##### 18th Annual NAPF/FESUPO Pan-American Regional Powerlifting Championships

**18th Annual NAPF North America Regional Powerlifting Championships**

**1st NAPF/FESUPO Pan-American University Cup**

**August 18, 2021 to August 21, 2021**

**Finalized Timetable of Events**

|  |  |  |
| --- | --- | --- |
| **Day** | **Event**  | **Start**  |
| **August 18, 2021** | **Accreditation**  | **09:00** |
|  | **NAPF EC Meeting**  | **09:00** |
|  | **NAPF General Assembly** | **10:00** |
|  | **Technical Meeting – Lifter Nominations**  | **13:00** |
|  | **Referee Meeting – Platform Assignments**  | **14:00** |
|  | **Referee Written Examination (English and Spanish)**  | **14:30** |
|  | **Opening Ceremony @ Venue**  | **18:00**  |
| **Day** | **Weigh-in Time** | **Classes** | **Start**  |
| **August 19, 2021** | **07:00 – 08:30** | **Classic Women**  | **43.00 – 84.00+kg**  | **09:00** |
|  | **11:00 – 12:30** | **Classic Men**  | **53.00 – 74.00kg**  | **13:00** |
|  |  |  |  |  |
| **August 20, 2021** | **07:00 – 08:30** | **Classic Men**  | **83.00 – 93.00kg**  | **09:00** |
|  | **11:00 – 12:30** | **Classic Men**  | **105.00 – 120.00+ kg** | **13:00** |
|  | **17:00 – 17:30**  | **All Classic Lifters**  | **BL & Team Awards** | **17:00** |
|  |  |  |  |  |
| **August 21, 2021**  | **07:00 – 8:30** | **Equipped Women** | **43.00 – 84.00+ kg** | **09:00** |
|  | **11:00 – 12:30** | **Equipped Men**  | **53.00 – 120.00+kg** | **13:00** |
|  | **17:00 – 17:30**  | **All Equipped Lifters**  | **BL & Team Awards** | **17:00** |
|  |  |  |  |  |
| **August 22, 2021** | **Departure of Delegations** | **07:00**  |