##### 18th Annual NAPF/FESUPO Pan-American Regional Powerlifting Championships

**18th Annual NAPF North America Regional Powerlifting Championships**

**1st NAPF/FESUPO Pan-American University Cup**

**August 18, 2021 to August 21, 2021**

**Finalized Timetable of Events**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Day** | **Event** | | | **Start** |
| **August 18, 2021** | **Accreditation** | | | **09:00** |
|  | **NAPF EC Meeting** | | | **09:00** |
|  | **NAPF General Assembly** | | | **10:00** |
|  | **Technical Meeting – Lifter Nominations** | | | **13:00** |
|  | **Referee Meeting – Platform Assignments** | | | **14:00** |
|  | **Referee Written Examination (English and Spanish)** | | | **14:30** |
|  | **Opening Ceremony @ Venue** | | | **18:00** |
| **Day** | **Weigh-in Time** | **Classes** | | **Start** |
| **August 19, 2021** | **07:00 – 08:30** | **Classic Women** | **43.00 – 84.00+kg** | **09:00** |
|  | **11:00 – 12:30** | **Classic Men** | **53.00 – 74.00kg** | **13:00** |
|  |  |  |  |  |
| **August 20, 2021** | **07:00 – 08:30** | **Classic Men** | **83.00 – 93.00kg** | **09:00** |
|  | **11:00 – 12:30** | **Classic Men** | **105.00 – 120.00+ kg** | **13:00** |
|  | **17:00 – 17:30** | **All Classic Lifters** | **BL & Team Awards** | **17:00** |
|  |  |  |  |  |
| **August 21, 2021** | **07:00 – 8:30** | **Equipped Women** | **43.00 – 84.00+ kg** | **09:00** |
|  | **11:00 – 12:30** | **Equipped Men** | **53.00 – 120.00+kg** | **13:00** |
|  | **17:00 – 17:30** | **All Equipped Lifters** | **BL & Team Awards** | **17:00** |
|  |  |  |  |  |
| **August 22, 2021** | **Departure of Delegations** | | | **07:00** |