



**North American
Regional Powerlifting Federation (NAPF)
Renaissance Hotel - Ft. Lauderdale, Florida (USA)
Friday, April 09, 2004**

MEETING MINUTES

I. Call the Meeting to Order:

The NAPF Congress was called to order at 5:00pm(EST) by Robert Keller. After a brief introduction by Keller, the meeting was turned over to IPF Regional Vice-president Larry Maile.

II. Role call of voting delegates & members:

The following member countries/nations were present for the first official NAPF Congress: USA (Dr. Mike Hartle), Canada (Gernain Bédard), Puerto Rico (Nestor Gregory), and Guatemala (Brenda Lemus). Delegates from the Bahamas, Netherlands Antilles, and Mexico were absent from the Congress proceedings. Mexico, through 3rd party, and the Bahamas related they shall attend next year's congress. Larry Maile, IPF Vice-President for North America and Robert Keller, IPF Media Officer/Technical Committee Member was present and directed the meeting. During role-call Keller related that Jamaica was not able to attend this year's event – but, is still in weekly contact with the President of the Jamaica Powerlifting Federation. Keller related that he has been invited to attend the Jamaica National Bench Press Championships that will be held in Kingston, on May 29, 2004. At this championship, it is hopeful that Jamaica shall seek entrance to the IPF. Keller and Gregory shall be making contact with representatives from the Dominican Republic within the next couple of months. The following nations and countries lifters were present for the championship: USA, Canada, Bahamas, Guatemala, Puerto Rico, and (1) guest lifter from Venezuela. Keller related that it is highly expectant that other countries shall attend next year's NAPF Championships.

III. Vice-president of North America's Address to the Congress (Dr. Larry Maile)

Dr. Maile welcomed all of delegates to the Congress and Championships. Dr. Maile addressed the mission, purpose and rationale for establishing the NAPF. Key and important in Dr. Maile's address to the congress is that the establishment of NAPF will directly impact and contribute to the IPF's application to the International Olympic Committee (IOC) later this year. Moreover, Dr. Maile related that the 2004 NAPF Championships will be one of the official qualifiers for the GAISF/IWGA World Games (WG) that shall take place in Duisburg, Germany during July 2005. Dr. Maile also reviewed the selection process of the regional teams and IOC drug-testing guidelines letter that he received for the (WG) event. Nestor Gregory requested a copy of this letter from Dr. Maile. Finally, Maile related to the congress that Ron Froehlich, President of the International World Games Association, shall be attending the USAPL Men's National Powerlifting Championships that will be held in Baton Rouge, Louisiana on July 9-11, 2004. Finally, after welcoming the delegates to the championship, Dr. Maile addressed the three agenda items, in section #4 of the agenda.



IV. Agenda Items:

- a. IPF membership dues – *Dr. Maile conveyed to the congress that Mr. Pete Alinez has graciously offered to pay the 2004 IPF membership dues for all members' countries for North America. These monies will be 'wired' to Gaston Parage, the IPF Treasurer by Mr. Alinez. During the congress, Keller, on behalf of the IPF, acknowledged and thanked Mr. Alinez for his generous and gracious contribution. In addition to the membership's fees, Mr. Alinez presented 11 complete sets of powerlifting gear, via gift certificates, to each member countries national team to be used at future international regional and world championships.*
- b. NAPF membership dues (2005) - *Dr. Maile related that beginning in January 2005, NAPF member dues shall be requested from each nation to set up a treasury for the organization. An exact fee is yet to be determined. Also, as related by Dr, Maile, the NAPF is "...a program in development" which shall be constructed over time. Moreover, the monies shall be used for incorporation fees to establish the organization. A location for incorporation of the NAPF is still being discussed and determined. More than likely, the location will be placed in the country or nation where the appointed/elected Treasurer resides. Dr. Maile recommended, due to liability concerns, the NAPF account is located "off shore". Moreover, Dr. Maile related that Mr. Pete Alinez has provided an initial check of \$1000.00 USD to establish the NAPF bank account. Again, Mr. Alinez was acknowledged for his kind and generous contribution to the IPF and to the NAPF.*
- c. WADA compliance standards – *Dr. Maile stated that a coherent drug-testing policy, in accordance with the World Anti-doping Agency (WADA) code, shall be required to be in place by all IPF member countries by NLT May 01, 2004. All member countries/nations will be required to comply with these standards and guidelines. Key and important, compliance of the WADA code shall be necessary for IOC recognition.*

V. Scheduled NAPF/IPF contests for 2004/2005:

- a. IPF Pan-American Bench Press Championships (Fall 2004) - *Keller related that he wished to hold this championship during the fall of 2004 in Miami, Florida. A date shall be set once all IPF member nations within the two regions of North and South have been queried – Issue still pending. Nestor Gregory related that he hosted the first ever IPF Pan-American Powerlifting Championships that took place in San Juan, Puerto Rico in 1975.*
- b. IPF Men's World Bench Press Championships (December 2004) – *Contest shall be directed in Cleveland, Ohio, by Dr. Larry Miller.*
- c. IPF Men/Women's Sub-junior & Junior World Championships (September 2005)
– *Contest shall be directed by Dr. Mike Hartle in Ft. Wayne, Indiana (USA).*



- d. IPF Men/Women's Pan-American Powerlifting Championships (Nov 2005) – *This contest shall be directed in conjunction with the 2005 IPF Men's World Powerlifting Championships by Robert Keller. Suggested and proposal was approved by the IPF Executive during Feb 2004.*
- e. IPF Men's World Powerlifting Championships (November 2005) – *Contest will be directed by Robert Keller during November 2005 in either Miami, Florida or Philadelphia, Pennsylvania.*

VI. Contest Bids:

- a. 2005 IPF North American Regional Championships (Date TBA) – *Discussion centered on the contest being held in Indiana, Florida or Puerto Rico. A date shall be confirmed by June 01, 2004. Keller related that once a location and date is confirmed, notification of the contest shall be sent to all NAPF affiliates, as well as other countries interested in attending this championship*

VII. Interim Appointments for NAPF:

Interim appointments of the following individuals were agreed upon by the attending country delegates, until such time that the NAPF is incorporated and operational, which subsequently thereafter will allow for actual elections to take place. Given the aforementioned, the following appointments were recommended and agreed upon through and by Dr. Maile. They are as follows:

- a. **NAPF President: Dr. Larry Maile (USA)**
- b. **NAPF Vice – President: Nestor Gregory (Puerto Rico)**
- c. **NAPF General Secretary: Robert Keller (USA)**
- d. **NAPF Treasurer: Vacant (Please see Section IV, Paragraph b of this document)**
- e. **NAPF Record Keeper: Dr. Patrick Anderson (USA)**
- f. **NAPF Technical Chairman: Louis Levesque (Canada)**

VIII. Motions from the Floor:

A motion was brought to the floor by Dr. Maile, which 'discussed' the possible incorporation the USAPL Youth divisions (10-11, and 12-13) into the NAPF Constitution and future IPF/NAPF Regional Championships. Nestor Gregory of Puerto Rico supported such a concept. However, Brenda Lemus of Guatemala apposed said suggestion, citing possible concerns over children lifting weights at such a young age. Item was tabled for future discussion.

IX. Adjournment:

Meeting adjourned at 6:05pm (EST) on April 09, 2004.

Submitted by:

Robert Keller
General Secretary
North American Powerlifting Federation
International Powerlifting Federation