several of these changes. Motions were proposed mandating active participation as lifters/and or coaches by 2/3 of IPF Executive members. This mirrors the model held in the NAPF and other regions. Passed unanimously 10-0.

d. NAPF Member Federation National Championships [Keller]

- i. It is recommend that all new member federations commence, at the minimum, a national championship in their respective countries. Moreover, each federation should strive to keep a set of national records.

e. NAPF Member Federation Sanction Fees for Championships [Keller]

- i. A sanction fee of \$100.00 will be charged for all future NAPF Championships.
- ii. A contract shall be prepared as part of each future sanction agreement.
 1. Passed unanimously 10-0.

f. Review WADA Code – Standards and Guidelines [Maile/Keller]

- i. It is essential that each member federation review the WADA guidelines for doping control.
- ii. Drug-testing, to include in-contest and out-of-contesting, should take place at all member federation championships.
- iii. A short question/answer session took place regarding the guidelines, etc.
- iv. An Anti-doping seminar/symposium shall be conducted as part of next year's NAPF Championship in Guatemala. Robert Keller shall coordinate and direct next year's symposium.

g. Vacant Positions / Treasurer, Records Chairman, and Media Officer [Keller]

- i. Candidates were requested to assume the positions of treasurer and as the records chairman. Gina Stapleton of the USA was nominated and selected to be the records chairman. No volunteers, again, to assume the role of treasurer. On an interim basis, until a treasurer is appointed, Robert Keller shall continue to assume this role on an interim basis. Ronald Gonzales of Guatemala was appointed as the federation's new media officer. Gonzales and Stapleton were both accepted unanimously 10-0.

h. Creation of NAPF Hall of Fame [Keller]

- i. Passed unanimously 10-0.
- ii. Keller shall draft guidelines and present to next year's congress.
- iii. Nominations shall come from member federations.
- iv. Elections for the class of 2007 will be announced at the 2007 NAPF Regional Powerlifting Championships.

i. Creation of NAPF Records and Certificates [Keller]

- i. NAPF Championship records are now current and posted onto the NAPF website.
- ii. Certificates will be available at the beginning of 2007.
- iii. Keller shall develop a format for the certificate and present it to the congress members during 2007.
- iv. A cost of \$5.00 per certificate shall be charged to cover shipping charges for each certificate.
- v. Orders will be taken at the conclusion of each NAPF championship.

j. Future World Games Selection Guidelines [Maile]

- i. 2008 NAPF Championships shall be one of the [potential] selection championships for the 2009 World Games that shall take place in Taiwan. Currently, the 2008 NAPF Championships is scheduled for Trinidad and Tobago.

VIII. IPF/NAPF Calendar of Events

- a. 2006 NAPF Championship of the Caribbean Islands – Bahamas [September]
 - i. This championship was canceled due to the retirement of Rex Burnside the longtime president of the Bahamian Powerlifting Federation. Nina Miller shall be directing operations until such time that a new president is appointed. The Cayman Islands is very interested in hosting this championship during 2007.
- b. 2006 NAPF Bench Press Championships – Costa Rica [October 16-18, 2006]
 - i. Dr. Hugo Velasquez, President of the Powerlifting Federation in Costa Rica shall direct the inaugural championship in San Jose. This will be Costa Rica's for International Championship. A website shall be prepared by Ms. Lea Hendrix and all NAPF member federations are encouraged to attend and support this championship.
- c. 2006 IPF World Masters Powerlifting Championships – USA [October]
 - i. Johnny Graham of USA Powerlifting shall be hosting this event in Killeen, Texas [two hours south of Dallas, Texas]. Looks to be a great championship with the anticipation of 250+ athletes coming to lift this year. All NAPF member federations are encouraged to attend and support this championship.

- d. 2007 NAPF North American Powerlifting Championships – Guatemala [June]
 - i. The Guatemala Federation is well underway in preparing to host this championship in Guatemala City during June 2007. Expectations are that this will be the largest NAPF Championships to date. At the invitation and request of the Guatemala Powerlifting Federation, Robert Keller shall make a visit to Guatemala City, during the latter part of September 2006, to perform a site tour to review all technical procedures in the direction of this championship. All NAPF member federations are encouraged to attend and support this championship.

- e. 2007 Pan-Am Powerlifting Championships – Brazil [August/September]
 - i. Julio Conrado, President of the FESUPO, has requested to direct the Pan-American Powerlifting Championships in Brazil, during August/September 2007. This will be a joint and collaborative effort between both FESUPO and the NAPF. Further information shall be provided once the championship is confirmed. Furthermore, Robert Keller, with the assistance of Bill Jamison, Dennis Unitt and Ricky Dale Crain, is in the process of researching and archiving the championship results for the previous ten [10] Pan-American Powerlifting Championships. They shall be archived on the NAPF webpage. Once the records are fully archived, a set of Pan-American Championship records shall be prepared and posted onto the NAPF webpage as well. All NAPF member federations are encouraged to attend and support this championship and initiative.

- f. 2008 NAPF North American Powerlifting Championships – Trinidad [June]
 - i. Since last year's championship there has been silence from the Trinidad & Tobago Powerlifting Federation. Further attempts shall be made to communicate with them. If no answer by October 01, 2006, the NAPF EC shall decide where the championship will be held. All NAPF member federations are encouraged to attend and support this championship.

IX. Bids for Future Championships

- a. 2007 NAPF North American Bench Press Championships
 - i. USA Powerlifting [USAPL] was awarded the bid. City TBA. Potential sites include Miami, Denver, and Charlotte.

- b. 2008 NAPF North American Bench Press Championships
 - i. Aruba was awarded the bid

- c. 2009 NAPF North American Bench Press Championships
 - i. Mexico was awarded the bid. Championship to be held in Mexico City during the fall.

- d. 2009 NAPF North American Regional Powerlifting Championships
 - i. Mexico was awarded the bid. Championship to be held in Mexico City during June.

X. NAPF Appointments

- a. Elect / Appoint Records Chairman
 - i. Gina Stapleton was appointed as the new records chair for the federation. Stapleton was accepted unanimously 10-0.
- b. Elect / Appoint Treasurer
 - i. Position remains vacant with interim duties being conducted by Robert Keller, the General Secretary, and shall continue as the interim treasurer until one is appointed or elected by the NAPF EC.
- c. Elect / Appoint Media Representative
 - i. Ronald Gonzales of Guatemala was appointed as the new records chair for the federation. Gonzales was accepted unanimously 10-0.

XI. New Member Nations (21 Total Countries)

- a. Dominican Republic
 - i. Accepted unanimously by a vote of 10-0.
- b. Panama
 - i. Accepted unanimously by a vote of 10-0.

XII. Disciplinary

- a. No disciplinary matters presented or discussed.

XIII. Motions from the Floor

- a. No motions brought from the floor.

XIV. Adjournment

- a. Congress adjourned at 3:46pm.

Signed, prepared and certified: August 01, 2006 – Miami, Florida

Robert Keller

Robert Keller
General Secretary
North American Powerlifting Federation