



The International Powerlifting Federation, the North American Powerlifting Federation and Powerlifting America invites all IPF/NAPF member federations to the:
21st Annual IPF/NAPF North American Regional Powerlifting Championships
 Embassy Suites by Hilton Scottsdale
 Scottsdale, Arizona, United States of America
August 4-10, 2024

Finalized Timetable of Events

Day	Event			Start
August 3, 2024	Accreditation			09:00
August 4, 2024	Accreditation			09:00
	NAPF General Assembly			10:00
	Technical Meeting – Lifter Nominations			13:00
	Referee Meeting – Platform Assignments			14:00
	Referee Written Examination (English and Spanish)			14:30
August 4, 2024	Opening Ceremony @ Venue			19:00
Day	Weigh-in Time	Classes		Start
August 5, 2024	07:00 – 08:30	Special Olympians	All Categories	09:00
	12:00 – 13:30	Classic Women	43 kg – 57 kg	14:00
August 6, 2024	06:30 – 08:00	Classic Women	63 kg – 69 kg	08:30
	11:00 – 12:30	Classic Men	59 kg – 74 kg (Sub-Junior/Masters)	13:00
	15:30 – 17:00	Classic Men	59 kg – 74 kg (Junior/Open)	17:30
August 7, 2024	07:00 – 08:30	Classic Women	All 76 kg Athletes 69 kg (Open only)	09:00
	13:00 – 14:30	Classic Men	83 kg	15:00
	WADA Anti-Doping Educational Seminar			19:30
August 8, 2024	07:00 – 08:30	Classic Women	84 kg – 84+ kg	09:00
	13:00 – 14:30	Classic Men	93 kg	15:00
August 9, 2024	07:00 – 08:30	Classic Men	105 kg – 120 kg	09:00
	13:00 – 14:30	Classic Men Equipped Women	120+ kg All Categories (Equipped Women)	15:00
August 10, 2024	08:00 – 9:30	Equipped Men	All Categories	10:00
August 10, 2024	Farewell Banquet			19:00
August 11, 2024	Sightseeing Tours			09:00
August 11/12, 2024	Departure of Delegations			09:00